TYPES OF PERSONALITY AND SPIRITUALITY AS MEANS FOR POSITIVE CHANGE

BY

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‘True Colors’ Disclaimer

• We are all different and you make personal choices. **Ultimately you define who you are.**

• Each person possesses the full color spectrum—however bright or pale. **You are all the colors**

• You may manifest a different primary color within different contexts (church vs. work, etc.). We can pump up our pale colors to meet the needs of a certain context.

• **No color is better than the other—each offers unique qualities and strengths**

• Your palest color is the one you need to concentrate on understanding the most. It is with this color you will experience growth by taking risks and exploring a part of yourself that you know the least.
Lowry’s “TRUE COLORS” are four Habitual Mindsets or Preferred Approaches used by different persons in issues of life, similar to the Four Temperaments. Certain categories of personality typing are not incorporated in Don Lowry’s True Colors methodology.

Lowry’s ‘TRUE COLORS’ DISCLAIMS THAT:

- Nobody is born as any particular TColor-personality (Mindset-Manner-Mentality-Motive)
- Everybody has all the TColors and could attain any/all the TColors by instinct or by choice
- Every TColor is acquired during life experience
- Everybody could unlearn any TColor by choice
- Every TColor has its own merits/demerits
- Each TColor gives different results in situations
- No TColor is better/worse than the other
- Situations could alter people’s TColor
- These DISCLAIMERS distinguish TColors from the classical Four Temperaments which are believed to be basically inborn and inbred, determined by cosmic and elemental forces that operate from the season of one’s birth, as depicted in next two slides.
- Nevertheless, power of the Holy Spirit rather than power of personality types is what brings good success and fulfillment in life.
Phlegmatic
CALM
Slow-shallow excitability

Melancholic
DEPRESSED
Slow-deep excitability

Choleric
ANXIOUS
Quick-deep excitability

Sanguine
ACTIVE
Quick shallow excitability

(B) Graphical/Mathematical Scheme of the Four Temperaments:
BE WARNED!
(A) Astrological/Metaphysical Scheme of the Four Temperaments: BE WARE!
(Adapted from www.hubpages.com)
<table>
<thead>
<tr>
<th>PHLEGMATIC</th>
<th>MELANCHOLIC</th>
<th>CHOLERIC</th>
<th>SANGUINE</th>
</tr>
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<tbody>
<tr>
<td>PHLEGM Body Humour</td>
<td>BLACK-BILE Body Humour</td>
<td>YELLOW-BILE Body Humour</td>
<td>BLOOD Body Humour</td>
</tr>
<tr>
<td>WINTER Zodiac-signs</td>
<td>AUTUMN Zodiac-signs</td>
<td>SUMMER Zodiac-signs</td>
<td>SPRING Zodiac-signs</td>
</tr>
<tr>
<td>WATER Element (cold-moist)</td>
<td>EARTH Element (cold-dry)</td>
<td>FIRE Element (warm-dry)</td>
<td>AIR Element (warm-moist)</td>
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<tr>
<td>Slow and Apathetic PERSONALITY</td>
<td>Cold and Depressed PERSONALITY</td>
<td>Quick and Irritable PERSONALITY</td>
<td>Warm and Pleasant PERSONALITY</td>
</tr>
<tr>
<td>PEACEFUL Easy Way (LaHaye/Litauer)</td>
<td>PERFECT Right Way (LaHaye/Litauer)</td>
<td>POWERFUL My Way (LaHaye/Litauer)</td>
<td>POPULAR Fun Way (LaHaye/Litauer)</td>
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<tr>
<td>BLUE</td>
<td>GOLD</td>
<td>GREEN</td>
<td>ORANGE</td>
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<tr>
<td>Group harmony mentality</td>
<td>System stability mentality</td>
<td>Personal proficiency mentality</td>
<td>Individual flexibility mentality</td>
</tr>
<tr>
<td>Prefers things done together</td>
<td>Prefers things done to rules</td>
<td>Prefers things done expertly</td>
<td>Prefers things done happily</td>
</tr>
<tr>
<td>Social, Caring manners</td>
<td>Organising, Orderly manners</td>
<td>Thinking, Logical manners</td>
<td>Realistic, Adaptable manners</td>
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</table>
The **Mind of Christ** and the **Fruit of the Spirit** are the Christian Spiritual ideals THAT HAVE NO WEAKNESSES.

All TColors HAVE WEAKNESSES being **Natural** and not **Spiritual**.

All TColors should be subdued under the power and imitation of Christ.

**Carnality** is neither TColor nor virtue but vice.

Anybody could chose to be **Carnal** or **Natural** for all are created **Spirit, Soul & Body**.

