

# DISSOCIATIVE CONTINUUM

by Dr. Preston T. Bailey

DD IF PTSD DE DPD V VIF FIFF DID

< Less Pain ----- Greater Pain >

< More conscious memory ----- Less conscious memory >

## 1- DAYDREAMING OR FANTASY (DD)

A pleasant, dreamy series of thoughts in which the mind wanders off or fanaticizes and imagines being at another location with specific experiences. It is like a student in school who is bored with the teacher which results in pain. The boy imagines being at the beach but he dissociates when he feels the breeze blowing against his face and the hot sand on his feet. It is almost like actually being there at the beach on a hot summer day.

## 2- IMAGINARY FRIENDS (IF)

This is when a child feels the pain of loneliness so he dissociates by having imaginary friends past the normal period when this should occur in childhood.

## 3- POST-TRAUMATIC STRESS DISORDER TRAITS (PTSD)

A person has been exposed to a traumatic event in which the person experienced, witnessed, or was confronted with an event or events that involved actual or threatened death or serious injury, or a threat to the physical integrity of self or others, the response involved intense fear, helplessness, or horror. If the trauma is severe enough, a person can develop symptoms of Post-Traumatic Stress Disorder. This is when a person who has been traumatized continues to act as if the trauma is still evident. The traumatic event is persistently re-experienced in recurrent and intrusive distressing recollections of the event (images, thoughts, or perceptions), in distressing dreams, persistent avoidance of stimuli associated with the trauma and numbing of general responsiveness, persistent symptoms of increased arousal (difficulty falling or staying asleep, irritability or outbursts of anger, difficulty concentrating, hyper vigilance, or exaggerated startle response ) more than 1 month, and disturbance causes clinically significant distress or impairment in social, occupational, or other important areas of functioning.

## 4- DISSOCIATIVE EPISODES OF AMNESIA OR FUGUE (DE)

As pain starts to come to the surface and manifest, the person tries to run from it in various ways such as an inability to recall important information; unexplained travel away from home. Identity confusion.

## 5- DEPERSONALIZATION DISORDER (DPD)

This is when the person feels detached or outside the physical body and may have an out-of-body experience. One has a recurrent feeling of being detached from one's body or mind.

## 6- VOICE (V)

The voice from within takes the opposite position of their own mind. This voice is often the voice of the values of the abuser which often thinks in extremes. This is often “black/white thinking.”

## 7- VOICES WITH IDENTITIES AND FUNCTIONS (VIF)

Emotions, feelings, or thoughts go into the identity of another personality. The voices put functions into another personality within in order to deal with the pain of abuse.

## 8-FRAGMENTS WITH IDENTITIES (FI)

The fragments of personalities have internal form or identity.

## 9- FRAGMENTS WITH FUNCTIONS (FF)

The fragment of personalities travel further away from the pain but needs to perform functions and responsibilities.

## 10- DISSOCIATIVE IDENTITY DISORDER (MPD or DID)

This is when 2 or more personalities have developed with amnesiac

Barriers so the birth person can survive and each personality has their own feelings, thoughts, functions, threats, and secrets with varying degrees of function.

## 11- COMPLEX DISSOCIATIVE DISORDER (CDD)

This is when there are 50-200 alter personalities that are poly fragmented with some degree of organization or sophistication. This may result from severe childhood abuse or Satanic Ritual Abuse from either the “Low Cult” or “High Cult.”

## 12- HIGHLY COMPLEX DISSOCIATIVE DISORDER (HCDD)

This is when there are over 200 alter personalities that are poly fragmented with intricately complex multi-levels of personalities usually as a result of “High Cult” Satanic Ritual Abuse and often has associated psychological disorders.