Ritual Abuse More Info and Tips for Hotline Workers

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Definition

The term "ritual abuse" is used to mean different things: it can mean "ritualistic" abuse: repetitive, planned out, compulsive abuse by an isolated perpetrator. More frequently, it describes abuse by an organized group of people, most often by a satanic cult. This presentation is about abuse in satanic cults.

The abuse is used to gain ultimate control over another human being, control by torture of the mind, body, and spirit. The abuse happens as part of a ritual. It can happen at any time but is especially likely to happen on a child's birthday and on satanic holidays, which include May 1, Halloween, Easter, the solstices, and Christmas. The cult tries to destroy any kind of life-affirming connections based on caring, replacing them with connections based on torture and death.

Because the abuse begins when the individual is a young child, the effects are deeply ingrained. The child is not developmentally sophisticated enough to understand what is happening to her/him. Both girls and boys are victimized, and both men and women are perpetrators. In this presentation we will be talking about women, though most of these issues can be generalized to men.

Programming

(a form of mind control) is the key to ritual abuse: it is an intrinsic element in forcing people to participate and later to be afraid to leave the cult or come forward. The abuse is systematic and designed to bind the child to the cult. Members of satanic cults try to create a new reality for the child based on fear. They may set out to create multiple personalities which they can control. This is achieved by:

Torture of the Body

Survivors have been gang raped, electroshocked, buried alive, hung from ceilings by their hands/feet, and drugged to increase their sense of helplessness.

Torture of the Spirit

Survivors are forced to choose in no-win moral dilemmas: "You can watch this cat be slowly tortured to death, or you can kill it." (Purpose: to get her to believe she is part of the cult, an evil person). It's not unusual for a girl to be forcibly impregnated, labor induced, and the baby killed. Children have been forced to sexually abuse another child for pornographic pictures. The cult will later use the pornography for blackmail.

Torture of the Mind

Some cults set out to program (brainwash): for example: "When you hear the phone ring, you will jump out the window;" "when you receive a rose you will return to the cult;" "if you tell, I'll kill you, your friend, your dog." Cult members will say, "I love you" or "I'm helping you" while torturing (later, outside the cult, these words will evoke terror).

A child could be anesthetized, wake up with blood on her stomach and be told a thought-detector was inserted in her or a bomb that will explode if she tells anyone. A girl is raped, told it was by Satan and she will have Satan's child; she becomes terrified because in the world the cult has created for her, it seem that this could be true. Cult members further distort her sense of reality by dressing up as priests, policemen, Big Bird, Mickey Mouse - so she learns that anyone could be a cult member and therefore no one is safe to talk to.

Who is Involved?

Anyone can be involved. Often at least one parent is involved, and it can be a whole extended family. It can be pretty unorganized (a bunch of local guys), or very organized with networks that span the country. Some cults even have international connections.

Authority figures are often perpetrators. The child is in the untenable position of being expected to respect and obey adults who torture her. Doctors are sometimes associated with cults, to give medication, to keep someone alive while bringing her to the brink of death, to perform "magick" (e.g. fake) surgery. People who work for the FBI, lawyers, police, people high up in government, have been said to be satanic cult members.

The abuse occurs in many different settings, including homes, day care centers, churches and outdoors. In day care centers, the child is told that her parents know this is happening and want it to happen but "don't you ever tell them about it." In churches, children are forced to participate in satanic rituals by cult members who also worship God.

How and Why it Continues

Children don't tell because of fear of being killed and guilt about the acts they have been forced to commit. The child does not understand that she really had no choice and feels a terrible responsibility for the decisions she was forced to make.

Parents who are not involved in cults don't imagine that such a thing could be happening because ritual abuse is so far from their experience and their view of the world. Some warning signs in children are: problems going to the bathroom, problems eating certain foods, fear of certain colors, nightmares, and not wanting to be separated from parents. But the fact is that any of these warning signs can look like "normal" problems of development.

Many mental health professionals question if it really happens or believe some survivors but think most are making it up. Ritual abuse is a terrifying subject and it is often easier for people to deny that it occurs than to deal with it.

Many survivors do not remember until years after the abuse occurred because one of the defenses for dealing with such overwhelming trauma is to forget that it ever happened. When they do remember, they think they must be crazy - because how could such an insane thing really happen?

