

SPIRITUAL WARFARE - PSALM 91, PSALM 140, AND TWO SAMPLE DELIVERANCE PRAYERS

Becoming a well-rounded believer in Yahshua is not possible unless it is understood that our walk with God is not a pleasure walk, but a walk through enemy territory. Every living thing on this Earth is caught up in a spiritual battle from the time they are conceived, to the time they die, and without Yahshua and the protection that His Spirit, Name and Blood provide, human beings are at the mercy of Satan, his demon spirits, and his demon-possessed henchmen. As it says in Scripture:

Ephesians 6:11-13 - "Put on the whole armor of God, that you may be able to stand against the wiles of the devil. 12 For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places. 13 Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand."

Our spiritual armor comes from our faith in and love for Yahshua our Messiah. Without faith in Yahshua and God the Father to preserve and protect us, we are sitting ducks in Satan's war against us. For this reason, until believers truly trust God and are actively engaged in routing and defeating God's enemies through DAILY prayer, they are in grave danger. Without an active prayer life, believers can be oppressed and antagonized by demonic spirits, lusts, and addictions, just as their unsaved friends are constantly subject to.

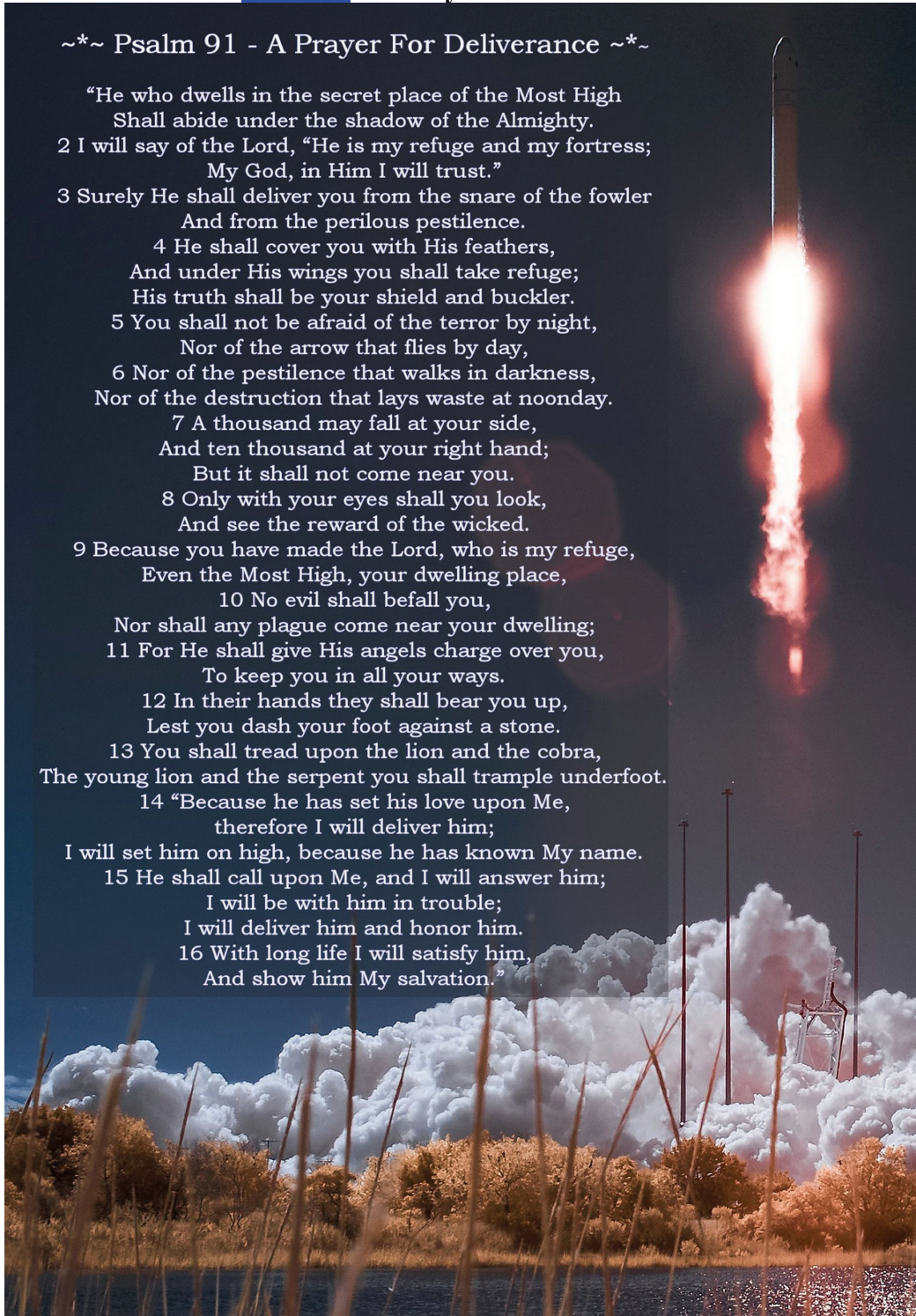
This is why believers in Yahshua need to learn to rely on prayer for deliverance. Sadly, however, the ability to intercede for ourselves and others is rarely taught in today's churches, and so very few believers are equipped to protect themselves and their loved one with prayer. In an effort to remedy this problem, I want to stress here that only Yahweh God can and will free us from demonic oppression and addictions permanently and decisively when we call out to Him or His Son Yahshua for deliverance.

