

A thick dark blue vertical bar runs down the left side of the page. A blue arrow-shaped banner points to the right from this bar, containing the text 'Hope Preserved Ministries'. In the bottom left corner, several thin, curved lines in dark blue and light grey sweep upwards and to the right.

Hope Preserved Ministries

The broken soul

Preparing for ministry

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Table of contents

Freedom ministry overview

| | |
|---|---|
| About Hope Preserved Ministries | 2 |
| What is Freedom Ministry? | 3 |
| A Need-based Approach to Freedom Ministry | 3 |
| Deliverance Ministry | 5 |
| The broken soul ministry | 6 |
| Theophostic Prayer Ministry | 8 |
| Case Study: Blending ministries to heal a broken soul | 9 |

The broken soul- In depth

| | |
|--|----|
| Introduction to the broken soul: Mark's story | 13 |
| What does the Bible say about the broken soul? | 16 |
| The broken soul explained | 19 |
| Spiritual warfare in the broken soul | 27 |
| Healing the broken soul | 27 |
| Risa's story | 33 |

Freedom ministry overview

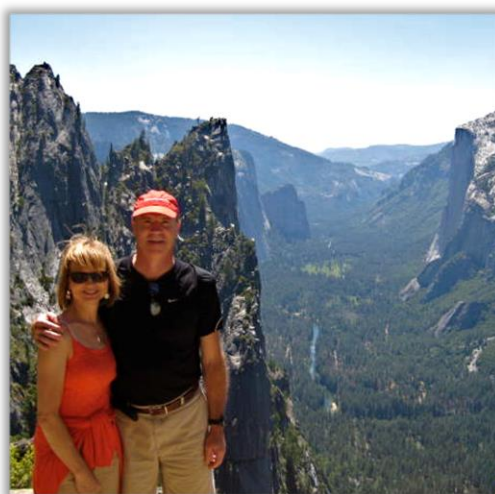
This document contains the preparation material for people who are desiring to receive ministry for the broken soul from Hope Preserved Ministries. It contains a brief explanation of deliverance ministry and Theophostic ministry because they are used in the process. The bulk of the material deals with the broken soul condition, explaining the cause, complications, and cure for broken souls. It is designed to help you better identify this condition in yourself and to ensure that you know what to expect from your personal ministry.

This document is a reprint of material from our website: www.hopepreserved.org. If you have questions, please call 1-501-733-5021 or email us through the *Contact us* page at www.hopepreserved.org.

About Hope Preserved Ministries

We are a Christian lay ministry that helps people obtain freedom from spiritual strongholds that stand in between themselves and Christ such as:

- Addictions: alcohol, drug, sexual, etc.
- Behavioral struggles: depression, anger, rage, etc.
- Mental disorders such as:
 - Bipolar disorder
 - Schizophrenia
 - Borderline personality disorder
 - Anorexia, bulimia
 - Dissociative identity disorder
 - Obsessive compulsive disorder
 - and others ...
- Satanic ritual abuse
- Generational iniquities



These types of problems are rooted in spiritual bondage (strongholds). Often, people cannot pinpoint the root cause of these struggles. There may simply be a feeling that something inside is not “working” right and is causing problems. There may be a feeling that something inside rebels against God’s will, pushes back against Him, and feels unhealable, continually disruptive or broken. There may be a feeling that they will never be “right” or normal and well-adjusted like others.

Because the causes of oppression can be so diverse, we do not use a one-size-fits-all approach to freedom ministry. Depending on the counselee’s need, we may recommend one or more of: [deliverance](#), [the broken soul ministry](#), [Theophostic Prayer Ministry](#), or a [ministry for victims of Satanic Ritual Abuse](#). We also recognize and support the important role of counseling (clinical and pastoral), discipleship, and mentoring in freedom ministry. We are committed to helping believers achieve complete spiritual freedom and therefore are available for advice and mentoring long after freedom ministry has been completed.

What is Freedom Ministry?



Freedom ministry consists of different forms of Christian ministries used to heal damaged emotions and break spiritual strongholds. Freedom ministry is different from clinical therapy in that it does not treat these things as clinical problems. Instead, freedom ministry deals with the spiritual issues that result in strongholds. (A stronghold is an unwanted problem that has a "strong hold" on your life.) While clinicians attempt to find the root cause of problems, they simply cannot equal or replace the power of the Holy Spirit in finding root causes or healing God's children.

Freedom ministry understands that a particular type of stronghold may be a container for many different types of problems. For example, in one person an alternate personality may be the source of bipolar disorder while in another it may be the source of an anger problem or a sexual addiction. A problem such as post-traumatic stress disorder or depression may be rooted in lie-based belief from a painful memory. It is therefore critical that a freedom minister learn to identify the types of strongholds that are present so that the right type of ministry is used.

Freedom ministry needs to be done on the basis of the type of stronghold that is present. If alternate personalities are present, the same approach will be used for all alternates even though they may hold very different types of problems. An addiction or anger problem may be handled with the same overall ministry process as bipolar disorder. When the right type of ministry is paired with the right type of stronghold, most people say that the results of freedom ministry are far better than the help they receive through clinical counseling or prescription drugs.

A Need-based Approach to Freedom Ministry

In our work, we have had the chance to see multiple types of ministry being used to address many different types of problems. Sometimes they were successful and sometimes they weren't. We also provide different forms of ministry, allowing us to compare the unique truths that each of them contain. From this we have become strongly convinced that different types of freedom ministry are needed to address different types of problems.



We have seen problems with ministry results when people try to use only one type of freedom ministry as a universal tool to address any type of issue. That can leave some, or even most of a counselee's strongholds unaddressed. It is especially troubling when a counselee is incorrectly told that they are free, and all they need to do is walk out their freedom. This leaves them to struggle with very real strongholds as if they are not present. The resulting difficulties can cause them to lose all of the freedom they had previously gained.

As a result, we believe that the Lord has clearly lead us to adopt a need-based approach to freedom ministry - meaning we strive to identify and use the type(s) of ministry that fit the needs of our counselees. Before providing ministry, we meet all of our counselees and learn about their struggles. In

that process we explain the different areas of ministry that we offer and how they may relate to their needs. If problems remain or resurface after their ministry, we will continue working with them to reach the level of freedom they desire.

Between the four areas of ministry we support ([Deliverance](#), [Theophostic Prayer Ministry](#), [Wounded Parts and the Broken Soul](#), and [Satanic Ritual Abuse](#) ministry,) we have seen very few, if any problems the we haven't eventually been able to help. By the time we finish ministry, the counselee is equipped with a set of tools that they can use to remain free and continue experiencing the joy and strength they gained from their ministry.

Deliverance Ministry



Deliverance ministry is a great place for most people to start their journey out of bondage into spiritual freedom. Deliverance addresses multiple aspects of our life that can cause spiritual bondage.

Deliverance consists of a series of prayers that address individual needs for repentance, forgiveness, bondage breaking, etc., along with embracing sound Biblical doctrine that allows us to live free in Christ. There are many different forms of deliverance ministry used

within the body of Christ. Since we use deliverance primarily as a lead-in to deeper healing, we keep our sessions to one day or less. The areas we typically deal with in deliverance include:

- Affirmation of Biblical doctrine
- Forgiveness
- Breaking self-protective vows
- Breaking self-defeating mindsets
- Breaking ungodly soul ties
- Confession of all known sin
- Renouncing known strongholds
- Breaking curses (if applicable)
- Removal of all legal claim that the enemy may have gained to our souls through these issues

What to Expect from Deliverance Ministry

It is best to think of deliverance as more of a cleansing than inner healing. (Though, we have seen some physical healings from deliverance ministry.) Because deliverance deals with the results of behavior and choices that we can and too often do make again, deliverance tends to act more as a much-needed "spiritual shower" than a deep healing of inner wounds.

Still, deliverance is a time-proven, theologically sound method of dealing with wide varieties of bondage. Its purpose is to help us do as God's word instructs us in 1 John 1:9, which says to confess our sins so that we can be *cleansed* of all unrighteousness. With deliverance, you are provided with both new knowledge and a set of prayers that can be incorporated into your Christian walk to help to keep these issues from returning.

The broken soul ministry

The broken soul ministry is a very in-depth topic. Here, we provide only a cursory introduction. To gain a working knowledge of the broken soul, please read the stream of articles on this subject beginning with [Mark's story, introduction to the broken soul](#).

In my opinion, the broken soul ministry is one of the most amazing things any person will ever see. You see mental illnesses, that have been labeled as incurable by therapists, healed in as little as two or three days. You see people gain hope, for the first time in decades, when they realize that there is hope for their unexplained, life-long struggles. You see Jesus speak to the memories of a three-year-old little girl and tell her she doesn't have to talk about what happened - he already knows - and you see the pain leave her face as he takes it away, never to return again.

Better than anything I know, this ministry proves that deep, miraculous healing is available for the asking. Sometimes, all you need to know is *how to ask*. This ministry is about knowing how to ask.



So what is a broken soul?

The broken soul is what causes people to feel that something inside isn't right and feel they are powerless to fix it. It is what is behind the knowledge that "*Part of me wants what is good, and part of me won't cooperate.*" And it is why many people have felt for all their lives that something inside of them is broken, or even destructive, wondering why they struggle so hard, even though they pursue God with all their strength.

The broken soul is literally a soul that exists in multiple, separate functioning pieces. Those pieces are the result of a God-given coping mechanism that allows the soul to break off hidden personalities to handle the pain of stress and trauma. Clinicians label them "alternate personalities." These personalities are almost never seen, but they are there. Based on the types of people we see in this ministry, we would estimate that they are present in 30% to 50% of the population. This is far higher than the rates estimated by secular therapists. But over a two or three day period, this ministry also heals problems that secular therapists label as incurable.

These hidden alternate personalities contain problematic behavior and painful emotions. They carry behaviors that always handle stress in unhealthy ways. Broken personalities can be responsible for anything from persistent internal pain to mental disorders. We have not counseled one person with a diagnosed mental disorder in whom we did not find alternate personalities - a broken soul. Broken souls carry dysfunction from childhood, pain from divorce, marital troubles, low self-esteem, depression, the pain of abuse, and much more. People carrying broken souls suffer from the most stubborn problems and can carry the greatest pain of any group of people on the earth.

Healing a broken soul

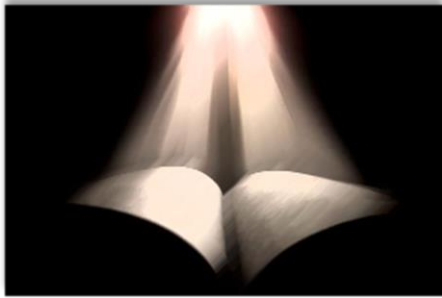
Healing the broken soul is an involved process. It is accomplished by surfacing alternate personalities through prayer. There is no hypnosis or mind control of any kind in this ministry. Once the personalities are surfaced, they are led to bring their pain and dysfunctional behavior to Christ. We then see Christ remove felt pain that is many years old as soon as the alternate gives it to him. At different points in the process, alternates are fused and integrated with the core soul (or "host personality" by clinical terms.)

Spiritual warfare can be strong in the broken soul. We believe it is best to place strong binds on the enemy to keep their interference at a minimum. Handling this part of the healing process is very likely the reason why ministry can heal a broken soul in two to three days while clinical therapy requires seven to ten years or longer.