Only those in **Christ** are EMPOWERED to be **Spiritual** as Salt and Light to the world.
LOWRY’S ‘TRUE COLORS’ for personality typing are not the same as the CHURCH SEASON COLOURS which are GREEN, RED, VIOLET & WHITE, used in the ancient Church, for Altar Decoration Cloths and Curtains, to indicate the mood or theme of Church Seasons or Worship Services

- **GREEN** symbolizes Spiritual Growth and is used during the six teaching months of Trinity Season
- **RED** symbolizes Love and Zeal Unto Death and is used during the Passion Week and Commemoration of Martyrs
- **VIOLET** symbolizes Penitence and Mourning and is used during Advent and Lenten Season preparatory towards Christmas and Easter respectively.
- **WHITE** symbolizes Purity and Joy and is used during Baptism, Weddings, Christmas, Easter and Pentecost Seasons
PERSONALITY IS NOT FATALLY AND INEXCUSABLY FIXED FOR ANYONE

- Personality is determined by exposure and experience, choices and consequences NOT by moods controlled by some imagined body humours or elemental forces of the zodiac and rudiments (Gal 4:8-10; Col 2:6-10).
- Personality types can be recreated or transformed (Rom 12:2; 2Cor 5:17).
- Personality types can be renounced or imitated (1Thes 1:6-7; Php 4:8-9).
- Personality types can be put-off or put-on (Col 3:1-14).
- Personality traits are depraved but Spiritual Fruit is sanctified (Gal 5:19-23).
- Inherent Temperament type is someone’s old carnal nature which is sinful and leads to condemnation and death (Rom 8:1-4) and so should be DENIED, CRUCIFIED and MORTIFIED (Mat 16:24; Rom 8:12-13; Gal 2:20; 5:24; Col 3:5).
- Seeking out our so-called inherent temperament is being carnally minded, which is enmity against God and leads to death (Rom 8:5-9).
- What the Christian needs is not discovery of temperamental carnal personality and passions but discovery of God’s purpose and power for us in Christ.
God’s Power and Purpose (NOT Human Temperaments, Horoscopes and Passions) Bring GOOD Success and Fulfilment (I)

- Contrary to New Age self-worship and heathenish propaganda which the Church is fast imbibing, the four humours, seasons and the rudiments do not really determine anyone’s personality, nor is carnal personality of any use for good success and spiritual fulfilment in Christ (Rom 8:12-13).

- New Age self worship propagates that key to success and spiritual fulfilment lies in our discovery and pursuit of self (personality, passions, and pleasures) rather than self denial and submission to God’s will.

- When Moses and Jeremiah tried to use self discovery and desires to assess their calls, God differed and maintained that their success shall depend on walking with Him according to His Word and Will (Exo 4:10-12; Jer 1:4-10); Christ insisted on outright self denial and faith instead (Mat 16:23-25).
When God counselled Joshua on keys to leadership success and spiritual fulfilment, He said nothing about self-discovery. What biblical Faith teaches as key are self denial and submission to divine transformation (Rom 12:1-3)

In the Scripture the means of good success and spiritual fulfilment are confidence in God’s purpose and power (not in the flesh), conviction about God’s call and pleasure, diligent circumspection with God’s will and wisdom (Eph 5:15-17), and selfless commitment to God’s Word and precepts (Josh 1:6-9), NOT self discovery of carnal passions, personality and temperament.

Moods or temperaments do not in any-way depend on some imagined so-called four humours, nor are they fatally determined by the four seasons and four rudiments.
<table>
<thead>
<tr>
<th>Physical (phasiskos)</th>
<th>Spiritual (pneumatikos)</th>
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<tbody>
<tr>
<td>Way side</td>
<td>Stony place?</td>
</tr>
<tr>
<td>Carnal (sarkikos)</td>
<td>Natural (psychikos)</td>
</tr>
<tr>
<td>Sensual</td>
<td>Rational</td>
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• The Bible classifies people into Sensual **Carnal (sarkikos)**, Rational **Natural (psychikos)**, Spiritual **Babe (nepios) in Christ** and Spiritual **Mature (teleos) in Christ**,

• Response to God’s Word are also of Four Types as the Sower sows

• The **phasiskos** operate by worldly lusts and wisdom in the futility of the mind under the power of principalities but the **pneumatikos** operate by Godly love and wisdom by the illumination of the Word in the power of the Holy Spirit

• Biblical spirituality categories are gradations for advancement till Spiritual Maturity when one devotes to serving others in love and yet desires more of the Full Measure of Christ

