

TYPES OF PERSONALITY AND SPIRITUALITY AS MEANS FOR POSITIVE CHANGE

BY

Ven Dr I. U. Ibeme <http://priscaquila.6te.net>

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Blue

Gold

Green

Orange

‘True Colors’ Disclaimer

- We are all different and you make personal choices.
Ultimately you define who you are.
- Each person possesses the full color spectrum—
however bright or pale. **You are all the colors**
- You may manifest a different primary color within
different contexts (church vs. work, etc.). We can pump
up our pale colors to meet the needs of a certain context.
- **No color is better than the other— each offers unique
qualities and strengths**
- Your palest color is the one you need to concentrate on
understanding the most. It is with this color you will
experience growth by taking risks and exploring a part of
yourself that you know the least.

Blue

Gold

Green

Orange

- Lowry's "TRUE COLORS" are four Habitual Mindsets or Preferred Approaches used by different persons in issues of life, similar to the Four Temperaments. Certain categories of personality typing are not incorporated in Don Lowry's True Colors methodology
- LOWRY'S 'TRUE COLORS' DISCLAIMERS THAT:
- Nobody is born as any particular TColor-personality (Mindset-Manner-Mentality-Motive)
- Everybody has all the TColors and could attain any/all the TColors by instinct or by choice
- Every TColor is acquired during life experience
- Everybody could unlearn any TColor by choice
- Every TColor has its own merits/demerits
- Each TColor gives different results in situations
- No TColor is better/worse than the other
- Situations could alter people's TColor
- These DISCLAIMERS distinguish TColors from the classical Four Temperaments which are believed to be basically inborn and inbred, determined by cosmic and elemental forces that operate from the season of one's birth, as depicted in next two slides
- Nevertheless, power of the Holy Spirit rather than power of personality types is what brings good success and fulfillment in life

Phlegmatic

CALM

Slow-shallow excitability

Melancholic

DEPRESSED

Slow-deep excitability

Choleric

ANXIOUS

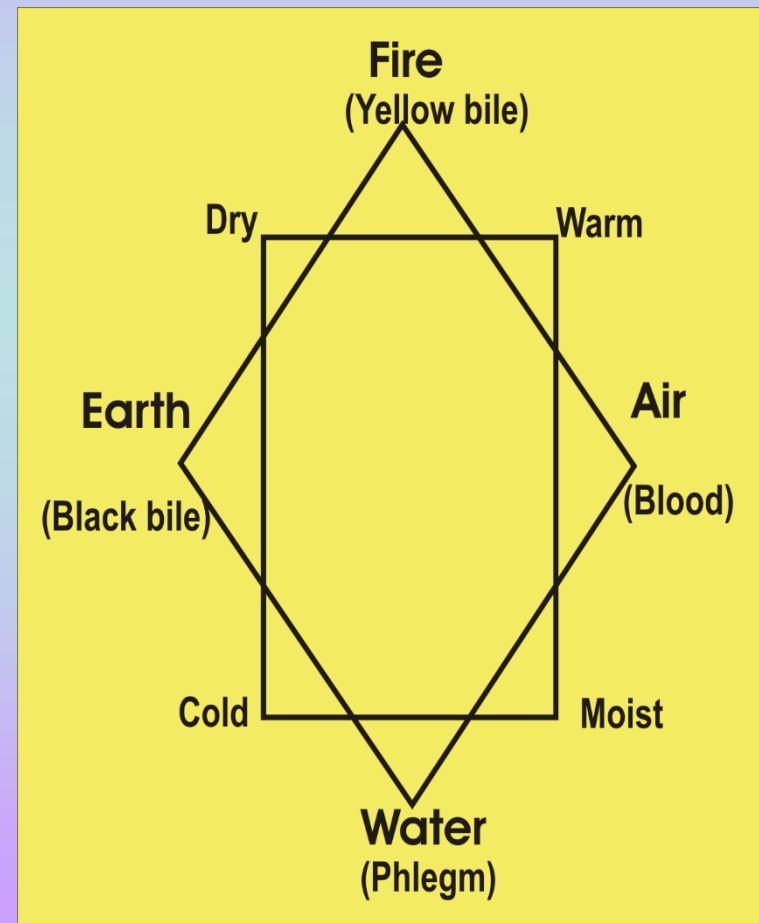
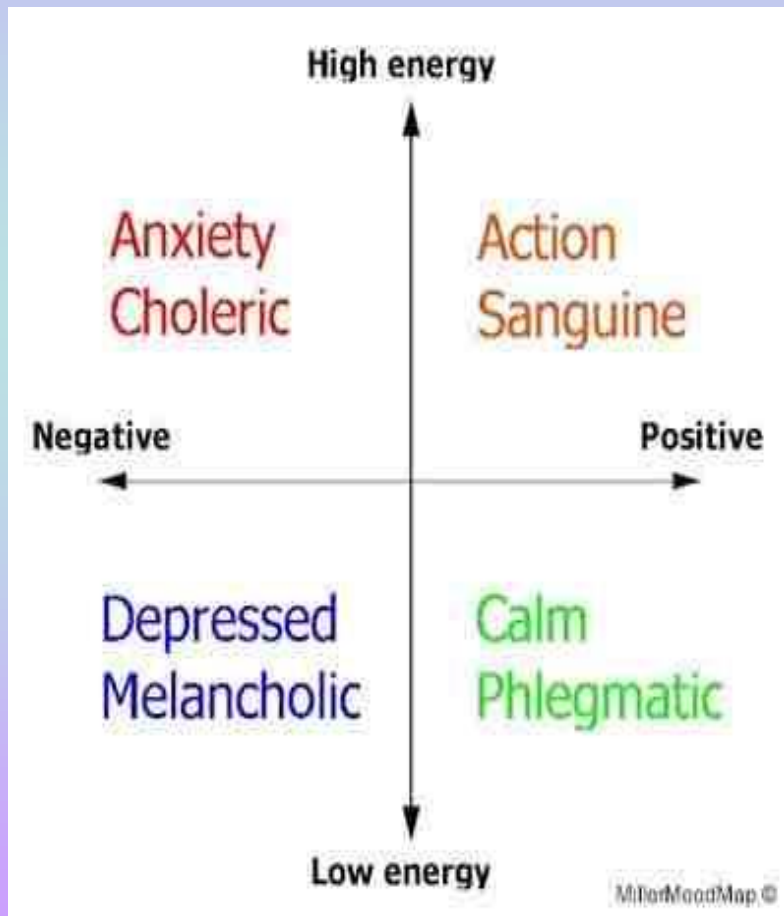
Quick-deep excitability