The broken soul is Biblical, as is the healing process we use. It is what Jesus was speaking of when he said he came "to bind up the *brokenhearted*." (Isaiah 61:1) It is what we find when we see that the original Greek text of the book of James describes a man who is "double-souled." (See [What does the Bible say about the broken soul?](#))

This ministry involves too much to try to explain it in a short introductory article. To get a good grasp of this ministry, you will need to read our in-depth articles beginning with [Mark's story, introduction to the broken soul.](#)

Theophostic Prayer Ministry



Everyone has experienced emotional pain or trauma at some time in their life. Sometimes this pain, no matter the age at which we experienced it, can have a detrimental impact on our lives. It can become the basis for fear, negative beliefs, guilt, shame, and much more. These pain-based problems will be based in some type of lie that we believed, even if the lie itself has never been voiced. It is actually the lie that is believed about these memories that gives rise to troubling beliefs and pain.

Theophostic Prayer Ministry (TPM) is a guided process through which the Holy Spirit brings you to the root memory that is driving the pain that you feel in the present. That root lie will usually be something such as "I'm not good enough," "I'll never be truly safe," etc. Once God speaks to the lie, the pain it carries with it is removed not only from the root memory, but also from all of the pain points that were produced from it as we grew older. The healing impact of TPM is permanent. This is a truly miraculous process that must be experienced to be fully appreciated and understood.

What to expect from Theophostic Prayer Ministry

TPM brings permanent freedom in mild to severe instances of emotional pain and its impact on your life. It is one of the most powerful and broadly applicable forms of inner healing available. You can expect permanent healing, even joy, where lie-based emotional wounds and troubling beliefs are present today.

TPM deals with one lie-based belief at a time. Therefore, multiple ministry appointments are needed for its initial course. As you experience TPM, you will become equipped to self-apply its techniques. They can then become an ongoing part of your walk with Christ to help achieve and maintain full and permanent peace in Christ Jesus. More information can be found at: <http://www.theophostic.com>.

We refer people to a local TPM counselor when a full course of this ministry is needed.

The timing of Theophostic Prayer Ministry

If we suspect a broken soul in a counselee, we usually recommend Theophostics after healing the broken soul.

Case Study: Blending ministries to heal a broken soul

In this case study we will see:



1. A need-based blending of different forms of ministry to produce a strong healing.
2. That by itself, inner peace is not a reliable enough indicator to signify completed healing.
3. That things like counseling and mentoring can play an important role in finding freedom.
4. That freedom gained through inner healing *absolutely must* be cemented into place through a close, ongoing walk with God.

The situation

Paul (not his real name) had lived through a lifetime of suffering and sin that came to a head one day when he “*was ready to put a gun to my head and blow my brains out.*” I reached out to him after our church referred him to us.

Paul was in his late forties and was suffering from:

- Pain from a childhood of sexual and verbal abuse
- Bedwetting (as a child)
- Missing memories from childhood
- Drug and alcohol abuse
- Anxiety disorder
- Severe depression
- Severe migraines
- Self-harm: cutting himself
- Repressed anger and rage
- Multiple suicide attempts
- Inability to hold a job
- Symptoms of bipolar and eating disorders
- A previous divorce
- The death of his first child at nine months gestation

As an infant, Paul was neglected to the point that, out of hunger, he would remove feces from his unchanged diaper and try to eat it. He was made to go to elementary school with a sign on his back, placed there by his mother that said, “I wet the bed.”

Paul lived on state-funded disability due to his mental condition.

Paul’s family has a long litany of generational problems that include:

- Sexual immorality
- Rape

- Verbal abuse
- Jealousy
- Perfectionism
- Bitterness and unforgiveness
- Addictions
- No focus on God

Paul is a very intelligent man. He is the most knowledgeable automotive mechanic I've ever met. But as a young boy, he was told that he was retarded. He grew up believing that he had a learning disability and developed a speech impediment. This hurt his self-confidence in his ability to learn. So I met with Paul and his wife for several weeks to prepare him for ministry. We began with the fundamentals of the gospel and worked our way through all aspects of the broken soul.

Ministry

Day one: deliverance

Paul's deliverance ministry focused on forgiveness, self-protection, soul ties, and confession of sin. *It was the single most powerful deliverance ministry I have ever seen.* God's presence was tangible. When we reached the final step where we sent out all of the demons we had dealt that day, God's presence came on with unmistakable strength and love. I had a clear sense that God was saying, "*I'm doing this, and I'm getting things that you missed.*" It was absolutely beautiful.

After the deliverance, Paul felt perfect peace. That night, before he spoke a word, his wife and son said they could see that he was a different person.

Day two: Theophostics and the broken soul

The next morning, Paul still felt perfect peace. When we began looking for the first alternate personality, Paul's head immediately dropped and he started shaking. He became a puddle of grief. I asked who I was talking to, and through tear-stained, bloodshot eyes, he pointed to his chest and said "Paul." This was not an alternate; it was the Paul I knew.

He had a painful inner wound of emotional insecurity toward the Lord. It was from watching his wife endure decades of life-threatening illnesses. She was a diabetic, and amputee, a heart patient, and a dialysis patient. Paul loved his wife like few people I've known, and watching her suffer had broken his heart. He had an unvoiced problem of wondering why God had allowed her to suffer so much.

God had put his finger on the wound because he knew that Paul had to trust him if he were to be healed. Paul had never talked about it to God; he was afraid to. But God knew and decided to heal it. Using some techniques from Theophostic Prayer Ministry, Paul held his emotions up to the Lord, and I asked God what he wanted to tell Paul. *Instantly*, the grief stopped. It happened so fast that it startled me. I asked, "What happened?" God told him that he had everything under control. *That it!*

I could have told Paul the same thing, and it would have had no effect on him. But God is different; *when he speaks, he creates*. When God spoke to Paul's heart, it took a micro-second to *create* an absolute assurance that he didn't need to worry. Paul didn't *learn* to trust God in that instant; God *gave him* trust,

in an instant. It never left him. *This is an example of an “ordinary miracle” that happens in Theophostic Prayer Ministry every day.*

The first alternate personality

We started again looking for an alternate, and once more Paul’s head dropped. This time his leg began to jump, and his whole body shook. With his right fist, he acted like he was trying to cut his left arm. This was an alternate named David who was responsible for suicide attempts and cutting. He carried pain from Paul’s parents fighting in his childhood, sexual abuse, and the death of Paul’s first son.

I had no more begun talking to David when it happened again. His head dropped, he began to shake, and feigned cutting his arm. Then I heard the voice of a toddler say, “Paul angry.” He was about 18 months old, didn’t know his name, and was controlled by David. He was responsible for stealing, greed, and low self-image. He said he needed to be loved and cared for, and he wanted to die. He was behind multiple suicide attempts. He was afraid to talk to other people because he had been hurt so many times before.

Both David and the toddler accepted Christ as Savior, repented of their behavior, and gave Jesus their pain. (Toddler alters understand adult concepts.) They were then both at peace and said they were ready to be fused and integrated.

Other alternates

The next day we found several more alternates including three named Pain, Lonely, and Regret. Their ages ranged from toddler to adult. Pain had extreme anger from Paul having been raped by his relatives, and from losing his first child. Pain hated God and was confused about why these things had happened to him. His focus was anger, but it didn’t take long for Pain to realize that Jesus could do a much better job of dealing with the people who hurt him than he could by hanging on to his anger. Soon, he was willing to forgive.

Lonely and Regret carried grief from a family death and difficulties in childhood. Lonely was the alternate that had eaten his own feces. He surfaced a new memory. Paul never knew why he had eaten his feces. Lonely explained that he hadn’t been fed, and was desperately hungry. These alternates received Christ, gave their pain to Jesus, and received new names that stood for their new lives in Christ. They quickly stabilized and said they were ready to be fused with Paul.

By the time we reached the end of the third day, Paul was a new person. This included dealing with several demons that took credit for Paul’s addictions, anger, emotional withdrawal, depression, and more.

Walking out the healing

Paul had about two months of total life change. He sought God without reserve and became strong. He became the spiritual leader for his family and a much-needed source of stability. Then we learned that Paul had never been taught how to handle addictive substances as a recovering addict. A relative visited, and Paul drank what he thought was a small amount of beer – *a little over two six packs*. This was about a third of the amount of his regular drinking in his earlier life, so he thought nothing of it. But the alcohol

took over and Paul took a nosedive. The next thing he remembered was finding a bottle of rubbing alcohol in his hand that he was about to drink. It could have killed him.

Paul and his family were devastated. Among other things, I strongly encouraged Paul to get back into his flow with God. Within a week or two he was back to his former strength. Then he stumbled one more time. Through both struggles, we brought people into Paul's life who understood recovery from addictions. In the end, it was his new-found relationship with God that strengthened and became his stability. Paul started Theophostic Prayer Ministry after his second stumble. He has been on solid footing ever since.

A note about Theophostics: *The broken soul deals with the damage from alternates and their demonic entanglement. But over a lifetime with a broken soul, the core soul is injured too. TPM picks up where healing alternates leaves off, healing the core soul. We refer all of our broken soul counselees to Theophostic Prayer Ministry.*

Today ...

As of this writing, it has been more than two years since I met my new friend. We have been through several trials together, including the death of his wife. She was saved during one of our initial meetings. From there, I witnessed two years of God rebuilding her heart and their marriage. I was honored to tell her story at the funeral. It was a celebration. She is in heaven today because instead of reaching for a gun, Paul picked up the phone and reached for God.

Freedom ministry did what it's designed to do in Paul's life – get him healthy and into a good relationship with the Lord through which he can now handle life. Paul is an overcomer and a friend. He is a shining witness of God's love and power to deliver in a world that includes multitudes of people who are like he once was., all needing to hear the good news of God's power to *heal*.

*The Lord is near to the brokenhearted
and saves the crushed in spirit.
Many are the afflictions of the righteous,
but the Lord delivers him out of them all. (Psalm 34:18-19)*

The broken soul – In depth reading

Introduction to the broken soul: Mark's story

Have you ever felt that something inside was broken? Or that part of you wanted one thing and part wanted the opposite? Have you ever felt that your prayers of confession and surrender would only go so far, and then they either hit a wall or ran into something that fought against them? Have you ever felt disconnected from what you were doing or felt like you were watching yourself talk?



It can be hard to explain what it feels like to have a broken soul. No one description fits everyone. Maybe an example will help. So here is my story – my first memory *that I know for certain* was my own broken soul in action:

I was in my mid-20s and was part of the leadership team for a young married's Sunday school class. A friend and co-leader, one of the finest people I've ever known, and I decided to meet for breakfast once a week for accountability. I noticed a pattern in my conversations with him that I knew wasn't healthy, but it seemed to just happen without warning. Each week I found myself saying things to him that put him down. They were usually just smart-aleck comments. Nevertheless, they were cutting and they stung.

Soon, I could see that this was wearing on him so I offered, in a friendly and understanding way, to stop meeting with him. The next week he took me up on the offer. He did not want to meet anymore. Suddenly, like a switch had flipped, I began to chew him out for wanting to stop meeting. The things that I said were wrong, untrue, hypocritical, and went back on the very things I had said a week earlier! This wasn't me! Yet it was, all at the same time. Inside, I felt exactly like what Paul described in Romans 7:17, "it is no longer I myself who do it, but it is sin living in me."

While I was doing this, I still remember thinking to myself, "Why am I saying these things? I know this is wrong." It didn't even feel as if I was the one saying them. The words were coming out of my mouth and I was allowing them to be said, yet it was as if I was watching the conversation happen at the same time. Looking back, I now recognize that pattern of speech as the kind of destructive, maniacal conversation that is a reliable sign of an enemy stronghold. It was as if the enemy was feeding me words that were assured of destroying our friendship, and I was allowing it to happen. Sadly, it worked. From then on we were little more than acquaintances.