In order to equip the saints with spiritual ammunition to fight the devil, demonic spirits, demon-possessed people, and Satan's demonic helpers, I created this page to give some direction on what sort of prayers should be used. By far one of the most powerful prayers for deliverance in the Bible is [Psalm 91](#), as shown in the graphic below:

~~ [Psalm 91](#) - A Prayer For Deliverance ~~

~~ Psalm 91 - A Prayer For Deliverance ~~

“He who dwells in the secret place of the Most High
Shall abide under the shadow of the Almighty.
2 I will say of the Lord, “He is my refuge and my fortress;
My God, in Him I will trust.”
3 Surely He shall deliver you from the snare of the fowler
And from the perilous pestilence.
4 He shall cover you with His feathers,
And under His wings you shall take refuge;
His truth shall be your shield and buckler.
5 You shall not be afraid of the terror by night,
Nor of the arrow that flies by day,
6 Nor of the pestilence that walks in darkness,
Nor of the destruction that lays waste at noonday.
7 A thousand may fall at your side,
And ten thousand at your right hand;
But it shall not come near you.
8 Only with your eyes shall you look,
And see the reward of the wicked.
9 Because you have made the Lord, who is my refuge,
Even the Most High, your dwelling place,
10 No evil shall befall you,
Nor shall any plague come near your dwelling;
11 For He shall give His angels charge over you,
To keep you in all your ways.
12 In their hands they shall bear you up,
Lest you dash your foot against a stone.
13 You shall tread upon the lion and the cobra,
The young lion and the serpent you shall trample underfoot.
14 “Because he has set his love upon Me,
therefore I will deliver him;
I will set him on high, because he has known My name.
15 He shall call upon Me, and I will answer him;
I will be with him in trouble;
I will deliver him and honor him.
16 With long life I will satisfy him,
And show him My salvation.”