Sanguine

ACTIVE

Quick shallow excitability

(B) Graphical/Mathematical Scheme of the Four Temperaments:
BE WARNED!



Phlegmatic

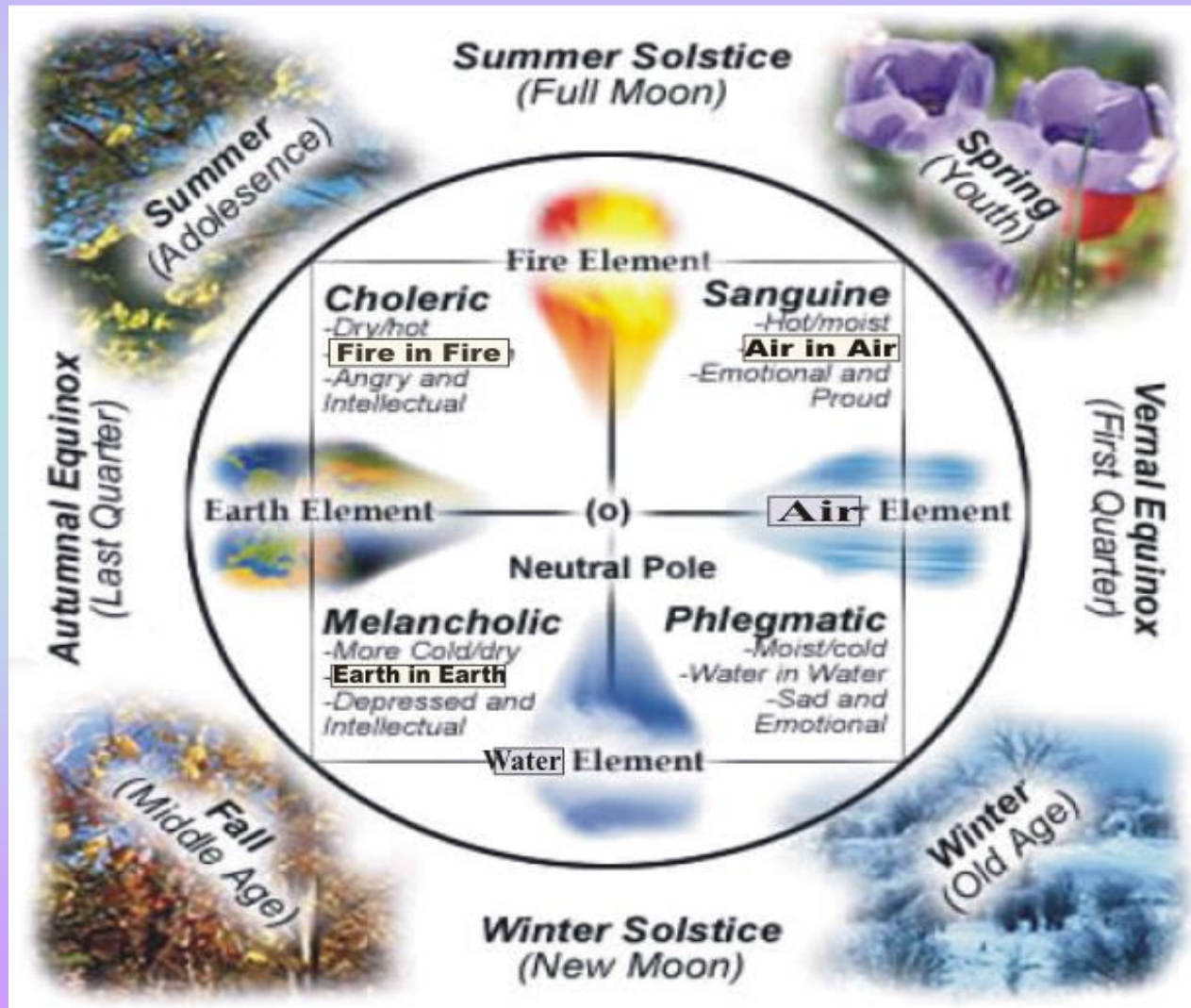
Melancholic

Choleric

Sanguine

(A) Astrological/Metaphysical Scheme of the Four Temperaments: BE WARE!

(Adapted from www.hubpages.com)



PHLEGMATIC	MELANCHOLIC	CHOLERIC	SANGUINE
PHLEGM Body Humour	BLACK-BILE Body Humour	YELLOW-BILE Body Humour	BLOOD Body Humour
WINTER Zodiac-signs	AUTUMN Zodiac-signs	SUMMER Zodiac-signs	SPRING Zodiac-signs
WATER Element (cold-moist)	EARTH Element (cold-dry)	FIRE Element (warm-dry)	AIR Element (warm-moist)
Slow and Apathetic PERSONALITY	Cold and Depressed PERSONALITY	Quick and Irritable PERSONALITY	Warm and Pleasant PERSONALITY
PEACEFUL Easy Way (LaHaye/Litauer)	PERFECT Right Way (LaHaye/Litauer)	POWERFUL My Way (LaHaye/Litauer)	POPULAR Fun Way (LaHaye/Litauer)

BLUE	GOLD	GREEN	ORANGE
Group harmony mentality	System stability mentality	Personal proficiency mentality	Individual flexibility mentality
Prefers things done together	Prefers things done to rules	Prefers things done expertly	Prefers things done happily
Social, Caring manners	Organising, Orderly manners	Thinking, Logical manners	Realistic, Adaptable manners

Blue

Gold

