

## **HOLY SPIRIT HEALING MINISTRY INTERNSHIP**

### **Deliverance: A Ministry of Healing**

#### **Session I: “Introduction to Deliverance”**

#### **Binding Prayer(Fr. Richard McAlear, O.M.I. and Betty Brennan):**

In the Name of Jesus Christ, by the power of His Cross and Blood, we bind the spirits, powers, and forces of the earth, the underground, the air, the water, the fire, the netherworld, and the satanic forces of nature. We rebuke any curses, hexes, or spells and send them back where they came from. We bind any demonic interaction or interplay or communication, in the Name of Jesus Christ. We claim the protection of the shed Blood of Jesus Christ over us, this place, over our loved ones, homes, pets, and possessions. Amen.

#### **I. First Things First, Protection—Jesus Christ Binds the Strong Man:**

##### **A. Jesus Once and For All Conquered Satan, Sin, and Death on the Cross! Jesus Christ is Lord!**

1. Not a struggle with equal opponents
2. Deliverance is the practical application of the Lordship of Jesus Christ over an individual or place that has been adversely affected by Satan.
3. Evil spirits must obey all commands given in the Name of Jesus Christ.

##### **B. Importance of the Binding Prayer**

1. Binding **asserts the power and authority of Jesus Christ** over Satan.
2. The **Binding Prayer protects** those in ministry, our loved ones, as well as the person(s) we hope to help.
3. The **Binding Prayer eliminates** or at least greatly reduces unpleasant and possibly dangerous **demonic manifestations**.
4. Binding **lasts 3 days to several months**

#### **II. Deliverance as an Integral Dimension of Healing Ministry:**

##### **A. Healing for the Whole Person:**

1. Body—physical healing
2. Soul—inner healing
3. Spirit—deliverance

##### **B. Pastoral Protection:**

1. We need our pastor’s approval, support, blessing
2. Following chain of command essential
3. Obedience, humility

**C. Deliverance only Utilized after Inner Healing Prayer**

1. Not to be rashly used
2. Akin to surgery
3. Proper spiritual preparation ensures better results.
  - a. inner healing prayer
  - b. discernment of spirits
  - c. reception of Sacraments of Reconciliation & Eucharist
  - d. fasting, intercessory prayer

**D. Misconceptions about Deliverance---“Three D’s”**

1. **Drastic**—seen as an extreme course of action if inner healing/psychology fails—if Satan is believed in at all.
2. **Dirty**—Who needs the slime, folks on the floor retching, vomiting, screaming, foul language?
3. **Dangerous**—You could get beat up. Evil spirits might enter you, somebody else, or the dog!

**D. Wisdom--A Balanced Approach:**

1. Deliverance belongs to us all, “the children’s bread.”
2. Sign that the reign of God is at hand
3. Availability of, but not preoccupation with deliverance necessary for a sane approach(e.g., fire and police protection).

**E. Degrees of Demonic Influence:**

1. **Mild---Ministry—self-deliverance:**
  - a. universally experienced
  - b. temptation(The Devil made me do it!)
  - c. oppression—demonic attack from without
2. **Moderate—Ministry—deliverance:**
  - a. 10->30% of a given assembly
  - b. obsession(infestation)
  - c. individual remains mostly in control
  - d. any condition short of full possession
3. **Severe—Ministry—official exorcism:**
  - a. rare < 1% of cases we would normally encounter
  - b. requires the intervention of the local bishop in cases of full possession

**F. Types of Deliverance:**

1. **Self-deliverance**---repentance and the Sacrament of Reconciliation, reception of the Holy Eucharist
2. **Communal Deliverance**—often takes place spontaneously during praise and worship, adoration of the Blessed Sacrament
3. **Deliverance of Individuals**—best accomplished by a team
4. **Deliverance of Places**—house blessings, sacrament

### III. The Primacy of Love in Healing Ministry:

#### A. God IS love(1Jn 4:16-5:4)

1. Fear is conquered and driven out by love(v 17).
2. We can love, because He has loved us first(v 19).
3. Keeping God's commandments is a sign of our love(5:2).
4. Obedience and willingness to serve flow from our love for God.

#### B. Jesus' Name Means "God Saves/Heals":

1. **Salvation is forgiveness**(Mk 2:1-12)
2. **Salvation is healing:**
  - a. hearing for the deaf(Mk 7:31-37)
  - b. seeing for the blind(Lk 18:35-43)
3. **Salvation is eternal life!**

#### C. Love is a Healing Balm:

1. Deliverance is a "**ministry for wholeness, not just freedom**" (Betty Brennan)
2. **Listen to one's brokenness.** Love, affirm, touch, bring into community the isolated, hurting one.
3. Commitment to **long-term ministry** to someone, once we begin
4. Love brings wholeness and freedom.

### IV. Loving Those Seeking Ministry:

#### A. Pray Only With Someone You Can Love(Francis MacNutt)

1. Lay hands **hastily** on no one(1Tm 5:22)
2. Sometimes a referral is in order.
3. If you do not feel God's love for the one seeking healing, refer.
4. Cincinnati healing retreat example...