This man was truly one of the nicest, most intelligent, friendly, level-headed people I've ever met. At that time in my life, he was possibly the finest friend that I had, and he is someone whose friendship I would have valued as I have grown older. But by the time I was done, the friendship was spoiled. Not long after that I moved to another state and we lost touch. Unfortunately, my brokenness continued to act out, causing damage in nearly every area of my life.

It took about 15 years before I gained any understanding of what was happening. During a particularly difficult time, another friend told me about a man named Joe Allbright. I had been through

a wonderful three-day deliverance ministry that had changed my life, but my worst struggles continued. So I called Joe and told him about my situation. His response was, "I can help, but you have to read my book. You see," he explained, "others deal with what is seen. I deal with what is unseen. And you must read my book before you will be ready to work with me."

I didn't have a clue what he meant. But he sent me his book, Liberating the Bruised, and soon I felt that I was reading my life story. This man described every aspect of how I felt, where I had struggled, and the dynamics in my marriage and my family. For the first time in my life, I felt that I understood what was inside of me. Joe explained what was driving me to places that I didn't want to go and into behaviors that I didn't want in myself. He explained what it means to have a broken soul. It was different from anything I had ever heard. (To this day, I still haven't read or met anyone who matches Joe's knowledge of the broken soul or his methods of healing it.)

To make a long story short, by the time Joe was finished working with me, I hadn't just been counseled; I had been healed. For the first time in my life, my mind was quiet. I was at peace. I didn't feel any unfriendly pressure or thoughts hassling me. It was as if I were standing in the middle of the Houston Astrodome with no one else there, no lights, no power, nothing – only silence. I remember thinking that this must be how "normal" people feel. Thankfully, this peace wasn't temporary. I had received a miraculous and thorough healing. The destructive emotions and upheavals that I had experienced for my entire life were gone. I could think of situations that had always brought up pain or anxiety, and now there was only peace.

This began the most amazing and wonderful journey that I have ever been on. I grew into a relationship with the Lord containing peace and intimacy that I never knew was possible. Now to be honest, I still made mistakes, had plenty to learn, and over time, had some more healing to do. But I was no longer fighting an unwinnable internal war. I had self-control, better understanding, peace, and the ability to actually correct things that I needed to do differently.

Over the long run, the Lord used Theophostic Prayer Ministry to pave the way for some additional blessings that were nearly as powerful as the healing I had received through Joe. But in my case, nothing ever matched the healing and the blessing that I received from God mending my broken soul.

So exactly what happened in my story above? A separate part of me, literally another personality, took over. You have probably heard of it by other names - names that do not aptly describe this very powerful and elusive form of spiritual oppression – names like Dissociative Identity Disorder (DID), or Multiple Personality Disorder. Those names, and the secular understanding that goes with them, do not do justice to this problem. As evidence, I will offer you this: It takes a traditional counselor, psychiatrist, or psychologist (Christian or non-Christian) an average of seven to ten years to heal a typical case of DID. The ministry God gave through Joe Allbright will accomplish the same thing, only do a better job, in two to three days.

Once you understand DID from God's perspective, there is a clear blueprint of the cause, the complications, and a cure that the secular world will probably never understand. At least 2/3 of the issues you deal with in healing DID God's way can only be rightly understood only through Christian teaching and be done only because of the cross.

The broken soul is near and dear to God's heart, so much so that *it is one of the first things Jesus addressed when he announced his ministry:*

[“The Spirit of the Sovereign Lord is on me, because the Lord has anointed me to preach good news to the poor. He has sent me to bind up the brokenhearted ...”](#)

Isaiah 61:1 (NIV)

God clearly acknowledges the broken soul in Scripture. If God acknowledges it, you can be sure he has a plan to heal it. In the next set of articles, beginning with [What does the Bible say about the broken soul?](#), we will visit Scriptures that describe this condition and show what he wants to do about it. Then, we will unfold in detail what it is, where it comes from, how it can affect us, and how it is healed.

What does the Bible say about the broken soul?



Since we deal with the broken soul from a distinctively Christian position, I think it is important that we show from the beginning that the reality of a broken heart (or soul) is not only acknowledged in Scripture, but also has a high profile. It is in some of the most famous and often-quoted verses in the Bible. Some lesser known Scriptures emphasize God's very serious and real requirement for broken souls to be healed in his people.

As we explained at the end of the article [Mark's story](#), the broken soul is something that was important enough for Jesus to quote Isaiah 61:1, right at the beginning of his ministry. Isaiah 61:1 says:

*The Spirit of the Sovereign Lord is on me,
because the Lord has anointed me
to preach good news to the poor.
He has sent me to bind up the brokenhearted,
to proclaim freedom for the captives
and release from darkness for the prisoners*

It is natural to think of phrases like "bind up the brokenhearted" as figurative, like when we say, "He broke her heart," when a romantic relationship ends. But like many Scriptures, a closer look reveals that this is not figurative at all.

Theologians teach us that the best interpreter of Scripture is Scripture itself. For example, when the Bible uses symbols, it is best to see if the Bible interprets the symbol for you, rather than leaving it to the whim of the reader. They instruct us to first look at the immediate context of the passage, then to the book of the Bible you are reading, then to the rest of the Bible. In many places the Bible interprets itself. We only need to know where to look. These are the rules we should follow if we want to know if Isaiah 61:1 is speaking literally about the broken heart. I'm going to defer to John Eldredge (author of *Wild at Heart*) who does a great job of explaining this when he writes:

"... when Isaiah talks about the brokenhearted, God is not using a metaphor. The Hebrew is "leb shabar" ("leb" for "heart," and "shabar" for "broken"). Isaiah used the word "shabar" to describe a bush whose "twigs are dry, they are broken off" (27:11); to describe the idols of Babylon lying "shattered on the ground" (21:19), as a statue shatters into a thousand pieces when you knock it off the table; or to describe a broken bone (38:13). God is speaking literally here. He says, "Your heart is now in many pieces. I want to heal it."[\[1\]](#)

It is noteworthy that the Hebrew word "leb" is also translated "mind" and "inner man," in addition to "heart." Theologians also tell us that the Old and New Testaments refer to the mind, soul, and the heart as virtually the same thing. **This allows me to use the term "broken soul,"** which I think is the better term for freedom ministry.

The broken heart/soul in the rest of Scripture

One of the most telling scriptures about the broken soul is [James 4:8](#): “... *purify your hearts, you double-minded.*” The Greek word for double-minded is “dipsuchos.” When you look up the extended meaning of dipsuchos, you find that it literally means both “vacillating” and “two-souled,” “double-souled,” or “split-souled.” It comes from a prefix of “dis” meaning twice and “psuche” meaning soul.

Some other Scripture that use the same wording of “leb” and “shabar” (broken heart) used in Isaiah 61:1 include:

- [Psalm 51:17](#): “*A broken and a contrite heart, O God, You will not despise.*”
- [Psalm 147:3](#): “*He heals the brokenhearted and binds up their wounds.*”
- [Psalm 34:18](#): “*The Lord is near to the brokenhearted and saves those who are crushed in spirit.*”

A Biblical mandate

God is *very* serious about healing the deep wounds of his children – specifically their brokenness. You will see in the information on this website that the broken soul can be one of the most damaging forms of spiritual oppression. I have yet to work with anyone who has been diagnosed with a mental disorder when I did not find the disorder buried in broken pieces of their soul. ***Is it any wonder that God would take this problem very seriously?***

In Jeremiah, God actually calls it an abomination when God’s leaders do not heal his broken people completely. In [Jeremiah 8:7](#), God says that this healing is a “[requirement](#)” and severely chastises his people for not healing this in Chapters 6 and 8:

*"They have healed the **brokenness** of My people superficially, Saying, 'Peace, peace,' But there is no peace. Were they ashamed because of the **abomination** they have done? They were not even ashamed at all."*

Jeremiah 6:14-15

*They heal the **brokenness** of the daughter of My people superficially, Saying, 'Peace, peace,' But there is no peace. Were they ashamed because of the **abomination** they had done?"*

Jeremiah 8:11-12

God also devotes the *entirety* of [Ezekiel 34](#) to dealing with the problem of healing his people lightly. (If you would like to read it, click [here](#).) Clearly, the healing of the broken soul is a responsibility that God has given to his people – especially to the leaders of his people. I have to believe that he will hold his elders accountable for this.

A practical perspective

At Hope Preserved Ministries, we have found that the condition of the broken soul is at the heart of almost every serious oppression we face. This is true whether we are dealing with emotional struggles, mental disorders, or satanic ritual abuse. These parts of our direct ministry easily consume 90% or more

of the time we spend with counselees. Needless to say, we are very committed to this ministry and will work with our counselees as long as necessary to see them made whole.

It is also worth mentioning that we never find a broken soul that does not need healing at multiple levels. This is another factor that has lead us to adopt a need-based approach to freedom ministry. While it is done through referral to another local couple, Theophostic Prayer Ministry has become an essential component in our ministry strategy for people with broken souls.

The broken soul explained



*Know that the Lord has set apart the godly for himself;
the Lord will hear when I call to him.*

Psalms 4:3

I will never leave you, nor will I ever forsake you.

Hebrews 13:5

I'm not sure that there is a better illustration of how far God goes to keep these promises than in the broken soul. It is true that the broken soul can hold the worst damage and mental suffering there is. But, at the same time, it is also true that part of the broken soul is set apart (reserved) for God, never to be given up.

The broken soul is an amazing, even miraculous means that God has given his children to cope with the worst that this world can do to you without being completely destroyed. You can carry damage as extreme as severe mental illnesses and memories so painful that you cannot bear to remember nor revisit them, yet still have a provision that not only puts limits on the damage, but provides a way to be healed – *completely healed*. Because of this, freedom ministries exist that can heal the most damaged people on the planet.

Now I'm not understating the amount of damage that anyone carries. But I am saying that there are limits to the damage, even if you can't feel them. The damage is not total. It never will be. In the midst of the deepest, darkest, most completely damaged lives, there is a provision that allows healing to happen. That is what the broken soul ministry is all about.

This is the first part of the story

This article gives you only half of the story of the broken soul. To get the full picture, you will still need to read next article, [Spiritual warfare and the broken soul](#), where we reveal how the enemy leverages the damage done to a broken soul and attempts to take it to extremes. *No view of the broken soul is complete without understanding both the broken parts of the soul and the **spiritual warfare** that accompanies them. Both of these articles need to be read before seeking healing.*

What is a broken soul?

There is so little information in Christian circles about the broken soul that many people have no understanding that this is the root cause of their difficulties. A broken soul is literally a soul that exists in more than one piece. In the previous articles, we have seen that Isaiah 61:1 acknowledges that a broken heart/soul is real. The Bible compares it to a clay pot or statue that has been knocked off the table and broken into pieces. This means that our souls can be shattered – literally. Our minds are able to break off separate personalities for the purpose of coping with stress. These personalities are real, and they can live in our souls with a separate identity. Most of them have names. They have an age. They have a personality. And if you have them, you can feel them even though you may not know that they are there. They are you, and they are not you, all at the same time. The most common name used for broken parts is *alternate personalities*.

I like to understand this by comparing it to the Trinity. (*Some people have trouble with this analogy, so please see it as only an imperfect illustration, not doctrine.*) Jesus, God the Father, and the Holy Spirit are all one God. They are also three distinct beings. Our God is not three Gods; He is one. Now with that in mind, think of the time in John 14:9 when Philip asked Jesus to show the disciples the Father. Jesus replied, “Don’t you know me, Philip? ... Anyone who has seen me has seen the Father.” When you see Jesus, you see the Father; when you know Jesus, you know the Holy Spirit. They’re all the same God, have the same heart, etc. Yet, they can be addressed separately. Jesus could pray to God the Father while here on the earth as a man. One God – separate living, functioning personalities.