Green

Orange

- The Mind of Christ and the Fruit of the Spirit are the Christian Spiritual ideals THAT HAVE NO WEAKNESSES
- All TColors HAVE WEAKNESSES being Natural and not Spiritual
- All TColors should be subdued under the power and imitation of Christ
- Carnality is neither TColor nor virtue but vice
- Anybody could chose to be Carnal or Natural for all are created Spirit, Soul & Body
- Only those in Christ are EMPOWERED to be Spiritual as Salt and Light to the world

Green

Red

Violet

White

- LOWRY'S 'TRUE COLORS' for personality typing are not the same as the CHURCH SEASON COLOURS which are GREEN, RED, VIOLET & WHITE, used in the ancient Church, for Altar Decoration Cloths and Curtains, to indicate the mood or theme of Church Seasons or Worship Services
- **GREEN** symbolizes Spiritual Growth and is used during the six teaching months of Trinity Season
- **RED** symbolizes Love and Zeal Unto Death and is used during the Passion Week and Commemoration of Martyrs
- **VIOLET** symbolizes Penitence and Mourning and is used during Advent and Lenten Season preparatory towards Christmas and Easter respectively.
- **WHITE** symbolizes Purity and Joy and is used during Baptism, Weddings, Christmas, Easter and Pentecost Seasons