#### B. How to Love Someone Asking for Prayer:

1. Remember he is a child of God whom God loves without end
2. Rely on God's love to expand your limited love, to supply your lack of love and compassion.
3. Before you even begin to pray for someone and you notice a "love deficit," ask the Lord to let you feel His love for the individual seeking healing.
4. Demonstrate "practical love" by assisting the one seeking healing to build relationships in Christian community.
5. Be patient—love endures and grows over time.

#### C. The Role of Touch in Healing Love:

1. Appropriate touch is healing in itself.
2. Touch communicates the power of the Holy Spirit.

3. “Lay hands on the sick”(Mk 16:18)
4. Prudence and modesty are necessary in hugging, holding.
5. Team approach for accountability, safety.

**D. Sometimes Loving Means Saying “No”:**

1. Love fosters humility—no “messiah complex”
2. Boundaries, limits are absolutely necessary
3. Saying “no” to a request for healing may be the best response.

**V. Love Heals Our Hurts:**

**A. We all experience pain and suffering in our lives:**

1. Broken relationships
2. Disappointments, tragedies, grief
3. Physical and emotional illness

**B. We all need healing:**

1. Jesus bore our suffering(1Pt 22:21-25)
2. Some hurts are very deep—need inner healing.
3. Love(God) heals our hurts!

**C. Love is *SO* essential in Deliverance Prayer:**

1. Love opens the heart to possibility of freedom and wholeness
2. Love fosters emotional growth, frees from dependency.
3. Love introduces one to communal life in Jesus Christ.

**VI. Deliverance, A Ministry of Love to God’s People:**

**A. It is *crucial* to remember that we minister to a hurting person—*not to demons!***

1. We are dealing with **wounded human beings.**
2. We **don’t minister to demons, but to people.**
3. **Love, care, affirmation—our primary focus**

**B. Binding and Casting Out Demons is Secondary:**

1. Once someone **knows he is loved** expulsion of demons is easy and usually uneventful.
2. Hurts are **healed by God’s love**—inner healing.
3. **No leverage left for evil spirits**, so they often leave before they can be cast out.

**Practicum: Growing in God’s Love**

## SOME SCRIPTURAL REFERENCES TO DELIVERANCE

Gen 3:15	Eve as prototypal woman(human), instrument of sin Our Lady as the instrument of grace and salvation
Ps 91	We have God's power to trample down the Enemy!
Lk 10:17ff	"I have given you power to tread on snakes...." Note use of perfect tense—this power is permanently given to us!
Eph 6:10	Our strength is from the Lord's armor of protection.

## SOME SCRIPTURAL REFERENCES TO SATAN

Gen 3:4, 14; 2Cor 11:3	Serpent	1Cor 6:15	Belial
1Kg 22:22	Lying Spirit	2Cor 4:4	god of this world
1Chr 21:1 Job 1:6 Acts 5:3; 26:18 Rom 16:20	Satan	Eph 2:2	Prince of power of the air; spirit at work in the children of disobedient
1Sam 16:14	Evil Spirit	Eph 6:12	Ruler of the darkness of this world
Mt 12:24 Mk 3:22 Lk 11:14	Beelzebub	1Pt 5:8	Adversary
Mt 4:1 Lk 4:2, 6 Rev 20:2	the Devil	Rev 9:11	Abaddon
Mt 13:39	the Enemy	Rev 9:11	Angel of the Bottomless Pit
Mt 12:24	Prince of Devils	Rev 12:9; 20:2	Old Serpent
Mt 4:3; 1 Thes 3:5	Tempter	Rev 12:10	Accuser of our

Mt 12:43                      Unclean Spirit

Mt 13:19, 38                Father of Lies

Jn 8:44

Reference: *Nave's Topical Bible*

## **HOLY SPIRIT HEALING MINISTRY INTERNSHIP**

### **Deliverance: A Ministry of Healing**

#### **Session II: "Deliverance Ministry: Some Practical Guidelines"**

#### **Binding Prayer(Fr. Richard McAlear, O.M.I. and Betty Brennan):**

In the Name of Jesus Christ, by the power of His Cross and Blood, we bind the spirits, powers, and forces of the earth, the underground, the air, the water, the fire, the netherworld, and the satanic forces of nature. We rebuke any curses, hexes, or spells and send them back where they came from. We bind any demonic interaction or interplay or communication, in the Name of Jesus Christ. We claim the protection of the shed Blood of Jesus Christ over us, this place, over our loved ones, homes, pets, and possessions. Amen.