Symptoms of Previous Ritual Abuse

The credibility of every ritual abuse survivor is on trial. That is why it is so important for us as listeners to be supportive and open-minded. A survivor may seem crazy to someone who has never been involved with a satanic cult because of the defense mechanisms she has developed to survive:

- She may have flashbacks (including body memories), and can go into physical shock.
- She may experience incredible culture shock outside the cult and have great difficulty trusting or relating to people.
- She may be confused about what happened, and sound incoherent when questioned.
- She may have multiple personalities.
- She may cut or injure herself to try to drive away the memories or punish herself for what she's been through..

If you think about it, these reactions make a lot of sense. The mind deals with the trauma by creating defenses in order to cope. The important thing to remember is that, although some ritual abuse survivors have severe reactions, they will not always manifest these symptoms. We should not distance ourselves

from survivors; most survivors cannot be differentiated from anyone else. You probably already know someone who has survived ritual abuse!

Societal structures also have a vested interest in disbelieving survivors. The idea of ritual abuse is so terrifying that society reacts by denying that it could happen. The same thing happened with the idea of battering and incest; because people didn't believe it happened, for them, it didn't exist. Acknowledging that ritual abuse is a problem is the first step towards dealing with it.

Differences Between Incest and Ritual Abuse Survivors

- It takes an extremely long time for someone to accept that she is a ritual abuse survivor. A ritual abuse survivor is often aware that she is a survivor of incest or that she has multiple personalities long before she realizes that she is a survivor of ritual abuse.
- Trusting people will be a big issue. She may feel that the cult is omnipotent. Who can she trust? Her therapist, a friend, us? She will be very scared that anyone she speaks to may be a part of the cult or that the cult will find out that she is revealing what happened to her. She may not want to tell her name and may ask if you are in a cult. It's a good idea to acknowledge her fear: "I can understand that you are very scared. It makes sense; it will go away in time."

Do not try to convince her you are not in a cult. (There are therapists who are in cults, and many survivors have experienced "fake therapy," so it is sensible for a survivor to be cautious.)

If we are not ourselves survivors of ritual abuse, then we must remember that her language and our language, though they use the same words, do not always mean the same things. In many cases words mean their opposite in the cult; Love = Hate, Comfort = Pain. It is important to understand this if we are to form a connection with the survivor. To a survivor, "I want to help you" may mean "I am going to hurt you."

- There is more isolation and less support for the survivor of ritual abuse. Because this issue has only recently begun to be talked about as a phenomenon that impacts significant numbers of people, there are very few support systems in place. And because the survivors feel that they are in danger, it is very difficult for them to reach out to anyone for fear of retribution from the cult.
- Contending with programming

Programming is when people are conditioned to respond in a certain way to a specific stimulus (a trigger). For example: someone hanging up the phone when you answer it, someone saying "I love you," or wearing the color black will provoke a set response such as "I've got to call the cult," "I'm going to kill myself," etc. Some people will seemingly react calmly, thinking, "Well, I just have to do it," while others will feel very anxious and may go into shock.

Resisting the message feels like "fighting for my life" while simultaneously feeling tremendously isolated, alienated, and powerless. The impulses come very suddenly, with a sense of urgency - "I have to do this right now." They also go away abruptly. (This is very different from women who are suicidal, whose feelings develop over time). There are "call-back" years (at 27, 30, 33, etc.) when the survivor feels she must go back or kill herself. Cults will develop multiple personalities to manipulate, to call back to the cult. Resisting the programming brings up extreme panic, terror, and fear of dying. But we cannot stress enough that people are strong enough to resist programming and can heal. If survivors call here for help, they are resisting their programming.

Survivor Guilt

Survivors are plagued by it. She may say, "Why do I have the right to survive? I've seen others die." She may feel she chose to kill someone or chose to kill rather than be killed. This guilt is made worse by the cultural myth that you are a weak person if you succumb to torture. The truth is that any child will choose life over death and that most adults would succumb to the intensity of torture experienced in these cults. Feeling guilt is also a defense against grief; focusing on how bad you were instead of how helpless you were.