The broken soul is not altogether different. You and all of your broken parts (alternates) are the same person. You feel all their emotions and act out their behavior. When they hurt you hurt; when you hurt they hurt. It is not as if you have been invaded by something foreign or have created some kind of neurological phenomenon that doesn't really exist. These parts are real, and they know that you (the core) are there. (Alternate personalities always know about the core personality, but the reverse is rarely true.)

Is there proof?

Do we have factual proof that these alternate personalities exist? Absolutely. Thousands of people have been through freedom ministry and had broken parts carrying tremendous struggles and mental illnesses healed. The mental health profession also knows about this. Their terms for it are *Dissociative Identity Disorder (DID)* and/or *Multiple Personality Disorder (MPD)*.^[1]

The way the mental health community sees it is that the mind can break off other personalities as a means to dissociate itself from the impact of stress. In other words, dissociation is a coping mechanism. Emotional stress can be separated by the core personality (or “host” as they put it) into separate personalities that can keep things buried, or simply separated, so that the core does not have to constantly carry those problems. Below is a pretty good secular definition of dissociation:

Dissociation is a split in the conscious process in which a group of mental activities breaks away from the main stream of consciousness and functions as a separate unit, as if belonging to another person.
(Webster's New World College Dictionary)

This is about the point where the ways of freedom ministry and mental health therapy for the broken soul part. The mental health community sees this as consisting of a host personality and a set of alternate personalities. It takes them between seven and ten years to heal a typical case of dissociation (a broken soul). Freedom ministry understands the problem differently. As a result, freedom ministry can heal a typical broken soul (non-SRA) in about 3 days. This is because we understand that only about 1/3 of the presenting personalities in the broken soul actually belong to the counselee. About 2/3 of what can present themselves as personalities are actually demons. (Please see [Spiritual warfare and the broken soul](#) and [Healing the broken soul](#) for more information.)

We find broken souls in people who have been under the care of psychologists and psychiatrists for years, without having found a hint of the alternate personalities they are carrying. We have read that this can happen because they diagnose the secondary symptoms of a broken soul, such as bi-polar disorder, borderline personality disorder, etc., as the primary problem. (A secondary symptom is something caused by the broken soul. Treating a secondary symptom as the problem is the old cliché of treating symptoms instead of the problem.)

We have not worked with anyone carrying a diagnosed mental disorder in whom we didn't find a broken soul. When their broken soul was healed, their secondary symptoms disappear. We also find broken souls in people carrying stress that is not severe enough to qualify as a mental disorder.

I'd like to make one more thing clear before we explain the parts of a broken soul. In our ministry, I have never met anyone with a broken soul who manifested multiple personalities in their normal conversations. In other words, I've never talked to Bob one minute and Jimmy the next – outside of the ministry process.

Root causes of a broken soul

We have found three root causes of a broken soul:

- 1) As a result of the stress of life or traumatic experiences.
- 2) As the result of generational iniquity. In this case, the double-soul is present at birth.
- 3) As the result of satanic ritual abuse. (Covered in [The impact of satanic ritual abuse.](#))

The impact of stress

We sometimes find people with only two or three alternates and no signs of a generational inheritance or satanic ritual abuse. Marital problems, such as a spouse's affair or a husband's addiction to pornography, have been common causes.

(Some of the most painful emotions we have seen surface in women have been due to their husband's lust and sexual dysfunction in which addictions to pornography played no small part. The only sexual issue we have seen cause more pain is child molestation.)

An unwanted inheritance

In the majority of our counselees, generational sin is the root cause of the broken soul. Generational sin is sin that is passed down to children from their parents. God shows this in multiple places in scripture including Exodus 20:5:

“... I the Lord your God am a jealous God, visiting the iniquity of the fathers on the children to the third and the fourth generation of those who hate me.”

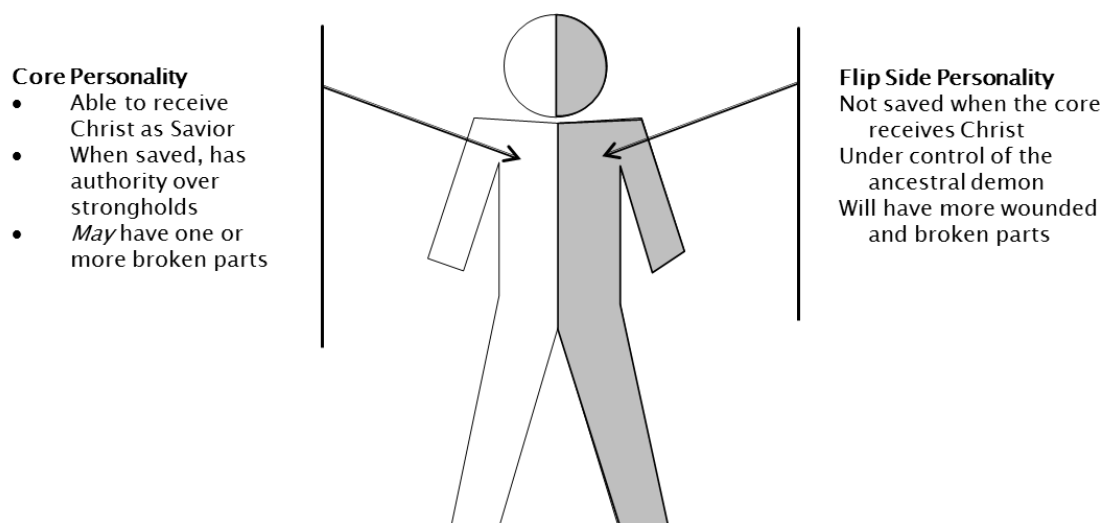
Many people have published lists of generational sin. However, there is no specific list of generational sin in the Bible. It is seen in the lineage of major characters though, such as sexual sin in the line of King David.

In our counselees who have broken souls, the most common sin reported in their ancestors is Freemasonry. Additional common traits include things like anger/rage, divorce, addictions, emotional isolation, depression, and sexual sins.

There are three ways that we believe generational iniquities are passed down: 1) Through learned behavior, 2) through DNA, and 3) through the broken soul. When a generational inheritance produces a broken soul, the person is born with their core (or host) personality and an alternate that we will refer to as the “flipside,” that carries the sin pattern of the generational iniquity. This is not in any way the fault of the person inheriting the broken soul. *It is the fault of their ancestors. It is their sin that is passed down.* The Lord showed this cause of the broken soul to Joe Allbright fairly early in his ministry. It has held up through nearly 40 years of working ministry.

The flipside is very important in working with broken souls. This is why Joe chose to name it differently than other alternates. (Think of a coin with two sides, the one you’re looking at, and the “flipside.”)

Below is a diagram of the broken soul at birth followed by a more detailed explanation of its broken pieces:



Personalities in the broken soul

The core personality

The core soul is the one we naturally know as the person. The secular community calls it the “host” personality. It is the one who is set aside from birth and protected so that it is able to receive Christ as Savior. (This is the provision referred to at the beginning of this article.) It is the expression of the person that was thought up by God before the foundation of the world. It is the one who has the authority over Satan and his minions to say, “Stop, no more.” This is an important point. In Christ, the saved core soul has all of the authority necessary to receive full healing of all broken parts (alternate personalities).

If you believe you are struggling with a broken soul, a very good prayer is simply to ask God to keep your core up and in control at all times. When things get out of hand inside, pray, “Lord, if this is in an alternate personality, please calm it down, and shut down everything the enemy is doing in relation to it.”

The flipside personality

James 4:8 refers to the “double-minded” using the Greek word *dipsuchos*. The word *dipsuchos* is used only twice in the New Testament, and both times are in the book of James, a book written to Christians. *Dipsuchos* means both “double-minded” and “double-souled,” or “split-souled.” It shows that God’s people can have a condition in which their souls exist in two primary pieces. Those two pieces are the core personality and the flipside personality. This is the case when a broken soul is inherited. The split-soul/double-soul is present at birth. When a flipside is present, there is also an ancestral demon that has the flipside as its rightful territory. Like the demon in Mark Chapter 9 that would not obey the disciples, the ancestral demon will not be cast out on the basis of the believer’s authority alone.

As the ancestral demon’s property, flipside does not receive Christ when the core soul is saved. They almost never have a formal name. The ancestral demon takes on the formal name of the core soul and forces the nameless flipside to live without a sense of who they are. Flipside are usually either strong and domineering or weak and withdrawn. They are the most strategic personality in a broken soul because they are 90% of the legal ground that allows the ancestral demon the right to operate in the person’s life. Once the flipside has been saved and fused with the core soul, 90% of the demonic resistance to the broken soul’s healing is taken away. After that, the ancestral demon will also lose the territorial part of its right to stay. It may stay on other grounds, though. We explain more about the ancestral demon in [Spiritual warfare and the broken soul](#) and the means to get rid of it in [Healing the broken soul](#).

Alternate personalities

Like the flipside, alternates are personalities that exist separately from the core personality. When alternates are created, they can be broken off from either the core or the flipside. Most alternate personalities fragment from the flipside. Alternates usually have a name. Sometimes it is descriptive of their behavior, like “hate.” Others have a regular name such as “Sally.” Their age is the age of the person at the time they were created. Often they will know the event(s) that led to their creation.

Alternates carry emotions, memories, and behaviors related to the event(s) that caused them to come into existence. Sometimes the core shares memories with an alternate; sometimes it doesn’t. When a

counselee has missing periods of memory, those memories are inevitably found in an alternate. The alternate sometimes carries either emotions or behaviors but not both. When alternates have broken off of the core personality, they serve as ground for the ancestral demon to operate from in the core's personality, causing problems for the core.

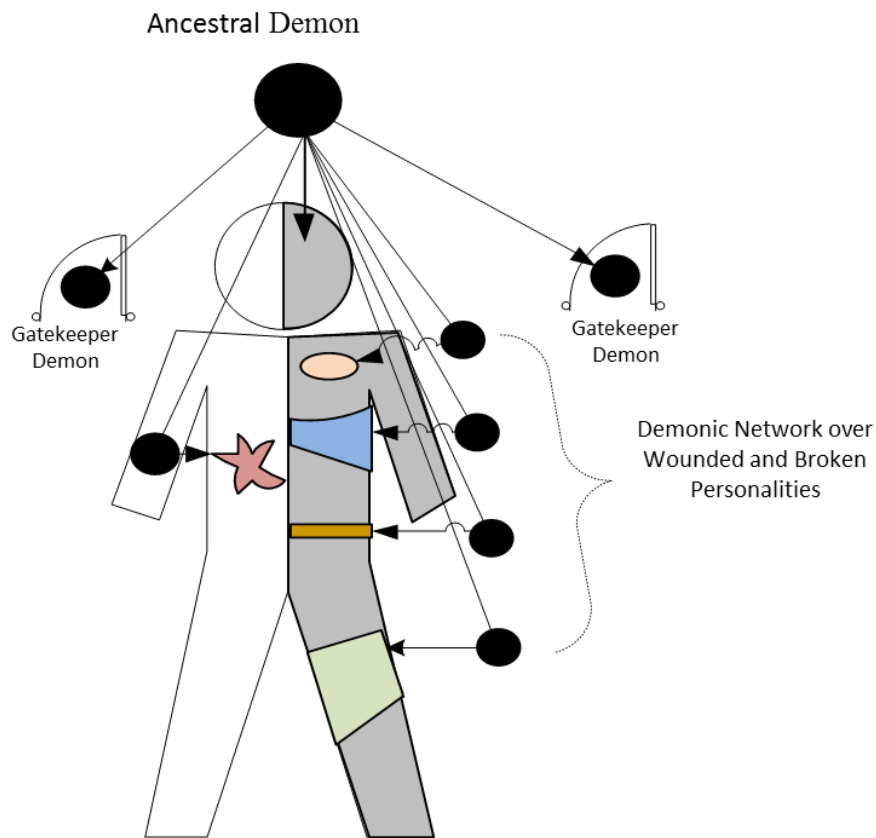
While each alternate has its own set of emotions that help define its role in the soul, they all seem to feel and be affected by the emotions and mindsets that the core soul feels. This makes sense when we remember that all of the personalities a person carries are part of one soul - they are one person. They are one and separate at the same time.