**A Seven-Step Deliverance Procedure(Weilert, Allan M. Weilert, M.T.S. D.C., "Deliverance Ministry: Some Practical Guidelines," *The Journal of Christian Healing*, 17:1-2, pp. 23-29.**

- Step One:      Substantial Inner Healing Prayer**
- Step Two:      Interview**
- Step Three:    Discernment of Spirits**
- Step Four:    Preparation for Deliverance Session**
- Step Five:    Deliverance Session**
- Step Six:      Aftercare**
- Step Seven:   Integration**

#### **I.      Step One: Substantial Inner Healing Prayer:**

- A.      In-depth Inner Healing Prayer, directed by the Holy Spirit**
- B.      Inner Healing Targeted to Trauma/Patterns of Sin**
- C.      At Least One Month Duration---Three to Four Sessions**
- D.      Establishing a Solid Sacramental Life**

## II. Step Two: The Interview:

- A. Only Conducted **if Demonic Activity is Suspected**
- B. Conducted by an **Objective Healing Minister**
- C. **Pertinent Questions**(cf p )
- D. **Careful Observation**
- E. Note Any **Unusual Occurrence** During the Interview.

## III. Step Three: Discernment of Spirits

- A. **ABSOLUTELY ESSENTIAL** to Deliverance Ministry!
  - 1. If you don't have it, **pray for it until you get it!**
  - 2. **At least one team member** must be proficient in using this gift.
  - 3. Very **useful and important gift** for all.
- B. Next Week's Session: **Reception & Exercise of this gift**
- C. **Utilizing Discernment of Spirits in Deliverance Ministry:**
  - 1. **Prior to the Session:** at least 2 discerners to **determine need** to proceed with individual deliverance prayer. 90%+ seeking deliverance don't need it!
  - 2. **During the Session:** **to verify** if all the evil spirits have indeed left
  - 3. **After the Session:** **to assist** the one who received ministry to grow in confidence that he is "clear"
- D. **Some Advantages to Exercising Discernment of Spirits:**
  - 1. **Firmly places the initiative** in planning time and place for ministry in our hands, not in the one seeking ministry, nor in the seeming urgency of demonic manifestations
  - 2. **Fully prepares** the team for effective ministry, **reduces anxiety**
  - 3. **Provides a detailed schema**(a written chart) of what the team must contend with
  - 4. **Avoids unpleasant, time-consuming demonic manifestations** if the team leader must resort to forcing each evil spirit to identify itself before expulsion.

## IV. Step Four: Preparation for the Deliverance Session:

- A. **Spiritual Preparation:**
  - 1. **Personal and Team Prayer** prior to the session:
    - a. review/augment previous discernment
    - b. insure good communication

2. **Enlist Intercessors** to pray before and during the session.
3. **Join Fasting with Prayer.**
4. **Sacrament of Reconciliation** for all involved
5. **Mass just prior to session** if at all possible

**B. Physical Preparation:**

1. **Selection of Team Members(5-8 people)**
2. **Team Meeting:**
  - a. **Assignment of roles:**
    - i. **Team Leader and alternate**
    - ii. At least 2 people with **proven discernment gifts**
    - iii. **Intercessor** in tongues
    - iv. **Intercessor** calling on the protection of the Precious Blood of Jesus Christ
    - v. **Intercessor** praying scripture/litanies
    - vi. **Music Minister**
  - b. **Review of Procedure:**
    - i. **emphasize** lines of authority
    - ii. **confidentiality** concerns
    - iii. maintaining **calm, peaceful** environment
    - iv. **schedule** follow-up ministry and team meeting
3. **Preparation of the Place of Ministry:**
  - a. Reserving a **secluded, secure, quiet** location essential
  - b. Arrange **adequate seating**
  - c. If a priest is on the Team or Eucharistic Minister brings the **Blessed Sacrament**, It must **remain out of reach** to the one being ministered to, in a pyx and placed on a corporal with lighted blessed candles.
  - d. **Other Items:**
    - i. 2 blessed candles and matches
    - ii. Crucifix/relics of the saints
    - iii. Holy Water(an adequate amount)
    - iv. Blessed Oil/Salt
    - v. Kleenex

**V. Step Five: The Actual Deliverance Session:**

A. Remember, Deliverance is **part of the Healing Ministry**—it is a Spiritual Service to Our Brothers and Sisters. **Our Focus is on the Lord** and His Work in Them, **NOT on Demons** !

**B. Begin the Session with Ample Praise & Worship:**

1. After **warmly greeting** the Team and the one being ministered to(with introductions), an opening prayer including **The Binding Prayer** is prayed by the Team Leader.



2. **The Music Minister** leads a time of praise and worship(about 30 minutes).
3. **Time for silence** to exercise the **word gifts** and reflect on any scriptures received

**C. Inner Healing Prayer:**

1. **“Grounding in Jesus”** might be a good place to begin.
2. **Always follow the leading of the Holy Spirit:**
  - a. If He has given a **specific word** or direction—**it is best to proceed in that direction**, rather than what was previously planned to **avoid grieving Him**.
  - b. Again, **periodic silence** to allow for exercise of **the word and revelatory gifts** is essential!