A Survivor May Also Feel She was a Perpetrator

This is not true. She did not choose to initiate any of the acts. She was not in a situation in which she could have refused to participate. This is important for us to keep in mind if she reveals anything awful that she did. She was fighting for her life.

Satanic Holidays

It's good to know when a holiday is coming up because you will be prepared for more calls. Just asking a caller if they are aware of the holiday can be very helpful; even survivors with many years of healing often "dissociate" (e.g. forget) holidays.

The ceremonies usually take place the eve of the holiday and sometimes last for three days or a week. When holidays cluster together, as they do in the spring and late December, survivor reactions are especially strong.

Different cults observe different holidays or stress one more than another, depending on their traditions. Here is a list of the most common ones.

- Ancient pagan holidays based on the sun. (These are also celebrated by modern pagans in loving and non-abusive ways.) There is one holiday every 6 1/2 weeks.
 - February 2. Candlemas. (lives on as Ground-hog day!)
 - March 21 or 22. Spring Equinox
 - May 1. Beltane. (lives on as May Day)
 - June 21 or 22. Summer Solstice
 - August 2. Lammas
 - September 21 or 22. Fall Equinox
 - October 31. Samhain (lives on as Halloween)
 - o December 21 or 22. Winter Solstice
 - o The full moon is often observed, and sometimes the new moon as well.
- All major Christian holidays.

Christmas, Ash Wednesday, Mardi Gras, Palm Sunday, Easter. Sometimes a particular saint's day (St. Valentine's day is common), or the Ascension of the Blessed Virgin Mary.

- All major secular holidays.
 - including (in the United States): Valentines Day, Memorial Day, the Fourth of July, Labor Day, Mothers' Day, Fathers' Day, and Thanksgiving. Any three-day weekend can be observed.
- Cult members' birthdays, marriage anniversaries, and death anniversaries. Sometimes arrangements are made to have these events occur on a holiday.
- Some cults also observe the Jewish holidays, an ancient Roman Halloween-type holiday on August 24, Hispanic holidays like the Day of the Dead, and a tradition of "Marriage to the Beast" in early September.

Handling Crisis Calls

The ritual abuse survivor knows what's best for herself at any given time!

• Try to establish safety and support, but don't try to get her to dwell on remembering, especially if she is feeling like killing herself - there may be more triggers in the memory. Do not encourage her to talk about specifics, such as people and places, on the phone. Talking in depth about her

experiences may be too much for her to handle. Our role should be to offer support in a non-threatening way. We should be aware that a satanic holiday, her birthday, or a call-back year may be behind a ritual abuse survivor's freaking out, even if she does not realize this.

- **Build a connection.** She will feel very isolated, because to build connections with people may bring back memories of what relationships mean in the cult. Isolating herself may be her way of keeping safe. If she is able to reach out to us, she is taking a step toward breaking away from that isolation.
- Counteract programming. She may be aware of the concept and remember her programming, or she may not. Be careful and delicate about what you say, and leave interpretations to her.
 "Sometimes people have reactions on days they were abused; does that seem true for you?" If she is aware of programming, you can remind her that the feelings will pass.
- Encourage her to outsmart her programming. If she knows something will trigger her, she can plan what she will do instead. For instance, she can plan to be with someone during a satanic holiday. Or she can prepare herself for being triggered and take steps to prevent doing harm to herself.
- Reprogramming/deprogramming. The goal is to not be programmed. There is no quick fix. She
 will not be able to go to a therapist and just get "reprogrammed." Even if this were possible, what
 would be the point? She still would not be her own person. The healing process is very gradual,
 and takes place tiny triumph by tiny triumph. Some examples of actions that counter
 programming:
 - Saying, "I'm a good person. I did not deserve ritual abuse."
 - Making a friend
 - Getting some support
 - Telling someone, "I am a ritual abuse survivor"
 - Realizing, "I am still alive" (The more times I don't kill myself, the weaker the programming gets.)
- Accept mistrust. She may say, "How do I know you are not in the cult?" thinking that you are a cult member. You can't prove to her that you aren't, and her fear is reasonable, given her experience. It's better to say something like, "I can't convince you; trust me as much as you feel comfortable. Or "It's good that you are cautious about who you trust at first." Trying to convince her that you are okay will not be helpful.
- Counteract survivor guilt. Affirm her goodness. Assert that she didn't really have a choice. She was a tool used by the cult, not the initiator of any harm she was involved in. Don't get into "yes, but..." with her. If she argues, say, "I believe you are a good person, I believe you were used, but you need to decide for yourself."
- **Don't expect her to feel all better after the call.** Hopefully, she will have made a connection and not feel quite so isolated. But she may feel even worse. It is absolutely exhausting to work through these feelings and thoughts.
- Validate feelings, not programming. "Yes, that is what they told you, but I don't believe they put a bomb in your stomach." "Naturally you'd be terrified if they lied to you like that."
- Share feelings. "I really feel sad that these things have happened to you. They never should have happened." "I'm angry that children get treated like that. It's more than not fair, it's outrageous."
- If you say something that seems to trigger her, follow with something like, "I'm sorry, I didn't mean to scare you." or "Maybe I used a word that upsets you." Don't feel too bad, because there

