

## Generational Curses Worksheet

Some questions that can get you to think about any events in your ancestors lives that might have created an entry point for Satan and his kingdom. As you read the list of questions, think about what spiritual problems might have come out of the issues.

Here are some things to consider when preparing your family tree ....

### Marriage/Birth

- Is there any history of pregnancy before marriage?
- Illegitimate births?
- Committed relationships?
- Relationships full of strife.
- Affairs? Fornication? Pornography?
- Had an abortion or participated in/sponsored an abortion
- Had repeated miscarriages
- Died in a mental institution, nursing home or prison, especially those who felt lonely, unloved and/or abandoned

Evidences of curses/sins/iniquities can include the following

- Unusual, tragic, extremely painful or violent deaths
- Committed or attempted suicide
- Family members were murdered or died in tragic ways such as accidents, wars or violence
- Had an abortion or participated in an abortion
- Had repeated miscarriages
- Illegal activities
- Committed to a mental institution
- Diagnosed with mental illness - insanity
- Died in a nursing home
- Died without resources
- Died alone
- Estranged from family
- Was in prison, died in prison
- Ungodly grief, depression, emotional or mental illness present
- Untimely deaths. This could include, for example, any pattern of death in the family ie. die at an early age, men die of heart attacks, women die in child birth etc.
- A history of mistreatment or abuse by other people – victimization

- Wandering, being a vagabond – no place to live going from city to city, job to job, relationship to relationship. No stability.
- Failure in business

### Financial issues

- Misuse of money
- Never having “enough” money
- Unjust gain
- Cheating
- Stealing
- Gambling
- Not giving with a giving heart
- Bribes with money
- Crooked or illegal means of obtaining money or financial gain
- Selling illegal items
- Illegal sale of drugs
- Robbing others or being robbed
- Embezzlement
- Poverty
- Failure in business
- Bankruptcy
- Lack
- Foreclosures

### Tendency to Chronic illness

Physical and mental, predisposition to family members being chronically ill or constantly ill. For example - the same illnesses seen in succeeding generations. Some examples of diseases or illnesses that can be seen passed from one generation to another.

- Arthritis
- Syndrome X
- Birth defects
- Cancer
- Diabetes
- Obesity
- Depression
- Scoliosis
- Allergies
- Heart disease
- High blood pressure

- Mental retardation
- Mental illness/disorders
- Nervous conditions ie panic attacks
- Obsessive compulsive disorders
- Respiratory illness ie asthma
- Skin problems
- Ulcers
- Sickneses from childhood that continue into adulthood
- Sickness that does not respond to medication or treatment
- Barrenness, infertility

Please note that this is not an exhaustive list – but an example of common issues.

### Occult

Evidence of occult activity, demonic or oppressive spirits

- Any involvement with the occult
- Idolatry
- Worshiping idols
- Oaths and pledges to occult or to false idols or false gods
- Masochism
- Involvement in activities such as witchcraft, astrology, spiritualism, divination, magic, voodoo, divination, spiritism, channeling of spirits, meditation, New Age or non-Christian religions of any sort
- Openings oneself to powers of the spiritual realm, such as pre-cognition or other psychic abilities
- Hypnosis
- Made a blood covenant with Satan or involved in Satan worship
- Involved with a witch or other persons involved in the occult
- Watching frightening movies or things of the occult
- Reading things associated with the occult

\*\*\* For detailed information of the occult – please see the worksheet that was posted on [www.perfectinglove.com](http://www.perfectinglove.com) for that teaching.

### Sexual Sin Issues

- Adultery / fornication
- Prostitution
- Homosexuality, lesbianism
- Incest
- Pornography (homosexual, heterosexual or child)
- Sexual perversions such as bestiality and pedophilia

- More than one partner at one event - orgies
- Fetishes – this can include any type of perversion
- Voyeurism
- Exhibitionism
- Incest
- Transvestism
- Homosexuality or Lesbianism
- Sadism
- Masochism.
- Molestation
- Rape
- Frequent lustful thoughts
- Frequent sexual fantasy
- Abortion

#### Other sins/iniquities that can be seen in the family

- Perversion of family order – ie matriarchal witchcraft, men not head of family
- Dominating females
- Controlling others
- Violence
- Incest
- Any type of abuse (physical, mental, emotional)
- Prejudice against any group ex. Racial, religious
- Murder
- Pride
- Rebellion
- Mistreating others
- Greed
- Stealing
- Lying
- Gossip
- Vows and oaths
- Yelling and screaming
- Slander
- Perverse speech
- Love of Material possessions
- Bitterness, unforgiveness, anger personality traits.
- Destructive patterns in relationships
- Addictions – ex – drugs, alcohol, illegal drugs, prescription drugs, gambling, smoking, obesity etc. (see unloving spirit teaching at [www.perfectinglove.com](http://www.perfectinglove.com))
- Divorces
- Several marriages

- Control – ex. Matriarchal control
- Manipulation
- Black sheep – example someone rejected
- Scape goat of the family – all sins blamed on one person.
- Striving
- Perfectionism
- Depression
- Joining clubs or groups or organizations that are ungodly – ex. Masons, sorority, fraternity etc.
- Rebellion, uncontrolled anger and violence
- Involvement with events of great sin, evil or trauma e.g., massacres, plagues, slavery, conquests, the Holocaust etc.
- Ethnic origin issues – negative traits, cultural evils, oppression, curses (e.g., European, Asian, African, Native American or Caribbean ancestry, etc.)
- Swearing or using foul language
- Critical, judgemental behavior and thoughts.
- Envy and jealousy
- Perfectionism
- Independence \_\_\_\_
- Isolation
- Selfishness, self pity, self centeredness
- Pride and arrogance
- Rebellion
- Worry and Anxiety
- Hopelessness
- Despair
- Inferiority
- Insecurity
- Inadequacy
- Abandonment
- Incest/Molestation/Rape/Robbery/Satanic Ritual Abuse and Programming
- Divorce/Parents or Spouses/other members of your immediate family divorcing
- Being Unmarried/Childless/Abortions
- Being in Dysfunctional Family/Marriages/Friendships – any dysfunctional relationship
- Loss of Spouses/Friends/Parent/Children
- Financial Loss/Poverty and/or Fear of Poverty
- Sickness and Disease throughout Life
- Parents speaking Fear of God/Devil
- Lies from Parents/Siblings (You are adopted, etc.)
- Coarse Jestings/Victimization/Family Scapegoat

Was there Conflicts with and rejection by people both in the family and in the public?

- Parents/Siblings
- Peers
- School/Teachers
- Bosses
- Pastors
- Doctors
- Mates/Children
- Government and/or Legal Systems
- Wounding in Churches and the church system
- Rejection by Girlfriends/Boyfriends

Witnessing violence/verbal, physical, emotional, sexual abuse

- Home
- Juvenile Homes/Foster Homes/Orphanages
- Military Service
- Boarding Schools
- Keeping Family Secrets
- Being Afraid and Anxious on a Daily Basis in the Home Environment

Broken Heart

- Unfulfilled Expectations and Broken Dreams

These lists are not exhaustive – but they are meant to give you a starting point so that you can look into your own life and the life of your ancestors to see where you may have a curse operating in your life.