**D. Expulsion of Evil Spirits:**

1. **ONLY the Team Leader is to directly address any evil spirits present!**
  - a. **This is crucial** for the effectiveness and safety of all present.
  - b. **No one is to usurp this role, under any circumstances.**  
It would be better to conclude and re-schedule the session, rather than proceed should the Team Leader become ill or must leave for some serious reason.
2. Utilizing the discernment already received, the **Team Leader carefully begins with the weakest set of evil spirits:**
  - a. First, **the Ruler Demon** in each group is **bound away from its throne and away from any outside influences**(interplay or inter-communication) and **away from all six of the evil spirits** assigned to it. **Any aspects or attributes are bound away from the Ruler Demon, as well.**
  - b. Then, the **Team Leader binds each of the six evil spirits** in that set, **casting each of them out, in the Name of Jesus Christ.** It is best to begin with the weakest and conclude with the strongest of the six evil spirits.
  - c. Next, the Team Leader **must be certain that all the minor six evil spirits have indeed been cast out** before going on to cast out the Ruler Demon. Ask the discerners and the rest of the team for feedback. Very often, some of these spirits attempt to “hide.”
  - d. Finally, the Team Leader **again binds the Ruler Demon and casts it out, in the Name of Jesus Christ.**

- e. These steps are repeated for each set of Ruler Demons until all are expelled.
- f. The very last one to be cast out is the demon in charge, e.g. a Throne oversees six Ruler Demons, which in turn rule six evil spirits. **The Throne is the last to be cast out.**
- 3. This procedure, done under the guidance and with the power of the Holy Spirit **takes place in a reasonable amount of time, i.e., less than 1 hour.**
- 4. **It is wise to limit the session to 2 hours.** If more time is necessary, schedule another session:
  - a. If the session lasts too long, both the team and the one being ministered to can **become overly fatigued.**
  - b. **Mistakes can be made,** resulting in an incomplete deliverance.
  - c. It would not be detrimental at all to the one seeking deliverance to have to wait a few days or a week, since the **Binding Prayer would be in effect.**

**E. Subsequent Inner Healing Prayer:**

- 1. The best inner healing is **salvation:**
  - a. Renew **Baptismal Promises**
  - b. **Receive Jesus Christ** as Personal Lord and Savior
  - c. Pray for the **Baptism in the Holy Spirit**
- 2. Invite the Holy Spirit to **“fill in the empty spaces”** and cleanse the one just delivered.

**F. Thanksgiving:**

- 1. Don't forget to conclude the session with praise and thanksgiving to the Lord, for **He is always victorious** over Satan! Alleluia!
- 2. Brief **praise and worship** time led by the Music Minister.
- 3. **Scheduling of Follow-up Ministry** with the one just delivered
- 4. Sign of Peace
- 5. Cleansing Prayer and **Binding of any Retaliatory Spirits**

**VI. Step Six: Aftercare:**

**A. Follow-Up Inner Healing:**

- 1. **Seals** what God has accomplished
- 2. Insures **continued growth**

**B. Call to Accountability:**

1. It is a good idea to check on the one just delivered within a few days to **offer encouragement**
2. **To stay free**, he must be faithful to nurturing his new life by pursuing dynamic spiritual growth.

**C. “Be-friending”**

1. Introduces the newly delivered to **participation in a healing community**
2. **Can be risky**, however .
  - a. **Avoid dependency relationships.**
  - b. Be aware of **transference-counter-transference issues.**
  - c. **Directly address any problems** and enlist someone trained in psychology for assistance, if necessary.

**VIII. Step Seven: Integration:**

**A. Walking in Christ’s Freedom toward Wholeness:**

1. **Facilitate transition** from passive recipient to a productive, mature, serving member of the Body of Christ.
2. Encourage him to become **active in his parish** and challenge him to **discover ways to share his new freedom**, e.g. serve as an intercessor for future ministry or work with the poor.

**B. Moving From Recovery to Integration Difficult for Some:**

1. One’s need for inner healing and deliverance was the apparent cause of loving attention, now the **focus must be shifted** to a healthy, **outward point-of-view**—from “poor me” to “how can I serve others?”
2. In addition to exploring ministry opportunities, exercise, appreciation of art, music, writing, nature, and travel can be wonderfully healing
3. Don’t forget to encourage the acquiring a good sense of humor!

## **HOLY SPIRIT HEALING MINISTRY INTERNSHIP**

### **Deliverance: A Ministry of Healing**

### **Session III: “Receiving and Exercising Discernment of Spirits”**

#### **Binding Prayer(Fr. Richard McAlear, O.M.I. and Betty Brennan):**

In the Name of Jesus Christ, by the power of His Cross and Blood, we bind the spirits, powers, and forces of the earth, the underground, the air, the water, the fire, the netherworld, and the satanic forces of nature. We rebuke any curses, hexes, or spells and send them back where they came from. We bind any demonic interaction or interplay or communication, in the Name of Jesus Christ. We claim the protection of the shed Blood of Jesus Christ over us, this place, over our loved ones, homes, pets, and possessions. Amen.