is no way you can know exactly what her triggers are. If you stumble onto one, try to figure out what the trigger was and help her deal with her feelings.

• Set limits. It is not helpful to encourage her to go on and on. If she is spilling, telling her whole history, bring it to some focus. Tell her that other survivors find that, in the long run, it is helpful to talk for short, frequent periods, or to focus on one subject. If you end the call, leave her with a message of trust, such as "I know you have the power to take charge of your life and live with dignity."

It's so important that we make connection, person to person, to undo what ritual abuse is all about.

Male Callers

Until now, we have used 'she' instead of 'he/she.' Yet 50% of the children abused in cults are male. Except for impregnation, abortion, and birth, boys are abused in all the same ways that girls are.

Male survivors, because of our culture, have even more problems remembering their abuse and asking for help. Men are supposed to be strong and self-sufficient, aggressive enough to fight off any attack. Our mythology says that men and boys are never raped, especially not by women. And yet there are fewer resources for men - fewer shelters, fewer books on healing from abuse, even fewer knowledgeable therapists.

Male callers tend to be more isolated, more afraid of being blamed or scapegoated (even to being presumed to be perpetrators), and have more authority problems than women callers. And we have less experience dealing with male survivors, and therefore haven't had the chance to work through our own feelings about wounded men.

It's often helpful to acknowledge these facts and to validate men's unique burdens as survivors.

Personal Safety and Competence

You will undoubtedly pick up some of your caller's feelings, just as you do in other situations. Fear is especially contagious.

To our knowledge, no telephone crisis counselor has been physically hurt by a cult. The cult is more apt to harass the former member or her immediate family. If you can handle somebody with a partner on crack, PCP, or alcohol, you have more than enough skills to protect yourself from cult harassment.

Your fear is normal, though. It comes from your ability to empathize - the very trait that makes you effective in your work! Your fear is also stronger if you are just beginning to talk to ritual abuse survivors and the whole concept is still foreign, frightening, and exotic. You don't know what to believe, or whether you can trust your own instincts.

In the beginning, you may also feel totally incompetent. It helps to remind yourself that ritual abuse survivors are just people, badly hurting people, but just people like yourself. All your skills, everything you already know, will be helpful. You do not realize it, but just listening is a precious gift to a ritual abuse survivor.

As always, support, further training, and making sure you take good care of yourself and have a rich life will help you overcome fear and insecurity.

- HOME
- RITUAL ABUSE
- MIND CONTROL

- IMPACTS OF TRAUMA
- FOR AND BY SURVIVORS
- FOR PROFESSIONALS
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- <u>INTERNATIONAL RESOURCES</u>
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For and by Survivors

- Please read! More resources
- 2014 Ritual Dates and Symbols
- <u>Blogs</u>
- <u>Books on Africa-Centered Religions</u>
- Conviction List: Ritual Abuse Cases
 - o <u>Satanism and Ritual Abuse Archive</u>
 - o <u>Cases That Have Resulted in Convictions</u>
- Crime: Books on Specific Cases
- Cults
- Empirical Studies Related to Ritual Abuse
- <u>Programming Articles</u>
- Ritual Abuse: The Controversy
- Ritual Abuse: History and Analysis
- Ritual Abuse: Primary and Secondary Source Books
- Surveys about Aspects of Ritual Abuse
- White Supremacy and Naziism
 - o <u>Nazi Triggers and Dates</u>

2014 Ritual Dates and Symbols

This page summarizes significant dates and symbols used by various cults and destructive groups.