Alternates almost never carry out healthy behaviors. They may be angry, shy and withdrawn, carrying an addiction, carrying obsessions, self-destructive, or any number of other things. Most alternates believe that they're doing something good for the counselee, but they are inevitably doing it in harmful ways. When the counselee has a mental disorder, we usually find it carried in alternates that broke off the flipside. Alternate personalities must be reconciled to Christ, repent of their behavior, and receive emotional healing before they can be fused with the core personality.

Some alternates are caretakers of other alternates. They experience life together with the ones they care for. A caretaker may protect other alternates by helping them hide from difficulties or influencing them to behave a certain way. They may comfort an alternate and help them through difficulties. This is common with abuse victims. Caretakers may act as a spokesperson for their alternates in the ministry process, saving valuable time.

Alternates may also be friends with other alternates, and go through life together them. They help each other cope and actually become friends. Alternates can also be sub-fragmented into multiple alternates. This is most common in satanic ritual abuse victims. Some are so isolated that they do not know of any other personalities in the soul.

It is best to think of alternates simply as people. They may not be the core personality, but they have a mind, emotions, a will, and function just like any other personality. Below is an illustration of a common double-soul with alternates in the core and the flipside.



Putting it all together

A broken soul can cause seemingly endless frustration and confusion. People with broken souls wonder why they can't get their emotions and behavior under control. Something like anger may well up inside of them, and they can be helpless to calm it down. It is confusing because if their core soul gets angry, they can choose to settle down and manage their behavior. But when the anger is in an alternate, the core cannot choose to calm down because the alternate is a separate personality, and it functions apart from the core. The person feels the anger as if it's their own (because it is), but they are unable to calm down until the alternate, which they usually don't even know exists, decides on its own to calm down.

When an alternate carries something like an addiction, you can also see why the person can have a tremendous struggle trying to manage it. The addiction is mired in a will that is completely separate from the core personality. The core is left to struggle against the will of the alternate in an internal spiritual battle that is fought in the middle of unseen parts of their soul. At best, the core soul can work to assert its dominance over the alternate, and not allow it to express itself. This *may* stop the behavior, but it won't stop the emotions and the pain that drive the addiction in the first place.

Some alternates don't like the core. In these cases, the person can have behavior that is destructive to himself and others. Those alternates actually want to hurt the core and do so any time they can take control. Thankfully, these hateful alternates are fairly rare.

The impact of double-mindedness

As previously mentioned, James 4:8 talks about the double-minded/double-souled. God's word is incredibly accurate. People with a double-soul usually have sets of personalities that act out two opposite forms of behavior. In this, they are both *double-minded* and *double-souled*. The double-soul carries those behaviors in separate personalities with wills of their own – thus the *dipsuchos*, *double-minded* and *double-souled*.

For example, there may be a strong domineering personality that simply rolls over others, not caring how badly it hurts someone as long as it gets its way. Then there may be an alternate that is very sensitive and easily hurt. This one takes any negative comment very personally, feels its pain, and allows it to damage its self-esteem. The strong alternate may angrily assert itself to push hurtful people away. This only hurts the sensitive alternate and perpetuates the problems that both personalities carry in the life of the core. It's not hard to see how the enemy will have programmed these two parts for destructive means, attempting to make the double-minded person unstable in all their ways. (James 1:8)

Back to where we began

The article [Mark's story](#) began with some questions that sometimes described how a person with a broken soul feels. They are:

“Have you ever felt that something inside was broken? Or that part of you wanted one thing and part wanted the opposite? Have you ever felt that your prayers of confession and surrender would only go so far, and then they either hit a wall or ran into something that fought against them? Have you ever felt disconnected from what you were doing, or felt like you were watching yourself talk?”

Hopefully, it is clear that a broken soul can create terrible struggles in the innermost being - where God desires truth. (Psalm 51:6) However, we haven't yet covered the most destructive parts of this problem. In the next article, [Spiritual warfare and the broken soul](#), we will try to show why this condition can wreck lives and families, appears behind mental disorders and addictions, and can lead to suicide.

In the final article, [Ministering to the broken soul](#), the good news will finally appear. In many cases, the broken soul can be healed in as few as two to three days of intensive ministry. This is cause for deep rejoicing because this cure is available in the body of Christ. Many people have been cured of their broken soul by Christian lay ministers. This stands in stark contrast to traditional clinical therapy which can take years, if ever, to accomplish similar results.

[1] There is considerable debate and scholarship devoted to the definition of and difference between Dissociative Identity Disorder and Multiple Personality Disorder. Since we are going to treat this problem from a Biblical perspective, we will not get mired in the technicalities that distinguish these two mental health conditions in secular therapy.

Spiritual warfare in the broken soul

In the previous article, [The broken soul explained](#), we saw that God has a made provision so that even the most tormented soul is never without hope. While this is true, the broken soul can still face the most difficult internal battles of any person on the planet. To understand this, we must take a look at the network of demons that are going to be buried among the alternate personalities in the broken soul. When it comes to understanding issues related to Satan, it is important to remember that Jesus told us to “be wise as serpents and innocent as doves.” (Matthew 10:16) If we are to be as wise as serpents, we must *understand* what gives them the right to trouble us, be aware of the *tactics* they use, and know how to *recognize* them when they are troubling us. This is not for the purpose of confronting demons. In 2 Corinthians 10, Paul makes it abundantly clear that the New Testament believer can receive freedom through the truth of Christ.

We have learned that allowing battles with demons is neither necessary nor productive, when we have the truth of God’s Word and the victory of the cross empowering our work. However, as Jesus taught, there are advantages to being as wise as a serpent. Being aware of Satan’s schemes helps the minister to avoid deception and identify the type of truth that is require to set someone free. This is the reason we have made a careful study of these subjects. It is not to invite demonic encounters. We have learned that we can eliminate them from most ministry experiences. Manifestations are quickly quelled on the rare occasions that they do happen. Instead of focusing on demons, we have been led to minister by what Jesus made available to us through the cross.

Therefore, this information has been included to help people understand how the broken soul can be manipulated by enemy strongholds. Once you recognize that something is from a stronghold, you can turn to the truth of the Word to destroy the stronghold. This allows freedom to be gained in peace. – ***“And the seed whose fruit is righteousness is sown in peace by those who make peace.” James 3:18 (NASB)***

Sin, generational oppression, and the broken soul

If a buzzard came along and wanted to land on the side of smooth wall, it would not be able to without a perch. If it finds one, it may stay there as long as it wants – even make the wall its home. As long as the perch is there, it won’t do much good to shoo the bird off, because it can come right back. To get rid of the bird, you must take away its perch. This illustrates one of the most basic principles of spiritual warfare.

Sin serves as a perch for demons in our lives. This sin can take many forms such as lies, pride, rebellion, unforgiveness, hate, resentment, ungodly soul ties, etc. At the root of most broken souls is generational sin that was passed down from parents to their children. When this happens, the flipside becomes the “perch” for an ancestral demon. Together, the flipside and the ancestral demon are a means through which generational sin can be inherited. The flipside is the largest single piece of legal ground the enemy has for oppressing the broken soul.

In Mark Chapter 9, there is a story of a father who asked the disciples to cast a demon out of his little boy. Jesus, Peter, James, and John were away on the Mount of Transfiguration. The remaining disciples tried but could not cast it out. It is very important to note that the disciples had already been given authority straight from Jesus to cast out demons, but they could not cast this one out. This is because the demon had legal ground on which it could stay. That ground was the existence of the boy's flipside.

How do we know this? First, the original Greek alludes to the fact that this demon is *generational*. When Jesus explained why they could not cast this demon out, he said, "This *kind* can only come out by prayer" – verse 29. The Greek word for "kind" here is *genos*, which means "*family, birth, descended, nation, native,*" etc. All of these words refer to different forms of generations. Secondly, in verse 25 the father tells Jesus that the demon had been there since childhood. The Greek word translated "childhood" is *paidiothen* which means "*from infancy.*" Something gave the demon the right to be there at birth, before the child had done anything right or wrong. This would be an inheritance of generational sin, and the demon would be an *ancestral* demon.

The ancestral demon

The ancestral demon is present at birth. As previously mentioned, the flipside personality serves as its legal ground. We don't often see evidence of the ancestral demon while children are young, but it is active nonetheless. Our counselees usually have alternate personalities under the age of 10. This is a reliable sign of demonic activity at those ages. In generationally oppressed counselees, we have worked with alternates under one year of age. In SRA victims, it is common to find alternates who broke off in the womb.

An ancestral strategy to steal identity

We previously wrote that a flipside rarely has a given name. This is the work of the ancestral demon. It is a strategy to steal the person's identity in Christ. Our names were written in the Lamb's Book of Life before the world was created. (Revelation 13:8) Our names identify us *as a member of the royal family of God*. If the ancestral can take your name and confuse your sense of identity in Christ, he gains additional power. The reverse is also true. The stronger your sense of identity in Christ (knowing that you belong to Christ), the more the ancestral will have to struggle.

The ancestral demon doesn't stop with preventing the flipside from having a name. It actually takes the formal name of the core personality, as on their birth certificate, as its *own* name. In my case the ancestral demon was named Mark Russell Evans. Because of this, we are very careful about how we address the core personality in ministry. If we don't qualify who we want, the ancestral demon may say, "That's my name" and may manifest. So we use the person's birth certificate name, qualified by their age and age or date of salvation. The ancestral cannot answer to a name with those descriptions attached to it.

Using the core's name, the ancestral demon will try to act like a cancer that eats away at everything positive about their self-image. If it can convince them that they are worthless, it will have destroyed most of their ability to stand against its demonic activities. If they don't feel worthy to be saved or loved by

God, they can become putty in the demon's destructive hands. In addition to this, the demon will be programming the flipside with its inheritance of generational sin and any other destructive influence it can bring into their broken soul.

The tactics of the ancestral demon

As the person with a broken soul grows up, the ancestral demon causes more alternates to be broken off. When this happens, he brings in a demon that has the new alternate as its territory. This new demon takes its orders from the ancestral. Like the ancestral, this new demon programs its alternate to carry out its purpose in the core's life in unhealthy ways. Let's say the alternate was broken off due to abuse. It may then have the role of protecting the core from anyone it labels as threatening. The demon may program the alternate to hate people and lash out at them so that they are pushed away. This of course, causes even more pain in the life of the core, and makes it easier for the ancestral to further its strategy of breaking off more alternates.

For each new alternate that breaks off, another demon is brought in that claims it as its territory. All of the alternates are programmed by demons to produce destructive behavior that builds stress and spins off more alternates. At a minimum, a person with a broken soul will have one demon for each alternate. We find an average of five to nine alternates in most non-SRA counselees. Unfortunately, there are often double or more than number of demons. Some of those additional demons are described below.