#### **I. Discernment of Spirits, What Is It?**

##### **A. A Revelatory Gift of the Holy Spirit(1Cor 12):**

1. **Revelatory**—uncovers hidden things
2. **Gift---charism**—by definition, unearned
3. **Of the Holy Spirit**---given to edify the Body of Christ

##### **B. Received by All to Some Degree:**

1. **Akin to conscience**, but not ESP
2. **Like an Intuition/gut-feeling**, but not from oneself
3. “Grace builds on nature.” Aquinas
4. As with all the charisms, **not necessarily an indication of holiness**

##### **C. Discernment of Spirits—Plural?**

1. **Test the spirits(1Jn)**. Are they good/evil? What’s going on?
2. Unmasks deceit with the Truth.
3. **Exposes and thus frustrates** the work of the Enemy.
4. Gives a detailed outline of the **anatomy of evil** at work in someone infested with demons.

##### **D. Assists the Church in Many Ways:**

###### **1. In Pastoral Ministry:**

- a. In the Sacrament of Reconciliation
- b. In pastoral counseling
- c. In marriage preparation
- d. Helps keeps ministry true to Christ’s teachings and obedient to the Magisterium and the Holy Father.

###### **2. In Healing Ministry:**

- a. An “**early warning system**” to exercise caution
- b. Assists in **more effective inner healing** ministry by “cutting through the bull”

- c. **Determines need** for and in the exercise of deliverance

**3. In Vocational Discernment:**

- a. Aids one to **listen to the Holy Spirit's direction** while sorting out mere “good ideas” and other distractions
- b. **Assists vocation and formation directors** to accept the right candidates and to suggest avenues for spiritual growth
- c. **Helps singles to marry the “right one”** instead of making a disastrous wrong choice

**II. Discernment of Spirits, How Can I Receive and Exercise It?**

**A. First, Realize You Are Already Filled With the Holy Spirit!**

- 1. **You already have the Source** of every good gift within you by virtue of your Baptism and Confirmation.
- 2. You have **yielded your life to the Holy Spirit's fuller movement** within and through you by receiving the **Baptism in the Holy Spirit.**
- 3. The Lord has already equipped you—**check your tool box!**

**B. “Ask and You Shall Receive!”**

- 1. **Now, was the Lord fooling when He said this?!!**
- 2. **Ask**—progressive tense—“keep on asking”
- 3. **Receive**—get ready for action, responsibility

**Practicum: Receiving and Exercising the Gift of Discernment of Spirits**

**HOLY SPIRIT HEALING MINISTRY INTERNSHIP**

**Deliverance: A Ministry of Healing**

**Session IV: “Understanding the Anatomy of Evil, Part I”**

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**I. Deliverance Ministry is the “Nuclear Warhead” of Spiritual Warfare:**

- A. Because It Is So Powerful, Care Must be Taken When Ministering**

**Deliverance:**

1. **Deliverance is a “Declaration of War”:**
  - a. Assurance of **one’s resources** crucial
  - b. We fight not against human beings, **but against dark spiritual sovereignties and powers**(Eph 6:12).
2. **Jesus Christ Binds the “Strong Man”(Mt 12:29)**
  - a. He has conquered Satan once and for all on the Cross!
  - b. The “roaring lion” cannot devour us—we are protected.
3. **Jesus Christ is Victorious! He Has Won the War!**
  - a. **The Kingdom of God is at Hand** and Satan’s kingdom is crumbling(Mk1)
  - b. **Jesus saw Satan fall from Heaven(Lk10:17)**
  - c. We express Jesus’ Victory when we work signs and wonders in His Name(Mk 16)

**B. In Jesus Christ, We Tear Down the Six Demonic Strongholds:**

- |                 |                                    |
|-----------------|------------------------------------|
| 1. <b>Air</b>   | 4. <b>Ground</b>                   |
| 2. <b>Water</b> | 5. <b>Netherworld(Hell itself)</b> |
| 3. <b>Fire</b>  | 6. <b>Satanic Forces of Nature</b> |

**C. We Put on God’s Armor, One Piece for Each Stronghold! (Eph 6:10-15):**

- |                                       |  |
|---------------------------------------|--|
| 1. <b>Truth as a belt</b>             | 4. <b>Faith as shield</b>                              |
| 2. <b>Justice as a breastplate</b>    | 5. <b>Salvation as helmet</b>                          |
| 3. <b>Zeal to evangelize as shoes</b> | 6. <b>The Word of God,<br/>The Sword of the Spirit</b> |

**D. Spiritual Gifts and Intercessory Prayer(Eph 6:18-20):**

1. **Pray in the Spirit—in tongues**
2. **Prayers and petitions**
3. **Pray constantly**
4. **Prayer for those in leadership**

**II. Three Categories of Evil Spirits(McAlear & Brennan):**

**A. “Ministering Spirits”:**

1. **“Minister” in a negative sense** to the brokenness of a person:
  - a. usually mild
  - b. “clingy” people often have these evil spirits
2. **85-90% of Deliverance Deals With Ministering Spirits:**
  - a. enter through **the open door of trauma**
  - b. **or a hurt** that becomes “infected” by evil