Each group is different and may celebrate different sets of holidays, placing emphasis on different days. Dates with significance to individual groups, like leaders' birthdays, may also be celebrated. Full and new moons are significant, particularly if they fall on any of the main holidays or the survivor's birthday. Those groups that utilize numerology mark dates whose numbers add up to "power numbers" or dates with repeating numbers, such as October 10, 2010 and November 11, 2011.

Please remember that abusive groups steal, pervert and mock the holidays of legitimate religions. This does not mean that all people who observe these holidays are abusive. It is not their fault that abusive groups choose to defile their sacred days.

For most survivors, the worst symbols and dates are among those listed below. Other ritual calendars on the Internet are listed at http://www.survivorship.org/resources/altcalendar.html There is a German calendar at http://rabbcat.beepworld.de/

Note: For additional information on the following holidays, see:

Halloween http://ritualabuse.wordpress.com/2011/10/02/samhainhalloween/
Yule/Winter Solstice http://ritualabuse.wordpress.com/2012/12/15/yulewinter-solstice/

Candlemas http://ritualabuse.wordpress.com/2012/01/21/candlemas/

Spring Equinox http://ritualabuse.wordpress.com/2012/02/13/the-spring-equinox/

Beltane http://ritualabuse.wordpress.com/2013/04/28/beltane/

Summer Solstice(corrected text)<u>http://ritualabuse.wordpress.com/2013/06/15/well-this-is-embarrassing/</u>

Lamas http://ritualabuse.wordpress.com/category/lamas/

August Ritual Dates http://ritualabuse.wordpress.com/2012/07/23/august-ritual-dates/

Fall Equinox http://ritualabuse.wordpress.com/2012/09/16/the-fall-equinox/

2014 Significant Dates

Abbreviations

- N Nazi, neo-Nazi
- P Pantheistic
- S Satanic
- T Thelemic

January

- 1/1 S New Year's Day
- 1/5 or 1/6 S Twelfth Night/Epiphany
- 1/6 P Dionysian Revels
- 1/6 P Kore gives birth/manifestation of divinity
- 1/6 S Epiphany
- 1/7 S St Winebald's Day
- 11/7 S Orthodox Christmas Day
- 11/12 N Birth of both Rosenburg and Goering, Nazi leaders in WW2
- 1/13 S Satanic New Year
- 1/14 P Prophet's Birthday: the anniversary of the Prophet Muhammad's birth and death. (Muslim)
- 1/14 S Orthodox New Year
- 1/14 P Makar Sankranti: Harvest Festival (Hindi)
- 1/16 S Full Moon
- 1/16 N starts evening of 1/15: Tu Bishvat (Jewish celebration of spring)
- 1/17 S Feast of Fools/Old Twelfth Night/Satanic and demon revels
- 1/18 S Old Epiphany
- 1/18 1/22 P Dream Festival Pleiades
- 1/20 S St. Agnes' Eve
- 1/20 N Martin Luther King Day
- 1/26 S? Australia Day
- 1/30 S New Moon
- 1/30 N Hitler named Chancellor of Germany

February

- 2/1 2/3 P Mysteries of Persephone
- 2/2 S Candlemas/Imbolc
- 2/4 P Vasant Panchami: Worship of Saraswati, goddess of knowledge, ancestor worship (Hindi)
- 2/12 S Lincoln's Birthday
- 2/14 S Full Moon
- 2/14 S Valentine's Day
- 2/15 P Lupercalia (she-wolf mother of Romulus and Remus) honoring of Pan

- 2/17 S? President's Day/Washington's Birthday
- 2/21 2/22 P Feralia/Terminalia Roman All Souls'/boundary day
- 2/25 N Walpurgis Day
- 2/28 P Maha Shivratri (night of Lord Shiva, day of penance) Hindi

