



SETTING CAPTIVES FREE

DELIVERANCE MINISTRY FOR EVERYONE

Setting Captives Free

Ten steps to ministering freedom (deliverance)

10 Steps

1. Make sure the person is manifesting

2. Take authority in the name of Jesus

3. Bring the person to consciousness

4. Ask the person if he wants to be free

5. Confirm the person is a Christian

6. Discover the areas of bondage

7. Lead the person to repent and forgive

8. Take authority in the name of Jesus

9. Lead the person in giving thanks

10. Lead the person in praying to be filled

Step 1: Make sure the person is manifesting

- * What is the level of demonisation in the person? How much control does the person have? How aware are they of what is happening?
- * Remind people that Jesus loves them
- * Do not start rebuking and casting out demons every time there is a manifestation; we can create harmful fear in the person
- * Move the person to a safe place first

Physical signs of the demonic

- * Internal sensations of oppression (heaviness or tightness in chest or throat)
- * Loss of control of movements
- * Disfigured face
- * Glassy look
- * Sudden movements (especially violent or convulsions)
- * Hostile look (especially if having difficulty opening eyes)
- * Oppressive sensations in parts of body

Physical signs of the demonic

- * Nervous and sarcastic laughter
- * Loss of memory about what happens when the demon manifests
- * Withdrawal
- * Vomiting or spitting
- * Aggressive words
- * Angry or hostile thoughts
- * Strange voices

Step 2: Take authority in the name of Jesus

- * Basic command: “You must submit in the name of Jesus”
- * This command covers all areas, not just the spiritual
- * Once we give the command, the person and the demons are under the authority of Jesus
- * Team members pray for the leader quietly
- * You may invite the person to say “Jesus” or “Jesus, help me”

Step 3: Bring the person to consciousness

- * Say something like: “[Name], in the name of Jesus take control over your mind and body. Come back now. Open your eyes.”
- * Explain what has happened in non-demon terminology. “You have a spiritual problem.”
- * Be careful not to scare or upset the person.
- * If needed, invite the person to call on Jesus.

Step 4: Ask the person if he (she) wants to be free

- * “Do you want to be free?”

- * If the person does not want to be free, pray for him and let him go. Do not attempt to minister further.

Step 5: Confirm whether the person is a Christian

- ✱ People must accept Jesus Christ as Lord and Saviour in order to be free.
- ✱ If the person is not a Christian, briefly share the gospel and invite the person to ask Jesus to forgive his sin and lead his life. This must be done clearly and verbally, involving a clear surrender to Jesus.
- ✱ If the person is a Christian, invite her to reaffirm her submission to Jesus in a verbal prayer.

Step 6: Discover the areas of bondage

- * Interview the person
- * Ask the Holy Spirit to reveal
- * Look for areas of sin and unforgiveness
- * Be gentle and nonjudgmental, but clear about the need for specificity and openness
- * If there are several issues, a team member should write them down

Step 7: Lead the person to repent and forgive

- * Repentance involves confessing and renouncing
- * Invite the person to pray or repeat a prayer confessing and renouncing each specific situation that has been revealed as a cause of demonisation
- * The prayer must be spoken aloud in the name of Jesus
- * The prayers must be specific!

Sample prayers

- ✱ Sexual bondage: "In the name of Jesus, I renounce all sexual and spiritual bondage to [name of person] and the authority I have given him/her by submitting myself to him/her and offering him/her my body."

Sample prayers

- ✱ Abortion: "I renounce all bondage to abortion. I ask forgiveness for having taken my child's life. Lord, I accept your forgiveness, and I renounce all resentment and guilt against myself."

Sample prayers

- ✱ Hate: "In the name of Jesus, I renounce all the hate I feel toward [name] for having [mention the specific deed]. I forgive him/her, and I bless him/her in the name of Jesus."

Sample prayers

- * Fear: "In the name of Jesus, I renounce all spirits of fear that took over me because [name the reason or the person that caused the fear]. I forgive and bless [name], in the name of Jesus."
- * "In the name of Jesus, I renounce the fear I have of [person or thing]. Lord, I ask your forgiveness for being afraid, because in your Word it says that you didn't give us a spirit of fear, but a spirit of power, of love, and of self-control. I renounce fear, and I bless [name] in the name of Jesus."

Sample prayers

- * Spiritual bondage to occult or false authority: "In the name of Jesus, I renounce all authority over my life given to [name of person or activity], all spirits that operate in [name of person or activity] and all commitment to [name of person or activity]."

Step 7: Lead the person to repent and forgive

- ✱ Invite the person to forgive those the Holy Spirit may identify or those who have emerged from the person's story, especially focusing on each specific situation that has been revealed as a cause of demonisation
- ✱ The prayers must be specific!
- ✱ You may need to explain the biblical idea of forgiveness

Sample prayer

- * “Lord Jesus, I choose to forgive [name the person] for [specifically what was done] which made me feel [name the emotions].”

Step 8: Take authority in the name of Jesus

- * This step involves two elements: breaking all ties in the name of Jesus and driving out all unclean spirits.
- * If the person is not free at this point, it is usually because there is something the person did not deal with or did not deal with specifically enough.
- * Sample command: "In the name of Jesus, unclean spirit, get out of [name of person]."

Step 9: Give thanks to God for freedom

- * Invite the person aloud to thank God for his/her freedom.
- * Lead the person to declare that all glory, honour, and power belong to God alone.
- * If the person struggles with this, it may indicate there is still a problem

Step 10: Lead the person to pray for the infilling of the Spirit

- * Don't pray for the fullness – lead people to pray for themselves.
- * Sample prayer: "Lord, I thank you for my freedom in Christ Jesus. Fill me now with the presence, power, and grace of the Holy Spirit."
- * This step is a reconfirmation of the deliverance. Verify the deliverance before releasing the person.
- * If problems remain, return to step 6

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Wrap Up



Closing Thoughts

- * We need to remember Jesus.
- * We need to remember that we minister to people, not demons.
- * We need to remember that demons are a defeated foe.
- * We need to remember that Jesus has done everything necessary to set captives free; we must now simply minister in His name.