**B. “Cardinal Spirits”:**

1. **Named “Cardinal” for the Seven Cardinal(Deadly) Sins:**
  - a. **pride**
  - b. **envy**
  - c. **covetousness**
  - d. **anger**
  - e. **lust**
  - f. **gluttony**
  - g. **sloth**
2. **Enter after repeated patterns of sin**(pre-supposes a well-formed conscience)
3. Individual’s will is key here—must avoid occasions of sin
4. Counseling may be needed.
5. Seeking and freely choosing repentance important
6. Personal responsibility must be taught to strengthen the weak will.
7. Bind/cast out evil spirits if necessary.
8. Continue loving ministry to brokenness.
9. Stress one’s need for Christian community.

**C. “Occult Spirits”:**

1. Have a **direct connection to Hell, Satan himself**
2. **Enter as a result of occult involvement:**
  - a. satanic coven
  - b. witchcraft
  - c. ouija boards, astrology, tarot, séances, astral projection, Silva Mind Control, New Age
  - d. charms, e.g. Italian Horn(god of fertility worn for protection against the evil eye)
  - e. seeking power/knowledge outside the Kingdom of God
3. Contact with satanic world can be done consciously or unconsciously **with the same effects:**
  - a. **Doing something occult-related “for fun” or “not believing in it” can be very dangerous and offers no protection!**
  - b. Example of a tornado—whether one believes in it or not--if you’re in the way, you’re in trouble!
4. “Occult Spirits” must be dealt with directly:
  - a. **Binding essential** here!
  - b. Absolutely **DO NOT dialogue** with them!
  - c. **Repentance and renunciation of the occult** necessary—**must be renounced 3 times.**
  - d. Confess occult involvement in the **Sacrament of Reconciliation!**

**III. Other Important Points:**

**A. Discovering the Name of Evil Spirits:**

1. **Breaks their power**
  2. Through discernment of spirits, it is **best to have their names prior to the deliverance session.**
  3. Evil spirits can be commanded to identify themselves, but this **can pose some problems** :
    - a. time-consuming—stalling tactics
    - b. may be unreliable
    - c. may be difficult to command to silence once they start talking
    - d. may reveal some embarrassing information about the one being ministered to, or about the deliverance team
- B. Demons Have Three Names:**
1. **Generic Name**, e.g. fear, anger, lust, etc...
  2. **Proper Name**, e.g. Lucifer, Gog, etc...
  3. **Nonsense Name**, e.g. answer to a command to identify itself: “*No*, I won’t. *No*, I don’t have to. *No*...” “*No*” is the nonsense name here.
- C. Casting Out Demons—Where do They Go?**
1. In the Name of Jesus Christ, send them directly to His Feet to be disposed of as He Wills.
  2. There is some question regarding our authority to order them to Hell. It is safer simply to send them to Jesus Christ.
- D. “Power Sources”:**
1. **Objects that attract the presence of evil spirits**
  2. **Examples:** occult books, charms, amulets, idols(Buddahs, etc..), tribal masks, drums, etc...
  3. **Remove these objects from home/office** and destroy, preferably burn them.
  4. **Sever ties with people involved in the occult.**

**Practicum: Practicing Deliverance Prayer**

## **HOLY SPIRIT HEALING MINISTRY INTERNSHIP**

### **Deliverance: A Ministry of Healing**

#### **Session IV: “Understanding the Anatomy of Evil, Part II”**

**Binding Prayer(Fr. Richard McAlear, O.M.I. and Betty Brennan):**In the Name of Jesus Christ, by the power of His Cross and Blood, we bind the spirits, powers, and



forces of the earth, the underground, the air, the water, the fire, the netherworld, and the satanic forces of nature. We rebuke any curses, hexes, or spells and send them back where they came from. We bind any demonic interaction or interplay or communication, in the Name of Jesus Christ. We claim the protection of the shed Blood of Jesus Christ over us, this place, over our loved ones, homes, pets, and possessions. Amen.

## I. Aspects of Evil Spirits(McAlear, Brennan):

### A. Aspects---What a Spirit is “Made of”

1. **Aspects are characteristics** that make that entity unique.
2. E.g. a hand—palm is the spirit, fingers are the aspects
3. Like a **complex personality**, not multiple spirits
4. **Most evil spirits have 1-3 aspects.**
5. Aspects serve as **protection from being expelled.**
6. **Examples of aspects:**

a. disobedience	e. pride
b. defiance	f. mockery
c. deceit	g. mute/deaf
d. games(disturbing manifestations)	
7. **Example: A spirit of guilt might have the following aspects:**

a. fear	d. withdrawal
b. anger	e. depression
c. rejection	f. lack of self-esteem

### B. Number of Aspects Determines the Rank of a Demon:

1. **666 aspects** indicates **full possession**
2. Essential to bind all the aspects to the evil spirit, insures it all leaves.