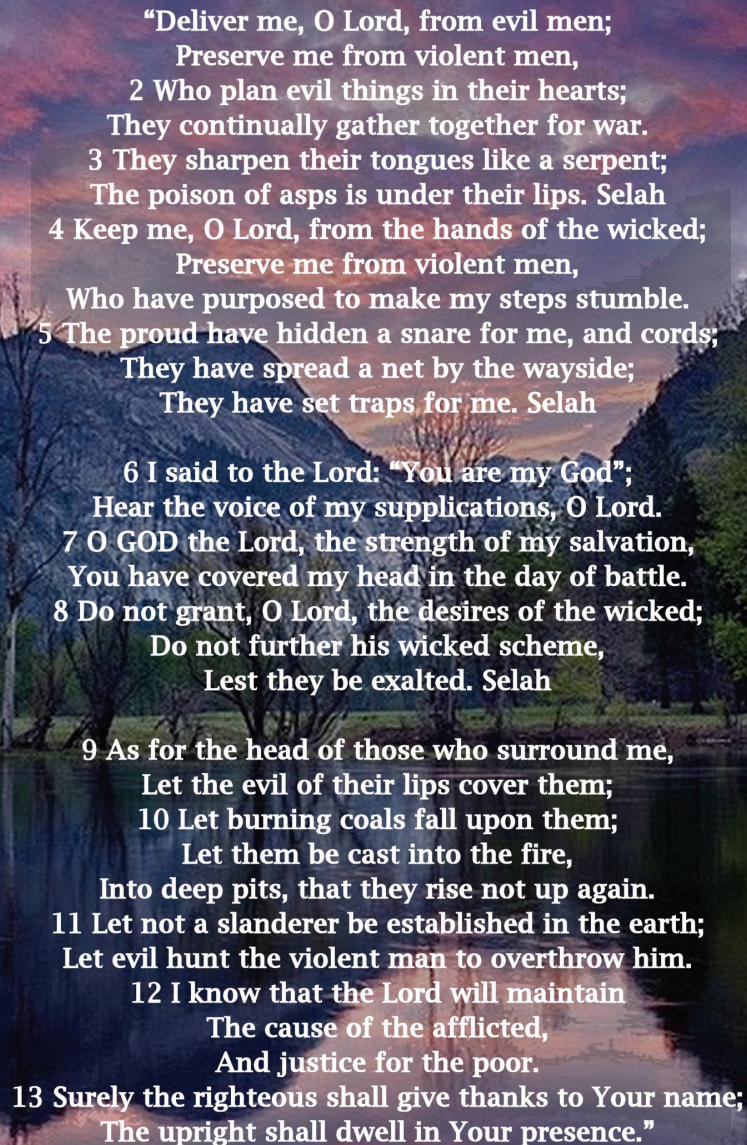


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Another Psalm that is a very powerful deliverance prayer is Psalm 140. Below is a graphic that I created with [Psalm 140](#) written upon it. Please click on the embedded links in this article to read both of these Psalms online, and try to commit them to memory.

~~ Psalm 140 - Another Prayer For Deliverance ~~

~~ Psalm 140 ~ Plea for Deliverance ~~



“Deliver me, O Lord, from evil men;
Preserve me from violent men,
2 Who plan evil things in their hearts;
They continually gather together for war.
3 They sharpen their tongues like a serpent;
The poison of asps is under their lips. Selah
4 Keep me, O Lord, from the hands of the wicked;
Preserve me from violent men,
Who have purposed to make my steps stumble.
5 The proud have hidden a snare for me, and cords;
They have spread a net by the wayside;
They have set traps for me. Selah
6 I said to the Lord: “You are my God”;
Hear the voice of my supplications, O Lord.
7 O GOD the Lord, the strength of my salvation,
You have covered my head in the day of battle.
8 Do not grant, O Lord, the desires of the wicked;
Do not further his wicked scheme,
Lest they be exalted. Selah
9 As for the head of those who surround me,
Let the evil of their lips cover them;
10 Let burning coals fall upon them;
Let them be cast into the fire,
Into deep pits, that they rise not up again.
11 Let not a slanderer be established in the earth;
Let evil hunt the violent man to overthrow him.
12 I know that the Lord will maintain
The cause of the afflicted,
And justice for the poor.
13 Surely the righteous shall give thanks to Your name;
The upright shall dwell in Your presence.”

[Click Here To Open In New Window And Print](#)

To help you to remember them, you can use the Psalm 91 and Psalm 140 Graphics provided here by saving them to your computer and printing them up. These can then be tucked into your purse or wallet to be read whenever the need is felt. **To print them,**

open the graphics in a new window by using the big blue links below the graphics in this article. Then set them to fill an 8-1/2" by 11" piece of paper when you print them. Otherwise they will print at around 6" by 8", and the text on them may be a bit hard to read.

Covering yourself with the Word of God is a wonderful way to dispel fear and fill your heart with peace, so to get the most out of these deliverance psalms, find a place where you can read them aloud to yourself. Or, alternatively, you can use these psalms as a guide to asking Yahweh for deliverance. Either way, it's good to have them available in printed form when you need them. That is why I created the Psalm Graphics in this article.

In addition, I've provided two far more specific sample deliverance prayers set in a modern context, which I wrote for my own use. The first one is the long version, which I recommend as a blueprint for those praying for deliverance for the first time. After that, the shorter version should suffice as an example of a daily or weekly deliverance prayer. I hope that these will prove to be a big blessing to you as you seek to follow Yahweh without demonic resistance dogging you every step of the way.

Yours in Yahshua, Helena Lehman of the
Pillar of Enoch Ministry: <http://pillar-of-enoch.com>

~ DELIVERANCE PRAYER 1 - Long Version ~

Heavenly Father Yahweh,

I praise Your holy Name, and call out to You in love and supplication to look with mercy upon me. Please forgive me of all of my sins, and bring to my recollection every sin that I have forgotten to confess so that I may confess it and be cleansed of its condemnation. I also ask that You help me to forgive others as You forgive me. Let no bitterness, anger or hate try to mar my relationship with you, Heavenly Father! In the name of Your Son Yahshua, I call on the Blood of the Lamb of God to cleanse me from all sin.