March

- 3/1 S New Moon
- 3/1 S? St. David's Day (Wales)
- 3/1 S St. Eichstadt's Day
- 3/2 P Dionysian Revels
- 3/3 S Labour Day (Western Australia)
- 3/3 S? Eastern Orthodox Beginning of Lent
- 3/4 S Mardi Gras
- 3/5 S Ash Wednesday
- 3/9 P Festival of Ishtar Astarte, Aphrodite, Venus
- 3/10 S Labour Day (Victoria, Tasmania, Australia)
- 3/15 P Ides of March: Rites of Cybele and Attis/begins twelve day death and resurrection ritual
- 3/16 S Full Moon
- 3/16 S N starts evening of 3/15: Purim (The deliverance of the Jewish people from Haman in the days of Queen Esther of Persia.)
- 3/17 S? St. Patrick's Day (Ireland)
- 3/18 S P Sheila-na-gig/Sheelah's Day,/Sheelahis Day/Celtic Creatress:/Jacques De Molay Day/Knights Templar:
- 3/20 S N Spring Equinox
- 3/12 T Rituals of the Elements and Feasts of the Times
- 3/20 T Feast for the Supreme Ritual/the invocation of Horus/the beginning of the New Year
- 3/20 T Feast for the Equinox of the Gods/commemorates the founding of Thelema in 1904
- 3/20 3/22 P Pelusia, Invocation of Isis/Tubulustrum Roman purification/Shab-i-barat.
- 3/24 S P Feast of the Beast/ Bride of Satan/Feast of Priapus/Festival of Isis

3/17 - 18 P Holi: Festival of Colors, spring festival (Hindi)

3/30 S New Moon

April

4/1 S April Fool's Day

4/8 S Day of the Masters

4/8 P Ram Navami: Birth of Lord Rama (Hindi)

4/8-4/10 T The Feast for the Three Days of the Writing of the Book of the Law

4/13 S Palm Sunday

4/15 - 4/22 N starts evening of April 14: Passover/Pesach (Celebrates the deliverance of the Jewish people from slavery in Egypt.)

4/15 S Full Moon

4/15 S Total lunar eclipse. Visible in North and South America and the western Pacific.

4/15 P Hanuman Jayanti: Birth of Hanuman, shape shifter (Hindi)

4/17 S Maundy Thursday

4/18 S Good Friday/Orthodox Good Friday

4/19 S Holy Saturday/Orthodox Holy Saturday

4/20 S Easter Sunday/Orthodox Easter Sunday

4/20 N Hitler's birthday and alternate birthday (Note: Hitler was born on Easter, so Nazis celebrate his actual birthday, 4/20, and Easter of the current year. This year Easter falls on 4/20.).

4/21 - 5/1 or 4/30 - 5/5 S Grand Climax/Da Meur/

Third week of April S Preparation for sacrifice in some Satanic sects

4/25 S? Anzac Day (Australia, New Zealand)

4/26 - 5/1 P Corpus de Baahl

4/27 S King's Day (Netherlands)

4/28 N starts evening of 4/27: Yom HaShoah (Holocaust Memorial Day)

4/29 S New Moon

4/29 S Annular solar eclipse. Visible in a small part of Antarctica. Partial eclipse visible in the Southern Indian Ocean and all of Australia.

4/30 S N Walpurgisnacht/May Eve

4/30 N Anniversary of Hitler's death

May

- 5/1 S N Beltane/May Day/ Labour Day in Europe
- 5/5 S? Labour Day (Northern Territory, Australia)
- 5/5 S? Cinque de Mayo (Mexico)
- 5/6 N starts evening of 5/5: Yom Ha'atzmaut (Israeli Independence Day)
- 5/8 N V-E Day (Victory in Europe, WW2)
- 5/9 5/13 P Lemuria: Roman expulsion of evil spirits
- 5/11 S Mothers' Day
- 5/13 S All Soul's Day in New Zealand
- 5/14 S Full Moon
- 5/17 S? N? Armed Forces Day
- 5/19 S? Victoria Day (Canada)
- 5/26 S Memorial Day
- 5/27 P Isra and Mu'raj: The night when the Prophet Mohammad traveled from Mecca to Jerusalem, ascended to heaven and returned. (Muslim)
- 5/28 S New Moon
- 5/29 S? Ascension Day (also Eastern Orthodox)