PERSONALITY IS NOT FATAL AND INEXCUSABLY FIXED FOR ANYONE

- Personality is determined by exposure and experience, choices and consequences NOT by moods controlled by some imagined body humours or elemental forces of the zodiac and rudiments (Gal 4:8-10; Col 2:6-10).
- Personality types can be recreated or transformed (Rom 12:2; 2Cor 5:17).
- Personality types can be renounced or imitated (1Thes 1:6-7; Php 4:8-9).
- Personality types can be put-off or put-on (Col 3:1-14).
- Personality traits are depraved but Spiritual Fruit is sanctified (Gal 5:19-23).
- Inherent Temperament type is someone's old carnal nature which is sinful and leads to condemnation and death (Rom 8:1-4) and so should be DENIED, CRUCIFIED and MORTIFIED (Mat 16:24; Rom 8:12-13; Gal 2:20; 5:24; Col 3:5).
- Seeking out our so-called inherent temperament is being carnally minded, which is enmity against God and leads to death (Rom 8:5-9).
- What the Christian needs is not discovery of temperamental carnal personality and passions but discovery of God's purpose and power for us in Christ.

God's Power and Purpose (NOT Human Temperaments, Horoscopes and Passions) Bring GOOD Success and Fulfilment (I)

- Contrary to New Age self-worship and heathenish propaganda which the Church is fast imbibing, the four humours, seasons and the rudiments do not really determine anyone's personality, nor is carnal personality of any use for good success and spiritual fulfilment in Christ (Rom 8:12-13).
- New Age self worship propagates that key to success and spiritual fulfilment lies in our discovery and pursuit of self (personality, passions, and pleasures) rather than self denial and submission to God's will.
- When Moses and Jeremiah tried to use self discovery and desires to assess their calls, God differed and maintained that their success shall depend on walking with Him according to His Word and Will (Exo 4:10-12; Jer 1:4-10); Christ insisted on outright self denial and faith instead (Mat 16:23-25).

God's Power and Purpose (NOT Human Temperaments, Horoscopes and Passions) Bring GOOD Success and Fulfilment (II)

- When God counselled Joshua on keys to leadership success and spiritual fulfilment, He said nothing about self-discovery. What biblical Faith teaches as key are self denial and submission to divine transformation (Rom 12:1-3)
- In the Scripture the means of good success and spiritual fulfilment are confidence in God's purpose and power (not in the flesh), conviction about God's call and pleasure, diligent circumspection with God's will and wisdom (Eph 5:15-17), and selfless commitment to God's Word and precepts (Josh 1:6-9), NOT self discovery of carnal passions, personality and temperament.
- Moods or temperaments do not in any-way depend on some imagined so-called four humours, nor are they fatally determined by the four seasons and four rudiments.

Physical (<i>phusikos</i>)		Spiritual (<i>pneumatikos</i>)	
Way side	Stony place?	Thorny field?	Good field
Carnal (<i>sarkikos</i>)	Natural (<i>psuchikos</i>)	Babe (<i>nepios</i>)	Mature (<i>teleos</i>)
Sensual	Rational	Gullible/Weak	Stable/Strong

- The Bible classifies people into Sensual **Carnal** (*sarkikos*), Rational **Natural** (*psuchikos*), Spiritual **Babe** (*nepios*) **in Christ** and Spiritual **Mature** (*teleos*) **in Christ**,
- Response to God's Word are also of Four Types as the Sower sows
- The ***phusikos*** operate by worldly lusts and wisdom in the futility of the mind under the power of principalities but the ***pneumatikos*** operate by Godly love and wisdom by the illumination of the Word in the power of the Holy Spirit
- Biblical spirituality categories are gradations for advancement till Spiritual Maturity when one **devotes** to serving others in love and yet **desires** more of the Full Measure of Christ
- World's personality typing methods are for realising **inevitably static** alternatives but Christian Spirituality is liberating, transforming and motivating for **advancement toward sublime mindset, manners, mentality and motives that approach those of Christ**