Additional layers of demonic bondage

Unfortunately, there is more to the ancestral's ways than assigning demons to alternates. The most menacing type of oppression that we find in broken souls comes in the form of specialized demons that are trained to perfectly imitate real personalities. They do this in several forms. They can perfectly clone any other personality in the soul – the core, the flipside, and alternates. They can copy something in another person or invent a new demon-produced personality.

These demons are so good at cloning that the core believes the demon is its own personality. (This is yet another way Satan tries to steal their identity in Christ. The demon, that has NO identity in Christ, makes the person think that it is part of them.) The most obvious sign of the clones is self-loathing, backwards thinking, and negative mindsets. But they do much more than influence thinking.

Here's an example of just how destructive demonic clones can be: Some counselees have made multiple commitments to Christ without experiencing any fruit that is evidence of salvation. They attend church, have personal quiet times, are faithful to God in their conduct, etc. However, they have never felt the presence or power of God, may have trouble understanding the Bible, etc.

What usually happened is this: When they accepted Christ, a demonic clone of their core personality slipped in, undetected, and prayed the prayer of salvation to a demon named Jesus (little "j," a false god.) When we find evidence of this, we ask God to bring up the core personality, bind all demons and then lead the core to Christ.

We went through this with a heavily oppressed counselee. When she returned the next day, she said she had gone home and read Psalm 91, and *for the first time in her life, she understood God's word*. That is fruit in keeping with salvation!

Another menacing type of clone is one of the opposite sex. In one example, a clone was brought into a young boy's life when he was molested. The clone remained silent until he became a successful pastor with a family. Then the clone, which was of his grandmother's personality, began expressing a normal female personality's desire for other men. When this was expressed through the pastor, he began struggling with homosexuality. He almost lost his ministry and his family. Fortunately, Joe Allbright found the root of the problem and he was delivered.

The biggest problem with these demon-personalities is that if they are not eradicated, they serve as secondary legal ground that allows every demon in the person to stay, even after healing all alternates. This happened to one of our first counselees. She had previously been through ministry for her broken soul with a good counselor. At that time, he did not know about clones. She came to us just as I was learning about clones. As a result of clones being left in her, she still had 61 demons.

Shared demons

Shared demons, as their name implies, are shared between people. One common assignment for shared demons is to move back and forth between a husband and wife. The demon will cause the husband to behave harmfully while the wife is able to remain strong and stable. Then the situation will reverse, and the wife will act out while the husband becomes stable and strong again. This continues in a maniacal see-saw that instills a persistent frustration and often destroys any progress the couple makes in healing their troubled marriage. Shared demons are allowed in and out by a gatekeeper demon who controls the "gate" that allows demons to move in and out of someone's life.

Special assignments

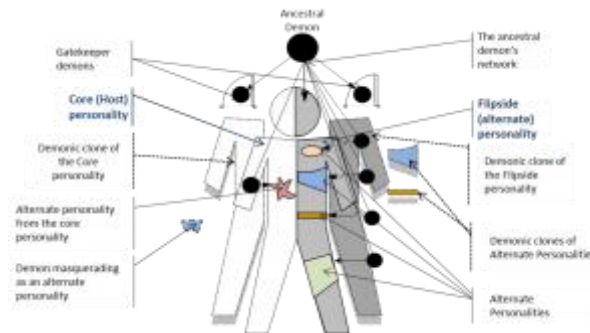
All types of demons can be brought in. For example, children may have a sexual assignment against them from a young age. The ancestral will coordinate with other demons on the outside to instill anyone old enough to commit a sexual act to make a move on the child. We see this in patterns of sexual abuse that repeat consistently throughout a life. The incidents may be a few years apart, but the pattern is consistent. Demons also are assigned addictive responsibilities such as drug addiction, alcohol addiction, pornography addiction, etc.

False medicating

Demons also produce something I'll refer to as *false medicating*. For example, lust is an emotion that is based in emotional wounds such as anger, discouragement, or low self-esteem. Demons will suggest medicating that pain with pornography, masturbation, affairs, etc., in hopes of feeling better. The false sense of relief lasts only a few seconds. Then the person can become addicted to a harmful habit that causes more damage and opens the door to more demons. The downward spiral will have no end because it never reaches the point of bringing the desired satisfaction. Satan is never satisfied.

The types of demonic assignments that can be in someone's life are endless. In the broken soul, the problem is the presence of stubborn legal ground in unsaved alternate personalities.

A diagram of the broken soul



The inventory

The above picture applies to non-SRA cases of the broken soul. It illustrates things that *can* be in a broken soul. (This is not the way every broken soul looks.) It illustrates:

- A core personality, a flipside personality, and five alternate personalities.
- Each of the personalities has a demonic clone that mimics its behavior, only driving it to greater levels of dysfunction.
- The black circles represent the ancestral demon and its network that programs the alternate personalities.
- There are two gatekeepers that control the traffic of shared demons.
- There is one demon masquerading as a personality – say a grandparent who may have been a Freemason.
- What is not shown here is that each of the demons can also be cloned including the ancestral demon. When this happens the counselor has to take extra care to be sure that he doesn't leave the base demonic network in place.

The inventory above depicts the large amount of turmoil that can be going on inside of a broken soul. Demons are programming alternate personalities, sometimes resulting in their carrying mental illnesses. When an alternate takes control, the person's ability to control their behavior diminishes because the alternate has a will of its own. Then, demonic clones of personalities may come into play. When they take over, they will carry out even more insidious behaviors. They don't do enough to give themselves away. Instead, they start a gradual slide of ever increasing tolerance of demonically-inspired behavior. Keep in mind that while all these things are happening, the person with the broken soul rarely, if ever, recognizes any of these elements. They feel the struggle, which can be extreme, without any recognition that it is rooted in alternate personalities, demonic influence, or demonic personalities.

Likewise, clinical therapists rarely find evidence of Dissociative Identity Disorder (DID) in the people we work with. They may diagnose a mental illness, but not find its root in alternate

personalities. For example, we worked with a woman in whom we had found about 20 alternates (to that point) along with severe demonic oppression. She met with a DID specialist and was told she did not have DID – even after sharing what this ministry was finding in her. The next time we saw her, using a prayer-based process, we found and ministered to fifteen alternates and dealt with several demons. We believe this shows both the difficulty of clinical practices in understanding the spiritual nature of these problems and the effectiveness of the Holy Spirit’s ministering to a broken soul.

Conclusion

One should never underestimate the difficulties that a heavily oppressed broken soul faces. Their alternates, demons, and demon-personalities can create an intense and even crippling internal battle in their mind, emotions, and will, even to the point that medication is virtually ineffective.

Healing the broken soul

Preparing for the broken soul ministry

Part 5



Blessed is the man who trusts in the Lord,

whose confidence is in him.

He will be like a tree planted by the water

that sends out its roots by the stream.

It does not fear when heat comes;

its leaves are always green.

It has no worries in a year of drought

and never fails to bear fruit.

The heart is deceitful above all things

and beyond cure.

Who can understand it?

I the Lord search the heart ...

Jeremiah 17:7-10

Every believer in Jesus Christ is endowed by God with the legal right to be free! This is not man's law, but God's. No matter what your bondage, God has provided a way to be free. The accuser of the brethren, Satan, may have convinced you that you do not deserve freedom, that it will not work for you, or that your problems are too deep to be healed from them. Nothing could be further from the truth!

God has provided a way to be free from even the most serious bondage. One of the most effective ways to do that is healing the broken soul. As Jeremiah 17:7 (above) says, "Blessed is the man who trusts in the Lord." What does this trust that heals life-long struggles, including serious mental disorders, look like? It looks like this: If you are sitting in a chair, chances are you did not stop and test the chair to make sure it would hold you before you sat in it. You believed that the chair would do what it is designed to do and sat down. *You placed your faith in the chair doing what it was designed to do. This is what effective faith in*

God looks like. When you trust in Christ for your salvation, *you trust that the cross did what God said it would do* – pay the penalty for your sins. When you trust God to heal your broken soul, you simply place your faith in God to do what he said he would do – bind up your broken heart/soul:

***The Spirit of the Sovereign Lord is on me,
because the Lord has anointed me
to preach good news to the poor.
He has sent me to bind up the brokenhearted.***

Isaiah 61:1

In this verse, the word “poor” means “afflicted,” and the word “brokenhearted” is a literal description of a heart (or soul) that is broken into pieces. This is the verse that Jesus used to announce his ministry. (Luke 4:18) Actually, he went a little further than that and in verse 20 said, “Today this Scripture is *fulfilled* in your hearing.”

From the beginning, Jesus promised to heal broken souls. We can testify to seeing him do this many times. Plus, Risa and I both have had our own broken souls healed. I hope you can take comfort that, in this case, like the apostles, “*We speak of what we know, and bear witness to what we have seen.*” (John 3:10)

If you are seeking healing for your own broken soul, we pray that God will bless your faith, stir your heart, and draw you closer to himself as you continue to read through this material.

A typical ministry plan

The broken soul ministry has a long and successful track record of helping people obtain freedom from spiritual strongholds. We rarely, if ever, undertake this ministry without also including Deliverance and [Theophostic Prayer Ministry](#). If, in the ministry process, memories of Satanic Ritual Abuse (SRA) surface, we will shift from the methodical step-by-step process of the broken soul ministry to a more flexible, Spirit-driven process that is described in [Ministering to SRA Victims](#). Our normal order of ministries is deliverance first, then the broken soul ministry, followed by Theophostic Prayer Ministry or The Immanuel Approach (if needed). Deliverance is done first because it is an excellent means to clear the way for deeper healing. It usually takes about half of a day. We find that Theophostic Prayer Ministry generally works better if all alternates and their demonic entanglements are removed first. So we do the broken soul ministry next. We will use Theophostic prayer and/or The Immanuel Approach within the broken soul ministry to facilitate the healing of emotional wounds carried in alternate personalities. Finally, if the healed core soul is still carrying troubling emotional wounds, we recommend they enter into their own course of Theophostic prayer or Immanuel Approach prayer.

After completing ministry, we prefer to follow up with people weekly for a minimum of six weeks. Many counselees stay in touch for a longer period.

What to expect from the broken soul ministry

In short, you can expect to have major strongholds removed from your life. This ministry often provides a personal experience with God that leaves people forever changed. However, being free does not mean you will never have struggles, or that God won't point out strongholds in the future that he wants to remove. (See [Case study: Healing a broken soul](#).) Personally, I don't know of anyone, including the apostle Paul, who was freed of every possible issue in their lives. God leaves a certain amount of "stuff" in our lives so that we will depend upon him. For his strength is perfected in weakness. (2 Corinthians 12:9) Some people need discipling, mentoring, and/or counseling after ministry to develop the knowledge and skills needed to walk out their freedom. This has nothing to do with the effectiveness of freedom ministry. It is simply because living a truly free life in Christ requires every area of your life to be committed to Christlikeness.

For people under a doctor's care

Under no circumstances do we advise against following a doctor's orders or coming out from under a doctor's care. Continue to take all prescribed medications unless the doctor instructs otherwise. We also recommend continuing all professional counseling or therapy appointments until released by your provider. While this ministry may result in healing that is not received through clinical means, we request that all counselees rely on their medical and/or mental health provider(s) to determine when they are healthy enough to stop those services.

Readiness for ministry

For freedom ministry to be effective, counselees must realize that *they aren't going to get anywhere without God*, and be willing to trust God to do this work. A pretty good description of readiness is simply, "I'm sick of being sick of being sick of dealing with this."

A key symptom of a broken soul is a pattern being "consistently inconsistent." (Joe Allbright) Often we find that people with a broken soul recognize its symptoms in their lives simply from hearing about it and reading case studies. For a description of how it can feel to have a broken soul, please see our [ministry brochure on the broken soul](#).