June

- 6/2 S Queen Elizabeth's birthday observed (New Zealand)
- 6/4 6/5 N starts evening of 6/3: Shavuot (Marks the giving of the Torah at Mt. Sinai.)
- 6/7 S ? Sacred Heart of Jesus
- 6/6 N D-Day: invasion of France in WW2
- 6/8 S Pentacost (also Eastern Orthodox)
- 6/9 S Queen Elizabeth's birthday observed (Australia, except Western Australia)
- 6/13 S Full Moon
- 6/13 S Friday the 13th
- 6/14 S Queen Elizabeth's birthday observed (United Kingdom, Canada)
- 6/15 S Fathers' Day
- 6/21 S? First Nations' Day (Canada)
- 6/21 S Summer Solstice

- 6/21 T Rituals of the Elements and Feasts of the Times
- 6/23 S Midsummer's Eve
- 6/23 S St John's Eve
- 6/24 S Lighting the Midwinter Bonfires in New Zealand
- 6/27 S New Moon
- 6/29 10/5 P Ramadan: period of fasting, self-evaluation and spiritual growth (Muslim)

July

- 7/1 S Canada Day
- 7/4 S Fourth of July/US Independence Day
- 7/12 S Full Moon
- 7/14 S Bastille Day
- 7/24 S Pioneer Day (Mormon)
- 7/24 P Laylat al-Qadr/Night of Destiny (Muslim)
- 7/25 S St. James' Day/Festival of the Horned God
- 7/26 S New Moon7/29 N Hitler proclaimed leader of the Nazi party

August

- 8/1 S N Lamas/Lughnasadh
- 8/5 N starts evening of 8/4: Tisha B'Av (Jewish Day of Mourning)
- 8/10 S Full Moon
- 8/10 P Raksha Bandhan; celebrates the bond of protection between brothers, sisters, and cousins (Hindi)
- 8/12 T Feast for the First Night of the Prophet and His Bride
- 8/15 S Assumption of the Blessed Virgin Mary
- 8/17 P Krishna Janmashtami:Birth of Krishna (Hindi)
- 8/24 P Mania/opening of Nether World Gate
- 8/24 8/27 P Fundus Mundi/a three day late-harvest festival
- 8/25 S New Moon
- 8/28 P Feast of Nephthys, wife of Set, Goddess of Death, marks the end of Fundis Mundi

8/29 P Ganesh Chaturthi: Birthday of Lord Ganesha, god of wisdom, prosperity, and good fortune (Hindi)

September

- 9/1 N Start of WW2
- 9/1 S Labor Day (US, Canada)
- 9/5 9/7 S Marriage to the Beast Satan
- 9/7 S Feast of the Beast9/9 P Pitr Paksha: 16 day period when spirits visit their descendants' homes (Hindi)
- 9/9 S Full Moon
- 9/16 S? Mexican Independence Day
- 9/20 9/21 S Midnight Host
- 9/21 T Rituals of the Elements and Feasts of the Times
- 9/23 S N Fall Equinox
- 9/23 10/2 P Mysteries of Eleusis
- 9/24 S New Moon
- 9/25-10/3 P Navaratri: Fall Festival. Worship of Durga, Lakshmi and Saraswati (Hindi)
- 9/25 26 N (starts evening of 9/24) Rosh Hashana (The Jewish New Year, Day of Judgement)
- 9/29 S Queen Elizabeth's birthday observed (Western Australia)
- 9/29 S? Michaelmas

October

- 10/4 N starts evening of 10/3: Yom Kippur (Jewish Day of Atonement)
- 10/4 P Dussehra: Celebration of Kali's victory over Mahishasura, triumph of good over evil (Hindi)
- 10/5 P Opening of Mundus Cereris
- 10/5 8 P Eid al'Adha/Feast of Sacrifice: Remembrance of the prophet Ibrahim's willingness to sacrifice his son. (Muslim)
- 10/6 S? Labour Day (Australian Capitol Territory, South Australia, New South Wales, Queensland, Australia)
- 10/8 S Full Moon
- 10/8 S Total lunar eclipse, Visible in the Western third of North America, all of New

Zealand, and the Eastern quarter of Australia

10/9 - 10/15 N starts evening of 10/8: Sukkot (Jewish harvest festival)

10/12 S? Dia de la Raza (Mexico)

10/13 S N? Columbus Day (USA)

10/13 S Thanksgiving (Canada)

10/13 S Backwards Halloween

10/16 N Death of Rosenburg

10/17 starts evening of 10/16: N Simchat Torah (Jewish celebration of a complete cycle of readings of the Torah)

10/19 N Death of Goering

10/20 N Hitler's half-birthday and alternate birthday half-birthday

10/22 - 10/29 S Preparation for All Hallows' Eve

10/23 S New Moon

10/23 S Partial solar eclipse. Visible in most of North America.