Physical (<i>phusikos</i>) Eph 2:3; 2Pet 2:12 REPROBATE (OLD MAN) Eph 4:22		Spiritual (<i>pneumatikos</i>) 1Cor 2:14f; 3:1f REGENERATE (NEW MAN) Eph 4:24	
Way side Mat 13:18ff	Stony place?	Thorny field?	Good field
Carnal (<i>sarkikos</i>) Sensual Irrational/Ignorant	Natural (<i>psuchikos</i>) Rational Philosophical	Babe (<i>nepios</i>) Gullible/Weak Rom 14:1; Eph 4:14	Mature (<i>teleos</i>) Stable/Strong Rom 14:1-3; 15:1
At war against God, the Spirit & the soul Rom 7:14; 8:5-8 Superstitious/Subjective	Receives not things of the Spirit Rom 2:5, 15; 1Cor 2:14 Speculative/Objective	Unskilled but desires 'milk' things of God Heb 5:12; 1Pet 2:1-2 Scrupulous/Subjective	Understands 'strong-meat' things of God Heb 5:14; 1Cor 2:12-16 Scriptural/Objective
Sold under (dead in) sin, lust and filth	Hardhearted conscience and worldly wisdom	Born-Again but yet to grow, tossed to & fro	Has the mind of Christ and able to teach
Does not retain the Word Mat 13:19	Understands not the Word Mat 13:20-21	Choked by worldly cares Mat 13:22	Bible-rooted, Bears fruit Mat 13:23
ATTEND CHURCH	ATTEND CHURCH	MANY TRUE CHRISTIANS	FEW TRUE CHRISTIANS

Physical (<i>phusikos</i>)		Spiritual (<i>pneumatikos</i>)	
Way side	Stony place?	Thorny field?	Good field
Carnal (<i>sarkikos</i>)	Natural (<i>psuchikos</i>)	Babe (<i>nepios</i>)	Mature (<i>teleos</i>)
Sensual	Rational	Gullible/Weak	Stable/Strong

- **NATURAL** personality categories (TCOLORS, MBTI and others), **SUPERSTITIOUS** personality categories (The Four Temperaments, Horoscopes and others), are all subject to the guardianship and bondage of the **RUDIMENTARY ordinance LAWS** of this world (Gal 2:8; 3:23-25). All these lead to:
- **Bondage** to elemental forces of this world (Gal 4:3, 9f; Col 2:8, 20)
- **Repercussion** of sin and death (Rom 6:23; 7:5, 23; 8:2; Jas 1:15)
- **Mindset** of the flesh against God (Rom 8:5-8)
- **Domination** of spiritist prince of the power of the air (Eph 2:2)
- **Curse** of God's wrath against all disobedience (Rom 1:18; 4:15; Eph 2:3)

TWO ATTITUDES TO LIFE

depending on **TREND**, **TRAIT** and **TRAINING**

EXHIBITIONISTS

- Motivated by outward Acclaim and Fame
- Pursues popularity and leisure
- Believes in short term tweekry and cleverness
- Enjoys spontaneity and surprises
- **Postmodernist trend**

STRATEGISTS

- Motivated by inward Success and Security
- Pursues profundity and labour
- Believes in long term mastery and proficiency
- Enjoys stability and certainty
- **Modernist trend**

TRAITS AND PROFICIENCIES

- Personality preferences and types are not the same as Proficiencies
- Proficiency depends on Persistency in particular appropriate imbibed/inherent Traits
- As Proficiency in **STRENGTH** requires persistent exertion of **VIVACIOUS** exercises,

So also:

- Proficiency in **ART** requires persistent exertion of **VERSATILITY** traits.
- Proficiency in **SKILL** requires persistent exertion of **DEXTERITY** traits.
- Proficiency in **KNOWLEDGE** requires persistent exertion of **INTELLIGENCE** traits.

Spiritual Youths as Positive Changers

(Ps 119:9; Ecc 12:1)

- **Joseph/Zaphnath-paaneah (Gen 39-41)**
- **David (1Sam 17)**
- **Naaman's Slave Girl (1Kin 15:1f)**
- **Josiah (1Kin 13:2; 2Kin 22:f)**
- **Daniel/Belteshazzar & Co (Dan 1 & 2)**
- **Hadassa/Esther (Est 2:7)**
- **Azariah/Uzziah (2Kin 15:1f/2Chr 26:1f)**
- **Blessed Virgin Mary (Luk 1:26f)**
- **Paul (Act 7:58; 13:1f)**
- **Timothy (1Tim 4:12; 2Tim 2:22)**

BUT:

- **Hooligans of Gibeah (Judg 19-20)**
- **Rehoboam & Co (1Kin 12)**
- **Manasseh (2Kin 12:1f)**
- **Herodias' daughter (Mat 14)**