• World’s personality typing methods are for realising inevitably static alternatives but Christian Spirituality is liberating, transforming and motivating for advancement toward sublime mindset, manners, mentality and motives that approach those of Christ
<table>
<thead>
<tr>
<th>Physical (phasis) Eph 2:3; 2Pet 2:12</th>
<th>Spiritual (pneumatikos) 1Cor 2:14f; 3:1f</th>
</tr>
</thead>
<tbody>
<tr>
<td>REPROBATE (OLD MAN) Eph 4:22</td>
<td>REGENERATE (NEW MAN) Eph 4:24</td>
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<table>
<thead>
<tr>
<th>Way side Mat 13:18ff</th>
<th>Stony place?</th>
<th>Thorny field?</th>
<th>Good field</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carnal (sarkikos)</td>
<td>Natural (psuchikos)</td>
<td>Babe (nepios)</td>
<td>Mature (teleos)</td>
</tr>
<tr>
<td>Sensual</td>
<td>Rational</td>
<td>Gullible/Weak</td>
<td>Stable/Strong</td>
</tr>
<tr>
<td>Irrational/Ignorant</td>
<td>Philosophical</td>
<td>Rom 14:1; Eph 4:14</td>
<td>Rom 14:1-3; 15:1</td>
</tr>
</tbody>
</table>

| At war against God, the Spirit & the soul Rom 7:14; 8:5-8 Superstitious/Subjective | Receives not things of the Spirit Rom 2:5, 15; 1Cor 2:14 Speculative/Objective | Unskilled but desires ‘milk’ things of God Heb 5:12; 1Pet 2:1-2 Scrupulous/Subjective | Understands ‘strong-meat’ things of God Heb 5:14; 1Cor 2:12-16 Scriptural/Objective |
| Sold under (dead in) sin, lust and filth | Hardhearted conscience and worldly wisdom | Born-Again but yet to grow, tossed to & fro | Has the mind of Christ and able to teach |
| Does not retain the Word Mat 13:19 | Understands not the Word Mat 13:20-21 | Choked by worldly cares Mat 13:22 | Bible-rooted, Bears fruit Mat 13:23 |
| ATTEND CHURCH | ATTEND CHURCH | MANY TRUE CHRISTIANS | FEW TRUE CHRISTIANS |
**Physical (phasiskos)** | **Spiritual (pneumatikos)**
---|---
Way side | Stony place? | Thorny field? | Good field
Carnal *(sarkikos)* | Natural *(psychikos)* | Babe *(nepios)* | Mature *(teleos)*
Sensual | Rational | Gullible/Weak | Stable/Strong

- **NATURAL** personality categories (TCOLORS, MBTI and others), **SUPERSTITIOUS** personality categories (The Four Temperaments, Horoscopes and others), are all subject to the guardianship and bondage of the RUDIMENTARY ordinance LAWS of this world (Gal 2:8; 3:23-25). All these lead to:
  - **Bondage** to elemental forces of this world (Gal 4:3, 9f; Col 2:8, 20)
  - **Repercussion** of sin and death (Rom 6:23; 7:5, 23; 8:2; Jas 1:15)
  - **Mindset** of the flesh against God (Rom 8:5-8)
  - **Domination** of spiritist prince of the power of the air (Eph 2:2)
  - **Curse** of God’s wrath against all disobedience (Rom 1:18; 4:15; Eph 2:3)
TWO ATTITUDES TO LIFE
depending on TREND, TRAIT and TRAINING

EXHIBITIONISTS
• Motivated by outward Acclaim and Fame
• Pursues popularity and leisure
• Believes in short term tweakry and cleverness
• Enjoys spontaneity and surprises
• Postmodernist trend

STRATEGISTS
• Motivated by inward Success and Security
• Pursues profundity and labour
• Believes in long term mastery and proficiency
• Enjoys stability and certainty
• Modernist trend
TRAITS AND PROFICIENCIES

• Personality preferences and types are not the same as Proficiencies
• Proficiency depends on Persistency in particular appropriate imbibed/inherent Traits
• As Proficiency in **STRENGTH** requires persistent exertion of **VIVACIOUS** exercises, So also:
  – Proficiency in **ART** requires persistent exertion of **VERSATILITY** traits.
  – Proficiency in **SKILL** requires persistent exertion of **DEXTERITY** traits.
  – Proficiency in **KNOWLEDGE** requires persistent exertion of **INTELLIGENCE** traits.
Spiritual Youths as Positive Changers
(Ps 119:9; Ecc 12:1)

- Joseph/Zaphnath-paaneah (Gen 39-41)
- David (1Sam 17)
- Naaman’s Slave Girl (1Kin 15:1f)
- Josiah (1Kin 13:2; 2Kin 22:f)
- Daniel/Beltshazzar & Co (Dan 1 & 2)
- Hadassa/Esther (Est 2:7)
- Azariah/Uzziah (2Kin 15:1f/2Chr 26:1f)
- Blessed Virgin Mary (Luk 1:26f)
- Paul (Act 7:58; 13:1f)
- Timothy (1Tim 4:12; 2Tim 2:22)

BUT:
- Hooligans of Gibeah (Judg 19-20)
- Rehoboam & Co (1Kin 12)
- Manasseh (2Kin 12:1f)
- Herodias’ daughter (Mat 14)