10/23 - 28 P Diwali: Festival of Lights: The end of Lord Rama's exile, killing of a demon by Krishna's wife (Hindi)

10/24 S? N? United Nations' Day

10/25 P Muharram: Islamic New Year (Muslim)

10/31 S N Halloween/Samhain/All Hallows Eve/ Hallowmas/All Souls' Day

 $10/31\ P$ Preparation for The Isia ring of six: Isis, Hathor, Nepthys, Horus, Thoth,

Anubis/ Resurrection of Osiris

10/31 S N Start of the Celtic new year, the "dark" half of the year

November

11/1 S All Saints' Day

11/1 - 11/6 P The Isia: six days' ritual drama/search for pieces of Osiris/feast of the netherworld, parting of the astral veil/resurrection of Osiris:

11/2 S All Souls' Day

11/2 S Day of the Dead (Mexico)

11/4 S Satanic Revels

11/5 S? Guy Fawkes' Day (UK)

11/6 S Full Moon

11/7 P Hilaria/Mania/Opening of Mundus Cereris/rebirth of Osiris

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11/9 N Kristallnacht
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11/11 N Veteran's Day: Armistice, 1918 (US)

11/11 N? Remembrance Day (Canada)

11/7 S Thanksgiving (USA)

11/22 S New Moon

11/30 S St Andrew's Day (Scotland)

11/30, 12/7, 12/14, 12/21 S The Sundays of Advent

December

12/5 S Sinterklaas (The Netherlands)

12/6 S Full Moon

12/6 S St. Nicholas' Day

12/13 S ? St. Lucia's Day

12/17 - 12/24 begins evening of 11/26: N Chanukah (Jewish festival of

Light/Triumph of light over darkness)

12/17 - 12/22 P Saturnalia

12/21 S St. Thomas' Day/Fire Festival

12/21 S N P Yule/Winter Solstice

12/22 S New Moon12/22 T Rituals of the Elements and Feasts of the Times

12/24 S N Christmas Eve/Satanic and demon revels/Da Meur/Grand High Climax

12/25 S N Christmas Day

12/26 S Boxing Day (UK, Canada, Australia, New Zealand)

12/26 S? St Stephen's Day (Scotland, Ireland)

12/31 S New Year's Eve

Symbols

Triggering items and symbols vary a lot; what is an everyday or harmless object for one survivor can send another into a panic. What follows is a selected list; the number of items and symbols used by various cults to condition their victims is endless.

• Evil eye, horned/hooded man, pentacle, pentagram, inverted cross, swastika, moon, cloven hoof, goat's head. The number 666 (or 66). Numbers

in multiples of 3, especially 6. Numbers with a lot of 6's or 7's in them (or 3's or 9's, sometimes 5's). Numbers that add up to (via numerology) 3, 6, 7, 9, 11. Dates with these numbers in them or dates with repeating numbers.

- The pyramid with an eye in it (like on the dollar bill). Crucifix, cross, robes (especially black ones). Roses, six-pointed star. Reciting and/or reading numbers, letters, or words backwards, chanting. Tree of Life (from the Kabala). Blood, knives, guns, needles, bonfires, S/M paraphernalia, depictions of group sex, pedophilia.
- Anything from Christianity, Freemasonry, the Illuminati, or Paganism.

 Popular culture representations of witches, Satan, ghosts, goblins, Halloween characters/decorations, etc. Cemeteries, funerals, dead bodies, coffins. Nazi symbols.
- Santa Claus, clowns, or TV or cartoon characters. Movies: The Wizard of OZ, Alice in Wonderland, Fantasia, other Disney movies. Movies and TV shows referring to mind control, matrixes, or amnesia. Star Wars, The X Files.