It is very important for people to realize that the goal of inner healing is greater closeness to Christ, not just the removal of pain. ***Peace and security come from the presence of Christ, not the absence of pain. The best possible reason for someone to seek us out for ministry is because they want everything standing in between themselves and Christ removed, so that they can live out their Christian life to the fullest of what God has for them.*** If someone's motivation falls short of this, a significant amount of healing can be accomplished, but it won't provide the full peace and victory the person needs.

We occasionally have had to turn people away due to their beliefs or choices. Thankfully, that is rare.

The ministry process

The broken soul ministry:

- is a prayer-based process in which we are the facilitators
- always keeps the core soul aware and in touch with what is happening
- does not involve hypnosis or mind-control
- can require as little as two days or, in the case of Satanic Ritual Abuse victims, as much as two to three years.

Using parables

God makes use of symbols and parables from Genesis to Revelation. They are part of his language. He communicates to us using symbols and word pictures almost every time we go through this ministry. As you will see, we also freely use symbols and word pictures throughout the ministry.

Beginning the work day

We do a few things at the beginning of each work day to establish good working conditions. These include setting up our spiritual protection, preparing alternates to work with us, and preparing the core to work with alternates.

Setting up spiritual protection

A broken soul is deeply entrenched in spiritual warfare. This is true whether the counselee has a flipside and an ancestral demon or only a few alternates created from stress. Demons are always present with alternate personalities. Rather than engage in warfare head-on, we have learned that we can have God shut down the vast majority of enemy resistance.

This is the first place where we use parables: We ask God to put all demons in chains made of Jesus' blood – chains that can never be broken, to glue their mouths shut with Jesus' blood, emasculate them of their power, and to put them in a jail cell made of Jesus' blood where they must wait until we are able to send them away. We also ask God to clear the atmosphere of all spiritual interference, canceling communication between demons on the outside of the person with those inside of them, and a number of other similar things.

We also ask Jesus set up ground rules (which he does), that keep demons under control should one manifest. Through those rules, he takes away their ability to use power against us, and requires them to speak to us respectfully. If a demon does manifest, it rarely takes more than two or three minutes to deal with it (often less,) and then Jesus gets rid of it for us. All of this is set up in our opening prayer.

We are detailed about the things we ask God to do in this ministry. We found this to be necessary because the enemy will use any opening, no matter how small, to dismantle what we are doing if we are not wise to his schemes. We find the Biblical promises, "Ask and you will receive," and "You have not because you ask not," are perfectly modeled in this ministry. When we ask God to keep the enemy disarmed and at bay, he does it. In a ministry that can get intense, we don't take anything for granted.

God gives us confirmation that he has done what we asked as the day progresses. Sometimes an alternate will see the jail cell holding demons. One alternate even saw a demon in jail wearing pinstripes! Sometimes God uses a little humor, just to show us who is *really* in charge. Alternates often see demons in the chains made of Jesus' blood that we asked for earlier. If they are not in chains when they see them, we ask God to immediately put them in chains, and the alternate confirms that it is happening. At that point, they cannot cause problems and must wait until we regain their legal ground then cast them out. When they are put in chains, their interference stops at the same time. Using this approach, we have never experienced a violent, threatening, or out of control episode from a demon. *In one case, a demon looked up into a corner of the ceiling and told me that Jesus was right there, making him obey me!*

Preparing alternates for ministry

Also at the beginning of each day, we ask God to separate the alternates from all demons, and to open their ears and hearts to the hope and goodness that God wants to bring them. We ask that he put them either with the core or the flipside, depending on which one they broke off from, until we are able to call them up and work with them. As the day progresses, alternates often tell us that they have been watching what happened with other personalities. (Alternates know the core personality, and often each other, even though the core does not know them.)

Care for the core

Finally, we ask God to take the core personality and put them in a place where they can see, hear, and understand everything that is going on without interfering. We want the core in touch with every step of the ministry. When previously hidden memories surface, we want the core to see them and understand what is happening. We also ask that the core always have the ability to take control back from an alternate, should they feel the need.

Final preparation

Prior to looking for alternates, we review all of the basic material about the ministry to ensure that the counselee knows what to expect, and that they are in doctrinal agreement with the principles of the ministry.

1. We confirm the counselee's salvation, whether they are a lay person or a minister. We verify that they have placed their faith entirely and in nothing more than Jesus' sacrifice on the cross.
2. We review their counseling form and get clarification where needed.
3. We review the four main principles of this ministry: 1) Generational sin. 2) The possible inheritance of an ancestral demon. 3) The Biblical perspective on the broken soul and double-mindedness. 4) The existence of dissociated personalities, how they are created, and what they do.
4. We explain that the counselee's responsibility is to report everything that is going on with them. This includes physical symptoms, visual changes, problems concentrating, anxiety, emotions, or anything that they feel they hear in their mind. It is the counselee's job to be the reporter and ours to be the

interpreter. The things reported are usually are signs that an alternate personality wants to manifest. Sometimes they are signs of demonic interference.

5. Lastly, we ask the counselee to deal with any previously unconfessed sins.

Getting in touch with alternates

Picking a starting point

It is always best to look for alternates that broke off of the core personality first. This is to eliminate legal ground from those alternates that can allow the ancestral demon to harass the core personality. Once that is done, we can start by looking for the flipside or an alternate. We prefer to start by trying to get the flipside up, because once the flipside is healed, we eliminate 90% of the active demonic resistance to healing. However, we allow the counselee to choose where to start.

Looking for the first alternate

Again, when looking for alternates, the counselee is responsible to report to us everything they see, feel, or sense is happening. The more willing the counselee is to report everything they feel, the faster we progress.

We bring up alternates by:

- 1) Asking the Lord to put the core personality in a safe place where they can see, hear, and feel everything that happens without interfering.
- 2) Telling the Lord what we are looking for. This may be a rough description of the flipside or of an alternate that, based on the counselee's inventory form, we expect to find in the system.
- 3) Directing questions to the counselee's alternate(s) such as: Can you hear my voice? Would you be willing to come up and talk to me? (I'd love to meet you.) I will not say anything to hurt you, etc.

The first alternate is usually the slowest to come up. We are usually guided to them by the counselee, who will often begin feeling an emotion, seeing a picture, hearing something the alternate is saying. For example, if the counselee begins feeling anger, we ask the Lord to bring us the one who is angry, and they often manifest. Sometimes an emotion will manifest on its own. For example, the counselee may begin to weep, and once the emotion is flowing freely, the alternate will have manifested.

Some alternates will communicate without fully manifesting. In those cases the core reports to us what they hear. This is not the norm. However, the ministry may begin with the core reporting what alternates say, then shift to alternates talking directly as they get more comfortable with the process.

When the alternate is fully up, we are able to have a normal conversation with them, exactly the same way we talk to the core personality. There is no difference in communicating with an alternate and any other person. They are fully conscious personalities. They are not a neurological phenomenon. They

are people housed in a temporary body, just like the core – two miraculously functioning parts of the same soul.

Working with alternates

Once an alternate is up, we ask a fairly standard set of questions. They vary somewhat by the type of alternate we are speaking to.

Questions for a broken part of the core

- 1) What is your name and how old are you?
- 2) Will you please tell me about yourself? I would like to get to know you.
- 3) What are the major emotions that you carry?
- 4) What do you do in the core personality's life?
- 5) Do you know Jesus as your personal savior? (If yes, I then verify that they are believing correctly in the work of the cross.)
- 6) Are you a caretaker for any other personalities?

Questions for the flipside

- 1) What is your name and age? (This is to verify that we really do have the flipside.)
- 2) Why didn't you get saved when the core personality was saved?
- 3) Will you please tell me about yourself? I would like to get to know you.
- 4) What are the major emotions that you carry?
- 5) What do you do in the core personality's life?
- 6) Are you a caretaker for any other personalities?

Questions for other alternates

- 1) What is your name and age?
- 2) Why didn't you get saved when the core personality was saved?
- 3) Will you please tell me about yourself? I would like to get to know you.
- 4) What are the major emotions that you carry?
- 5) What do you do in the core personality's life?
- 6) Are you a caretaker for any other personalities?

As you can see, the questions for each type of part are very similar. We like to glean detailed information from the parts about their behaviors, emotions, and memories – if needed. Their answers will be kept in a workbook that I keep for each counselee. When they say they are through, we then verify what they've told me. We then check their information against data from the Confidential Personal Inventory so that I can track how much of the counselee's reported issues we have accounted for in the lives of alternate personalities. This is a detailed process, but very valuable in determining whether the ministry has been successful.

Leading alternates to repentance and salvation

We have almost never seen an alternate that was happy with its life. To put it bluntly, they carry a lot of junk inside themselves. Most of it came from demonic programming and they are tired of it! With just a little coaching, most realize that they are not helping the core and they want to change. Many have seen the impact that God has had in the saved life of the core personality and, they want that too.

Once they are ready to repent, if needed, we lead them to salvation through a sinner's prayer. After they accept Christ, we ask them to tell us that, "Jesus who died on the cross (or Yeshua Ha-Mashiach), is my Lord." All alternates, previously saved or not, are led to confess their sins one by one in prayer. We then lead them to confess that they will no longer carry out their negative behaviors, and all that their names have stood for to date, in the core's life.

If they are carrying emotional wounds, we lift them up to the Lord for healing. Sometimes we will use prayer techniques from Theophostic Prayer Ministry for this. We always ask the alternate to verify that its painful emotions have been taken away by Jesus, which they do. *It is amazing to see the power with which Jesus heals alternates in this setting.*

We sometimes use fairly detailed prayers for these things because alternates often do not have a clear understanding of the work of the cross. We also want the alternate to have the experience of specifically laying down their old life and embracing their new life in Christ.

Once an alternate has been through these prayers, we see a visible change in the face of the counselee. (Their face reflects the personality of the alternate at this point, not the core.) Some alternates are too beaten down to look me in the eye, or even open their eyes, when they first manifest. Once they've come to know Christ as Savior, they gain strength and confidence. Most willingly look at me and cooperate readily with our work from that point forward.

I often find myself spending more time coaching alternates than working through confession and repentance. If there is one thing alternate needs to know, it is that they are loved and fully accepted by Jesus. They need to know that they can quit carrying their shame and guilt and experience the transforming presence of Jesus. This is their first and most important step to a healed life.

Demons cause alternates to see truth backwards. An angry alternate may need to be told that Jesus can do a better job of judging and rebuking people than he can. Alternates that withdraw from people need to know that Jesus can protect them better than they can through withdrawing. They then need to know that they can trust Jesus to protect their heart as they lovingly reach out to people to build relationships. They also need to know how to handle problems when they come up.

Some alternates must be handled with great care. Those that have born the brunt of sexual abuse often hate men and must learn that they can trust me, a man who wants to help. They may carry so much depression and hopelessness that they want to go away before we can start the healing process. In these

times, the Lord Jesus wonderfully fills in the gap and helps them find the courage to stay up and work with us. We may ask them to “just see” if Jesus will show them love and peace if they accept him as Savior. By the grace of the cross, I can say that he has never failed to do so!

Alternates speaking to the core personality

Once we are through with their healing prayers, we ask the alternates to speak to the core personality. We give them a chance to tell the core that they are sorry for what they have been doing and that they will no longer act out in the way they have been. Then they tell the core that they would like to be fused with them when the core is ready.

Later, after the alternate has been put in a safe place, we will have the core speak to the alternate. The core will tell the alternate that they are sorry for breaking them off and that they want them to be fused with them as well.