I also want to thank You for the Holy Spirit, our Counselor and Protector, along with all Your holy warrior angels that stand to protect and deliver me and those I love from all demonic attack both day and night. In Yahshua's Name, I ask

that you would protect me from all harm and demonic deception, and that you would fill me with all of the gifts of the Holy Spirit, especially the gifts of discernment and healing! Help me to discern who my enemies are, and how to bind the evil spirits around them before I extend a hand to help anyone! I also pray that You would send Your warrior angels to break down all the demonic walls of protection in the spiritual realms around all witches, warlocks, wizards, satanists, sorcerers, and the like that are poised against me and those I love.

Father Yahweh, I call on You to break and bind the power of all the curses, hexes, vexes, spells, charms, fetishes, psychic prayers, psychic thoughts, all witchcraft, sorcery, magic, voodoo, mind control, jinxes, potions, and bewitchments being used against me, my family, and any of my beloved brethren in the Body of Christ.

In Yahshua's Name and by His authority, I call on You Heavenly Father to break and bind the ungodly spiritual powers behind death, destruction, lust, sickness, pain, torment, depression, poverty, psychic warfare, unclean incense, incantations, chanting, hoodoo, voodoo, charms and idols. I also pray that You would break any attraction in me or my loved ones to ungodly books and demonically-inspired movies, TV shows, video games, popular music and everything else being sent to curse me and my family.

May all the wicked spells, actions and curses being directed toward me and my loved ones by those who refuse to repent be broken forever and returned to them tenfold, in Yahshua's Name! Destroy the plans of the wicked that have plotted against me and my ability to minister to others in love, and that have attempted to stop my ability to teach them about the Kingdom of God!

I also lift up all my true friends to You, Heavenly Father. May all those who love me and Yahshua be protected, nurtured, and sustained through all adversity! May they withstand every attack of the enemy and be provided with enough food, shelter, clothing, friends for fellowship, healing, medicine and money until we go to be with Yahshua at the appointed time.

I ask Yahshua's angels to bind the evil demons that are trying to hurt me and those I love, and break their evil works. In Yahshua's Name, and by His Blood, I bind and cast these demons and their works into the Abyss! By Yahshua's authority, may my loving yet authoritative actions heap burning coals onto the heads of all those who do evil against God's people!

In addition, Father Yahweh, I ask that You would loose the blessings of Abraham, and of the New Covenant and the Kingdom of God upon me, my family and my loved ones! Provide me and my loved ones with the funds we need to live comfortably in this world, and help us to follow You and Your Word, and to further Your Kingdom and Glory! Finally, please help me to follow You faithfully and to strive to teach others to do so. Comfort me and heal me and my loved ones of every infirmity by the Blood of Yahshua, and the Power of the Holy Spirit!

In the Name of Yahshua Ha Mashiach, Your Son whose Name is above all other names, I pray, Amen!

~ DELIVERANCE PRAYER 2 - Short Version ~

Heavenly Father Yahweh,

I praise Your holy Name, and call out to You in love and supplication. Please look with mercy upon Your servant, and forgive me and my family for every sin we have committed, either knowingly or unknowingly, and help us to repent of all sin, and to walk in holiness through the power of the Holy Spirit within us. In the Name of Your Son Yahshua, and By His Blood shed on the Cross for my sins, forgive me and those I love, and guide us with Your Holy Spirit to only do what pleases You, and furthers Your Kingdom on Earth as it is in Heaven.

Protect us from Satan and all of his evil works and wicked followers, and break every one of their charms, spells and incantations in popular music, movies, videos, video games, and objects that are meant to bind me and those I love in spiritual darkness, sickness and suffering. Break these evil binds so that they can't harm me or those I love, and cast the demons behind these binds and their curses and evil works into the Abyss. Also, have mercy on me, and give me and my loved ones the gift of spiritual discernment. Do this so that I will know how to pray against my enemies, and will know how to help only those whom You truly have sent for me to help.

In Yahshua's Name, I call upon You Father Yahweh to provide for me and my family in every way. Please make sure that we never have to go without

adequate food, clothing, shelter, medicine, and the help and fellowship of other believers until Yahshua returns to set up His Kingdom.

I ask for all these things in Yahshua's wonderful Name, Amen!

IMPORTANT NOTE: Just as the Israelite Priests were instructed to offer sacrifices before Yahweh God every morning and every evening, we should also strive to offer our prayers up to God and to seek His love and fellowship every morning and every evening until Yahshua comes again!

Maranatha, My Brothers and Sisters in Christ!

Yahshua is coming VERY, VERY SOON!

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ABOUT THE PILLAR OF ENOCH MINISTRY:

My ministry centers around my Language of God Book series, and my many free articles and news commentaries available on my POEM web site and at [My Page at Facebook](#).

If you would like to learn more about my books and ministry, visit my Pillar of Enoch Ministry web site at <http://pillar-of-enoch.com/>

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