## II. Attributes and Endowments of Evil Spirits(McAlear, Brennan):

### A. Attributes Give Evil Spirits Ability to Function in Satanic Hierarchy:

1. **Some Basic Attributes:**

a. intelligence	c. authority
b. knowledge	d. power
c. communication(usually tapping)	
2. Evil spirits might have **one or more** attributes.

### B. Endowments Are a Specialized Type of Attribute:

1. Like **“negative gifts”**
2. Examples:
  - a. mind reading

- b. communication with Satan
- c. ability to summon demons
- d. **“creative force”** feeds on a negative atmosphere to “create” an evil spirit—but this is **not a real creation**, for **only God** can create something out of nothing!
- e. Divination

**C. It Is Possible to Have an Endowment, but not an Evil Spirit:**

- 1. **Psychic abilities**—telling the future, telepathy
- 2. **Some endowments are hereditary.**
- 3. One ought to **lay them at the foot of the Cross** and only accept back what God wishes one to receive.

**III. Seals, Contracts, Curses(McAlear, Brennan):**

**A. Seals are Sign of Ownership:**

- 1. **Christians are sealed with the Holy Spirit.**
- 2. Some people are sealed prior to/following Baptism as **belonging to Satan**, thus setting up an inevitable inner conflict.
- 3. **Caution** required as whom has access to our children!

**B. Two Functions of Seals:**

- 1. **Denotes ownership**
- 2. **Closes a human spirit—a satanic seal must be broken** before deliverance can take place.

**C. How are Seals Imposed?**

- 1. Blood, verbal, or desired **contracts with Satan**
- 2. **Parental dedication(results in a seal) of an infant** to Satan
- 3. Occult involvement *ipso facto*
- 4. Sealed *in utero* due to parental sin

**D. Contracts(Allan M. Weilert, D.C.):**

**One example:** Our experience with a farmer **who “sold his soul” to Satan after** repeated crop failure--contracts can be difficult to deal with, since they **utilize the will** of both of the parties. In this case, the farmer was easily delivered, due to his deep, heart-felt repentance. A priest on our team heard his confession at once and the farmer experienced a complete deliverance there with no further ministry necessary. Praise the Lord!  
**Behold, the Power of the Risen Jesus Christ in His Sacraments!**

**E. Curses:**

- 1. **Pronounced 3 times** in mockery of the Most Holy Trinity.
- 2. **Must be broken 3 times to effectively break the curse.**
- 3. Renunciation of the curse and breaking it have **immediate spiritual(and sometimes physical) effects.**

4. **Some illnesses can be caused by curses, e.g.** headache, depression, cancer, etc.. We have seen physical healing many times when a **curse causing it is broken**(Allan M. Weilert, D.C.)

**Practicum: Discerning and Breaking Seals, Contracts, Curses**

## **HOLY SPIRIT HEALING MINISTRY INTERNSHIP**

### **Deliverance: A Ministry of Healing**

#### **Session V: “Understanding the Anatomy of Evil, Part III”**

#### **Binding Prayer(Fr. Richard McAlear, O.M.I. and Betty Brennan):**

In the Name of Jesus Christ, by the power of His Cross and Blood, we bind the spirits, powers, and forces of the earth, the underground, the air, the water, the fire, the netherworld, and the satanic forces of nature. We rebuke any curses, hexes, or spells and send them back where they came from. We bind any demonic interaction or interplay or communication, in the Name of Jesus Christ. We claim the protection of the shed Blood of Jesus Christ over us, this place, over our loved ones, homes, pets, and possessions. Amen.

#### **I. Six Levels of Satanism(McAlear, Brennan):**

##### **A. Level Six(highest):**

1. **Ruled by the *Illuminati***—12-13 people who head satanism and witchcraft worldwide
2. Level Six members are **fully possessed** by Satan.
3. Some are mobile, while others remain located in certain cities.
4. **Comparatively few** Satanists/witches are in level six. Especially true of higher levels: there is **much secrecy** and effort to remain anonymous so as to work without opposition.

##### **B. Level Five(for those in witchcraft):**

1. **Designated covens and territories** are in level five.
2. A **coven** is comprised of **15 witches**, while a **territory** is comprised of **15 covens**.
3. **Note: No distinction can be made regarding “white” or “black” magic—all has a demonic source, and is therefore evil. Adherents of “wicca” who claim they are good and do not worship Satan are deluded.**(Allan M. Weilert, D.C.)