Uncooperative alternates

It is possible, but rare, to find alternates who are unrepentant and will not cooperate with the Lord. Usually this turns out to be a demon who is trying to pass itself off as an alternate. This is easily taken care of by asking the Lord Jesus to chain it to the ancestral, *only if it is not a true alternate personality*. If it is a demon, it goes away, and the core personality comes back. If it remains, we know we have an alternate.

If in spite of our best efforts, the alternate is unrepentant, we have the option of amputating it. *This happens only as a last resort*. When an alternate is amputated, the counselee loses a set of destructive behaviors, but they also lose part of themselves. It is not something to be taken lightly. I have only been faced with amputating a stubbornly rebellious alternate one time. This alternate was destructive, rebellious, and expressed no fear of hell. It stubbornly insisted that it did not want Christ, and would not consider salvation, no matter how I pleaded with it. It said it fully intended to continue its destructive behavior patterns in the life of the core personality. To my relief, before I was through with the prayer, the alternate was in tearful repentance, wanting to stop its stubbornness, and accepted Christ.

Finding the next alternate

We always ask the alternate if they will help us find others. We’ve never had one refuse. Some are caretakers of other personalities. If so, we can ask the Lord to bring up the ones that the caretaker has been responsible for. Once we have them, we go through the same questions as before. We ask the caretaker to speak for the others (unless some want to speak for themselves.) The caretaker will then lead the others in prayers like those described above, following our lead.

If we don’t have a caretaker, we can ask the alternate to help us find others. Sometimes they already know about others and may know names. If so, we ask the Lord to bring those up. If not, we go back to using living parables and word-pictures. We ask the Lord to put the cooperative alternate on a high place where they can see, hear, and feel what else is going on. We explain that the Holy Spirit gives them the ability to

see with his eyes, etc. The alternate usually closes their eyes, and as we pray, they move their head as they look around. They may report seeing another personality or, sometimes, demon(s).

If they see a demon, we ask the Lord to put it in chains made of Jesus' blood and take away its power, etc. The alternate then confirms that the demon has been immobilized. If the alternate sees another personality, we speak with them next. Alternates find others roughly 50% of the time. It is rare that a single alternate can see every other personality in the system.

Following word-pictures

Sometimes the alternate will see landscapes and paint us a word-picture of what they see. This is a truly inspiring experience! Everything in the landscape will have meaning. It can be like taking an inventory of the soul. The knowledge gained is always useful in helping set the counselee free.

I've had an alternate see a buried treasure, and upon opening it, the Lord revealed to me that he was seeing heavenly riches that God planned to bless the man with as he walked out his healing. He saw a lake, so we looked in the water. We found a number of active demons represented as sharks, octopi, etc. Immediately upon asking, the Lord had them immobilized and in chains. Demons like this are usually trying to block us from finding other alternates.

One counselee saw an aggressive, angry demonic bull in a western-style livestock ring. I asked the Lord to demote it and take it captive, not knowing exactly what would happen. The alternate then reported that the bull had changed to a calf and was being lead out of the ring with a rope around its neck! How glorious our Lord is in all his ways! Dealing with powerful demons in ways that completely disarm all threats while showing his omnipotent superiority over all creation!

One alternate drew for us a landscape with two hills that contained caves. There was a shimmering tree in between the hills that I believe was the Holy Spirit in the form of the Tree of Life. The caves were ways of alerting us that the flipside was being held captive by demons. It was being held at the bottom of one of the caves. We spent several hours discovering the legal ground that allowed the demons to hide the flipside. Once that was confessed and repented of by the core, the flipside came up after less than ten seconds of asking for it!

The search of a landscape always finds other alternates. Each succeeding alternate will see the same landscape and take turns searching it after they are healed. The previous alternates will stay with the newly healed one and help them pick up the search. The senior alternate in the group may ask to conduct the search after each healing, to which we are glad to oblige.

If the alternate finds nothing

If the alternate does not see anything, we then ask the Lord to put in a safe place where they can wait to be fused. We then ask the Lord to bring the core personality back up. We then begin our search for the

next alternate using the same approach that we began with. In a non-SRA victim, we usually find between five and nine alternates, sometimes more.

Finishing the search

Once we believe that we may have found all of the alternates, we conduct a final end-to-end search. We ask the Lord to bring to us all of the alternates that are waiting to be fused. We ask God to put them in a high place and search for alternates by ages. We will typically start at birth and look for others by age brackets. We will look for ages 0 – 5, 6 – 12, 13 – 19, 20 – 29, etc., until we reach the age of the counselee. If we do not find any others, we ask the Lord to put the alternates in a safe place while they wait to be fused with the core.

Fusing personalities

At this point we lead the core through a prayer in which they ask the Lord to fuse them with all of their alternates. This is a fairly detailed prayer that can involve repentance, renouncing previous behaviors, claiming back ground previously surrendered to Satan, and confessing their newfound freedom in Christ.

We verify fusing by attempting to call them up using the same approach used earlier. We then ask the core if anything is bothering them, or if anything feels wrong. If so, we investigate the problem and continue to look for alternates until we are satisfied that we have found everything.

Next, we lead the core to ask the Lord to do one of four things with the enemy. There is a Biblical premise for doing this. Jesus promised that what we bind on earth will be bound in heaven. (Matthew 18:18) He also told us that have permission to ask for *anything* that helps us fulfill the ministry commission he has given us. (John 14:13-14) Because of these promises, we know that we can ask the Lord to place demons where they will never bother any of us again. It is still up to Him to decide what to do with the enemy in this process. We typically ask the Lord to do one of four things with the demons, depending on how much trouble they have given us.

We the lead ask the Lord to do one of four things with demons that manned strongholds affecting the believer:

- 1) Put them in the bottomless abyss.
- 2) Put them in the Lake of Fire and let them begin their eternity now.
- 3) Annihilate them with the breath of his holy mouth. (Thessalonians 2:8)
- 4) Or simply bind them so that they will never bother the counselee, nor anyone connected to them ever again.

While we cannot choose what God does with demons, we have every right to ask him for these things. (We have seen indications that God does indeed send demons to one of these destinations when we ask.)

Final check for demonic legal ground

We make one more check to ensure that no strongholds remain on any type of legal ground. We cover all types of ground that we know of including curses, mindsets, clones, illnesses, or any other type of ground that the Holy Spirit needs to reveal.

If we find that the ancestral hasn't left, then we know that it still has some legal ground that needs to be removed. We continue to work until we find it. This is done under the guidance of the Holy Spirit, whose job it is to convict us of sin, righteousness, and judgment – which covers everything needed to gain your freedom. (John 16:8)

We want counselees to understand that full and complete healing is always achievable through Christ. However, sometimes the road to getting there requires a lot of work. The work is more than worth the effort as judged by the beauty of the new life seen in counselees who are set free!

Dealing with generational sin

Once the person's personal ministry is finished, we deal with ancestral bondage that passed through them to their children. We believe that it is possible for a parent to take responsibility for the generational sin that was passed down to their children, and in doing so, have it forgiven and called back. Some people write that this works only if the child is under the "age of accountability." We believe that the Lord has led us to a complementary truth: We deal with generational sin on the basis of *responsibility in the person through whom it passed down*. This would be the parent who did not stop The generational sin from being passed down to their children. This is done through a simple prayer of confession at the end of formal ministry.

Follow-up

As I'm sure you can see by now, we try to be as thorough and careful as possible to catch all oppression in a counselee. There are numerous checks and balances to make sure that we are getting everything and achieving the results that the counselee needs to be free.

We ask all of our counselees to follow up with us at least once a week for a minimum of six weeks. We have had the privilege of being in the lives of some counselees through joys and trials long after they finished their ministry.



Risa's story

It doesn't take horrific abuse to cause a piece of one's soul to shatter. Sometimes the wounding done to our heart by others is not intentional, but the impact is the same – a broken soul. When I was six months old, my father abandoned my mother with no money and no way for her to take care of my brother and me. My aunts got together and devised a plan to get her into college, so for the next three years, I went to live with an aunt and uncle while my brother lived with grandparents. I was told by my aunt when I was older that when she took me to live with her, I was “spoiled” and had to be “broken” from crying. My mother didn't mean to harm me; she was just trying to survive from her own woundedness. But as a six-month-old, the abandonment by my mother, the most important person in my world, caused a part of my soul to shatter. Modern psychology calls these parts “coping mechanisms.” The wounded part, or personality, that was formed believed that to not be abandoned, one must be very good.

The wounded personality thinks it is actually helping the core to cope with life. But the ancestral demon controls the wounded part and works to reinforce that lie, calling in other demons in his network to exert pressure and cause further wounding. That happened when my mother left me again with an aunt when I was five to marry my stepfather. I remember crying for hours in my bed, believing she was not coming back and that I would be abandoned again. She did come back for me, but my stepfather was not a good husband or father. He was emotionally abusive, and I was afraid of him. (Late in life he accepted Christ.) Other parts splintered off as time went on and I was programmed to believe that performance, perfectionism, and people-pleasing were ways I could keep myself from ever being abandoned or rejected again. This way of coping is also called “self-protection,” and anything we trust in to keep ourselves safe besides God is sin.

Even though I was saved at age 12 and began walking in earnest with the Lord at age 21, these were traits in me that could not be overcome by Bible study, prayer, or counseling. Yes, I would get relief for a while, sometimes for a long period, but then something would threaten my security, and the wounded parts would take control. Everything in one's life is affected by a wounded soul—choice of mate, parenting styles, job decisions—not always negative choices, but choices made by wounded parts are motivated by demons rather than the Holy Spirit.

I grew as a Christian as I walked with the Lord, and this is probably the most perplexing aspect we have in looking at a personal need for freedom ministry. Everything looked okay from the outside, and to a degree everything was okay. My saved core was under the control of the Holy Spirit and was bearing fruit. But with a split soul, there was a messy war going on which is best described by Paul in Romans 7. I believe he may have been describing this condition when he said that although his inner man concurs with the Spirit and wants to do what is right, he finds a war waging in his members (his flesh), and he can't do what he wants to do....except for Christ.

Jesus came to bind up the broken-hearted. He didn't say to go to church so many times a week, memorize “x” number of Scriptures, pray so many times a day, and eventually you'll get it right. He came to heal the broken parts, to make one whole. The clear sign with me that something was horribly wrong inside were

the emotional meltdowns. Oh, when I was younger, I could pass them off as hormones and PMS. These things do affect women. But like a pressure cooker, steam would bubble up from time to time because I could only cope so long without my soul crying out. The little child in me, who was me, was still afraid of being abandoned. But my emotions would stabilize, and things would calm back down for varying periods of time.

Literally years went by and the normal cycle of life continued....joy, sadness, pain, peace. But in the year before I received complete healing, my emotional upheavals became more frequent and also frightening. I felt as though I was losing control at those times. My emotional reactions were well out of balance in response to whatever incidents had sparked them. I believe the Lord was allowing them to intensify as I gained knowledge of this deeper ministry because He had appointed the time for me to be healed. Until this time I had no knowledge of my true condition and the healing that was possible. Now, He was allowing, so to speak, the lid to blow off the pressure cooker.

My life had certainly not been a mess. I have always felt blessed among women because of my relationship with the Lord and the good gifts He has given me in my life. No one would have looked at my walk and believed anything was amiss within my soul. I could have continued on and would have grown in the Lord and probably continued to have a ministry with women. You see, the Lord didn't need to heal me in order for me to grow in Him; He chose to heal me. God isn't concerned with making us better versions of ourselves. His goal is to make us like Christ. We will be on this journey until we are in heaven, but He will heal us along the way as we seek Him. He sees our wounded hearts and hears the cry of our souls, and He has provided the answer.

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