##### **C. Level Four(for those in witchcraft):**

1. **Same as in Level Five**
2. **Less exclusive**

- D. Level Three-One:**
1. **Lowest levels of satanism/witchcraft**
  2. **“scum of the netherworld,” self-styled satanists who are blatantly destructive, mutilate animals, leave evidence of their rituals, are obvious by their dress and demeanor, etc...**
  3. **are often child abusers**
  4. **perform hexes, spells, animal sacrifice**
- B. Perverted “Sacramental” System:**
1. **Black Mass**---mockery of the Catholic Mass
  2. **Baptism**-----mockery of Christian Initiation
  3. **Priesthood**----mockery of Catholic Holy Orders
  4. **Ritual Objects**--mockery of Catholic Sacramentals
- C. Hierarchy of Basic Spirits or “Eyes”(6-10 Aspects):**
1. 6 Aspects---“**eye**”
  2. 7 Aspects---“**wing**”
  3. 8 Aspects---“**cherub**”(comes with a in utero seal)
  4. 9 Aspects---“**witch’s wheel**”(summoned and controlled by a witch to control an individual)
  5. 10 Aspects---“**horn**”(An “Italian Horn” protects against “evil eye” which only has 6 aspects.)
- D. Hierarchy of Evil Spirits(12-36 Aspects):**
1. 12 Aspects---“**throne**”
  2. 13 Aspects---“**god**”(includes many Hindu gods, yoga gods)
  3. 14 Aspects---“**denomination**”
  4. 15 Aspects---“**council**”(15 is an important number in witchcraft.)
  5. 16 Aspects---“**demon**”
  6. 22 Aspects---“**self-contained kingdom**”(For some unknown reason, there are no spirits with 17-21, nor 23, nor 25-35 Aspects.)
  7. 24 Aspects---“**prince**”
  8. 36 Aspects---“**principality**”
- E. Framework of Infesting Evil Spirits:**
1. **Rulers**---rule over clusters of 6 evil spirits
  2. **Thrones**---rule over clusters of 6 Rulers(with their own clusters)
  3. **Throne of Thrones**---rule over clusters of 12 Thrones(and all clusters of Thrones and Rulers under it)
    - a. More than 6 Throne of Thrones---**full possession**
    - b. Official Church exorcism required for full possession.

**Practicum: Renouncing Occult Involvement:**

Humanism	New Age Movement	Seances	Spiritism
Crystals	Astral Projection	Tarot Cards	Ouija Boards
Table-tipping	Fortune-Telling	Psychics	Astrology
Charms	Amulets	Potions	Hexes, Spells

## **HOLY SPIRIT HEALING MINISTRY INTERNSHIP**

### **Deliverance: A Ministry of Healing**

#### **Session VI: “Advanced Deliverance: Places and Localities”**

#### **Binding Prayer(Fr. Richard McAlear, O.M.I. and Betty Brennan):**

In the Name of Jesus Christ, by the power of His Cross and Blood, we bind the spirits, powers, and forces of the earth, the underground, the air, the water, the fire, the netherworld, and the satanic forces of nature. We rebuke any curses, hexes, or spells and send them back where they came from. We bind any demonic interaction or interplay or communication, in the Name of Jesus Christ. We claim the protection of the shed Blood of Jesus Christ over us, this place, over our loved ones, homes, pets, and possessions. Amen.

#### **I. Deliverance of Places:**

##### **A. Often Generational Healing Prayer is Sufficient:**

1. **Most “hauntings”** caused by human traumatic death
2. Have a **Mass offered for the repose of the soul(s)** involved.
3. Ask a **priest to bless** the place. **Destroy “power sources.”**

##### **B. Utilize the Sacramentals of the Church:**

1. **Holy Water, Blessed Salt and Oil**
2. **St. Benedict medals**(with the exorcism blessing).
3. Other **blessed objects** such as crucifixes, holy pictures, statues
4. Pray often in the home, especially **powerful is the Rosary**.
5. Play sacred music within the place.
6. Invoke St. Michael and all his angels.

##### **C. On Rare Occasions, a Place is Oppressed by Evil Spirits:**

1. **Deliverance of Place** is appropriate, **enlist a priest**.
2. As with individuals, **use a team approach**.
3. Preparation, **discernment of spirits critical**.
4. The spiritual **authority of a priest** is most helpful.
5. Sometimes, more than one session is necessary.

##### **D. Remember, YOUR Home is Your Sanctuary!**

1. **Don’t put up with “shenanigans!”** Take the offensive by **living a holy life** and the defensive **by commanding any evil present to be bound and to leave at once, in the Name of Jesus Christ!**

2. Our families, homes, businesses, property, and pets **fall under our stewardship/covering**(given to us by Almighty God). We are responsible for praying for their protection.
4. **We are under our pastors, bishops, the Pope, and the Lord!** Spiritual protection is found in humble obedience to God-given authority.

## II. Deliverance of Localities:

- A. In general, **more complex than deliverance of place.**
- B. **Same principles** apply, however.
- C. **Requires extensive preparation**, prayer, fasting, discernment by many intercessors.
  1. **Time-intensive**
  2. **Difficult** to achieve, since the powers over vast areas are quite strong and have authorization by Satan himself to be there.
  3. **May not be complete until much deliverance is prayed for.**
- D. **Caution Needed Before Embarking on this Road:**
  1. **Be sure the Lord is calling you** to this work, then He will win the victory!
  2. **Do not ever attempt** this sort of deliverance alone!

**Practicum: Practice and Tips in Blessing a Home**